## Importance of Mani Chhungyur and Stupas

## VENERABLE LAMA ZOPA RINPOCHE



My dear brothers and sisters,

This is an incredible great gift to make the prayer wheel that purifies the "digpa" negative karma of so many beings so that they get a higher rebirth.

For a prayer wheel turned by water... The Tsogshin, the life tree inside, should go underneath to have a connection to the wheel. The water that turns the wheel gets blessed, by the how many million or hundred thousand mantras in the prayer wheel. So that blessed water goes down and joins the river, and gets bigger and bigger, and finally goes to the ocean.

That blessed water spreads in all the waters that go to the ocean, so suffering, obscurations, and negative karma "Digpa" are purified for numberless sentient beings and all kinds of fish, mammals, and insects. When they die they may get a higher rebirth and hopefully meet the Dharma.

So rejoice, now the prayer wheel is not one, but five. This brings unbelievable benefit. You are collecting merit, and you are giving this incredible benefit to others, so you should feel happy in your life and always rejoice, especially when you die. Rejoice that you can die with a happy mind, that you are able to benefit others, free many from lower realm sufferings in hell or as hungry ghosts or animals.

With all the offerings and beautiful paintings for the prayer wheel house, you create so much good karma, virtuous actions, cause of happiness, success in your life, not just this life but a hundred thousand million eons, until you achieve enlightenment Sang Gye. To make it beautiful, not only thinking decoration for people, but thinking of this as an offering, to make the nice house an offering to the prayer wheel, then you collect so much merit. Then it becomes nice religious art, so eastern and western people can see and get inspired, so the people from Namche are so fortunate, Gyalwa Sangpo.

The other thing is, for example inside the prayer wheel if there is 100 million mantras of Om Mani Padme Hum, when you turn the wheel one time, just one round, you get the benefit of having recited recited 100 million mantras. These special benefits come only with a prayer wheel. It is like many years of retreat done to purify negative karma and obscurations, and collect extensive merit. It is a quick way to achieve Sang Gye, full Enlightenment.

So, it is such important work to liberate sentient beings and yourself. So do the work sincerely, with the mind to benefit numberless sentient beings, with all your heart, not business to make money or something, do the work very sincerely.

The Stupa was built simple like old time, so I don't know what is inside. A stupa has unbelievable benefits, to build well with the all the different mantras inside, sum chu, what makes the most power is the four Dharmakaya relic mantras, usually written with real gold on the life tree, that goes inside the stupa.

So again, your negative karma and obscuration gets purified. The group of people who build this, collect so much merit, incredible good karma ley gyewa in Tibetan language. Anybody who sees, remembers, touches, dreams, or sees pictures of the Stupa purifies the mind and plants the seed of enlightenment.

If rain falls on the Stupa, it blesses all who are then touched by the rain, so if the rain goes down on the insects on the earth, their negative karma 'digpa' gets purified, so they get a higher rebirth. And the wind that comes and touches the Stupa and then touches sentient beings, their digpa gets purified. Then dust that touches the Stupa, then touches sentient beings, even like that. Even flies following a person going around the Stupa, for example, flies or bugs on the body, on the clothes, dress, they all get purified with the seed to achieve enlightenment in the future (Sang Gye).

Buddha has explained that there are so many benefits in the four Dharmakaya relic mantras. Then all the different mantras that go inside the Stupa. This has so many benefits for the people who built the Stupa, all their diseases, whatever problems comes in this life, and their negative karma gets purified. Hundreds and thousands and millions of lives get purified by building a Stupa. As I mentioned they collect merits like as many as atoms are in the Stupa. Inconceivable merits get collected, to be free from the ocean of suffering, and have a quick way to achieve enlightenment.

So the money I offered before I have dedicated to all sentient beings to achieve enlightenment as quickly as possible by building this prayer wheel.

I want you to realize how your job is important not only this life, but future lives, so try to understand what I wrote about the benefits of prayer wheel. Please it is so important. Thank you,

With much love and prayers, Lama Zopa 29/6/2015 Transcribed by Ven. Kunsang, edited by Holly Ansett and Frances Klatzel