

Excellent Stream of the Nectar of Immortality:
A Long Life Prayer
[for Khen Rinpoche Geshe Thubten Chonyi]

*(zhabs brtan gsol 'debs
'chi med bdud rtsi'i rgyun bzang)*

You display exceptional compassion to living beings of the degenerate age,
whom all the conquerors of the ten directions and their spiritual children cannot subdue,
and to greatly ignorant beings like us.

Learned, virtuous, and disciplined, you guide us according to our needs.

You are kinder than all the conquerors of the ten directions.

O excellent spiritual friend, please live long!

We beseech you; please grant us your blessings!

You spread the Muni's teachings before they enter the stage of decline, and
uphold and propagate the teachings of Jamgon Lama [Tsongkhapa], the second conqueror,
which are like refined gold.

O supreme peerless spiritual friend,

We beseech you to live long; please grant your blessings!

We hear these teachings, reflect on them, and meditate.

The kindness you show us is as immeasurable as space.

O excellent spiritual friend, please live long!

We beseech you; please grant us your blessings!

By revealing nakedly the excellent middle path free from extremes,
in which one realizes the reality of emptiness by realizing dependent-arising,
and realizes infallible cause and effect by realizing how things exist,
you are kind in freeing us from the ocean of suffering of beginningless cyclic existence.

O inconceivable virtuous spiritual friend,

may you live a long life and

may your wishes be spontaneously fulfilled!

From now on, in all our lives,

rather than placing our innermost hopes elsewhere,

we shall devote ourselves to you, our virtuous spiritual friend.

Look upon us with compassion and be our guide on the path!

Please grant your blessings that we may see
that the negative actions we created in the past
will only lead us to unfortunate rebirths in the future and
that the pleasures of cyclic existence are like a fiery pit.
Please bless us so that we may generate love, compassion, and the supreme mind of
enlightenment
for those who, even though they do not desire suffering, hanker after the causes of suffering, and
even though they yearn for happiness, destroy the causes of happiness as if they were enemies.
Please grant your blessings that we may swiftly find the view realizing final reality!

By entering the gateway of the unsurpassed Vajrayana,
the supreme excellent vehicle rarer even than buddhas,
may we complete the yogas of the two profound stages and
swiftly attain the state of the three buddha bodies!

Colophon

This *Excellent Stream of the Nectar of Immortality: A Long Life Prayer*—dedicated to Geshe Thubten Chonyi, the abbot of Kopan Ogmin Jangchub Choling Monastery and Khachoe Ghakhyil Ling Nunnery, who went to Sera Monastery, completed his studies, graduated with the degree of Geshe Lharampa, became the first monk from Kopan Monastery to attain the Geshe degree, and served as the teacher at Amitabha Buddhist Centre in Singapore for many years—is written at the repeated requests of Amitabha Buddhist Centre and individual students of the centre by Thubten Zopa, who apologizes for the taking years to actualize it. Following the writing style of the two tutors of His Holiness the Fourteenth Dalai Lama, he wrote down whatever came to mind without utilizing formal literary structures, observing poetical conventions, and the like. Motivated primarily by the wish to benefit Khen Rinpoche’s students, he offers this composition with the hope that the prayers therein be fulfilled. He excerpted several verses from the request prayer to the Avalokitesvara known as Wati Zangpo (*'phags mchog wa ti bzang po*) composed by the Eighth Dalai Lama, Jampel Gyatso.

Translated from Tibetan into English by Toh Sze Gee on the auspicious occasion of Khen Rinpoche Geshe Thubten Chonyi’s long life puja held at Kopan Monastery on 22 February 2021.