

UNEDITED TRANSCRIPT

Advice from Lama Zopa Rinpoche to Ven. Thubten Kunsang to Listen to *Arya Sanghata Sutra*
FPMT You Tube Channel Teachings
Kyabje Lama Zopa Rinpoche
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Transcribed by Ven. Thubten Munsel
Checked by Laura Miller/*Mandala*

Dear Kunsang, if you can hear, please, please pay hundred percent attention, the, I'm reading the *Arya Sanghata Sutra*, just one or two lines, okay, it's very, very, very, very important.

[Rinpoche reads from the Sutra]

This is *Arya Sanghata Sutra*, as you know, by listening this, then even not whole text, just, you know, four words, listening this, you got many more.

So it purifies completely the heaviest negative karma, the killed father, mother, Arhat, caused blood Buddha, disunity among the Sangha, the five heavy negative karma without break, the, even other negative karmas.

So that means, when that's purified, no question about normal 10 non-virtuous actions, all they get purified, okay?

And then, then it is said, no returning from enlightenment, your life is always going towards enlightenment, no returning to lower realm, at all. And it is said, also, some part it says, by hearing *Arya Sanghata Sutra*, you don't get reborn in lower realms, 3,000, 30,000 eons, 30,000 and 1,000 eons, you don't get reborn lower realm, in another part it says.

So then you collect unbelievable, unbelievable, unbelievable, unbelievable, unbelievable, unbelievable, unbelievable, unbelievable merit, that River Ganga, Indian River Ganga, like that 12 times, the sand grain, River Ganga 12 times, like that, sand grains, that many buddhas, you make offering *all* the pleasures, all the pleasures, oh just by listening the *Arya Sanghata Sutra*, you collect that much merit, unbelievable, unbelievable, unbelievable, unbelievable, okay, so unbelievable, unbelievable, so much, so much, so much, okay, so need to rejoice, rejoice, unbelievable, unbelievable.

So Kyabje Choden Rinpoche, said, I told you already, I think, you know, the, the Buddhists, you see, doesn't have to be scared of lower realm. Why, because you can take refuge with Buddha, Dharma, Sangha, I can take refuge, so then doesn't need to be afraid, by relying on Buddha, Dharma, Sangha, impossible to be reborn in lower realms, by relying on Buddha, Dharma, Sangha.

So others, you know, don't have, but here we have Buddha, Dharma, Sangha okay, so you can completely trust on that.

Didn't I say it before, by my sickness and this death, may all the sentient beings be free from death, from the sicknesses, then spirit possession, death, you know, all the suffering of samsara, and the delusion, karma. Not only that, may they achieve, yeah, Buddhahood, no, no, no mistakes, complete realization, *sang gye*, okay, then you can think that, as I said.

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Then also, I think, so you see, His Holiness the Dalai Lama, you know, Lama Tsongkhapa, in aspect Lama Tsongkhapa, sitting above you on the crown, then send light, like tube, down to your heart, down there not open, closed, _ [tied to, closed?]

Then your consciousness, like mustard seed, so white, like cotton, so easy to fly up, so easy to fly up.

Then from His Holiness's heart, Lama Tsongkhapa, from the heart, sent, like thread, red beam to your consciousness, to your consciousness, like the sesame seed, mustard seed [Rinpoche laughs]. Then like a hook, you know, your consciousness inside, the red beams like hook.

Then pull up, *stretch*, pull up to, through your crown, to His Holiness, Lama Tsongkhapa's heart, His Holiness, Lama Tsongkhapa, guru Lama Tsongkhapa's heart, okay. Then, then stay there, or if you can, as much as you can, infinite bliss, non-dual with emptiness.

Then they went to Tushita, in the front of Lama Tsongkhapa, born in the lotus, receiving teaching from Lama Tsongkhapa, okay? Or you can think Maitreya Buddha, or Lama Tsongkhapa, whatever you like.

Alright, thank you, see you.

End of tape.