

Don't Waste Your Perfect Human Rebirth!



Rinpoche sent this message together with a 3-D image of a turtle to a monastery:

"I am the famous blind turtle. I have been trying to get the opportunity for my neck to go inside the famous golden ring for numberless eons, [and] still it has not happened, [not] even one time.

But you have received this perfect human body, have met the Buddhadharma – it's really like a dream, very hard to believe, don't waste it even for one second, please work for enlightenment, practice bodhichitta.

The turtle is saying, 'I don't know where the golden ring is? I can't see, but what I have heard is that the essence of the whole entire Buddhism is to develop compassion, to bring all sentient beings to full enlightenment.

This mantra on my shell, just by seeing [it] you can achieve full enlightenment. I carry this on my back all over the ocean, enlightening others, at least the other turtles, as well as all sentient beings including my enemies, who eat me, who harm me.

Good bye, see you soon in the human realm!"

With much love and prayers,

Lama Zopa Rinpoche

PS: The mantra beside the turtle – each time by seeing this mantra purifies 100 million eons of negative karma.

The mantra on the turtle shell – seeing this mantra causes you to achieve enlightenment."