

Support His Holiness the Dalai Lama and Tibet

“The purpose of doing demonstrations is to fulfill the Guru His Holiness the Dalai Lama’s Holy wishes, this Guru Yoga practice is the path to enlightenment for the benefit of sentient beings.

It is also important to repay the kindness of the Tibetan people, who have preserved the complete Buddha Dharma, not only Vajrayana but the whole path, they have preserved all the teachings for a long time. Due to this we non-Tibetans are able to receive the complete teachings, enjoy and make our lives meaningful.

Now that their need is most urgent we need to be aware of how we can help - it is very important. This is what you would do if you are a sensible person, a thoughtful, intelligent person.

I have sent a message to His Holiness the Dalai Lama explaining what we will do and also requesting what prayers we should do for the achievement of success.

With much love and prayer,
Lama Zopa"

Advice given March 27th 2008