



To Kyabje Lama Zopa Rinpoche,

With bodies as numerous as the atoms of space, with heads bowed and palms folded in reverence, we prostrate to you, touching the crowns of our heads to your lotus feet.

We offer to you jewelled thrones upon smooth planes of sapphire; vast lakes of divine perfume; a rain of celestial flowers; showers of glittering heavenly lights; oceans of pure, cool nectar-like water, towering plumes of sweet, fragrant incense; a thousand kinds of medicinal food; and music most pleasing to the gods.

We confess all negative deeds of body, speech and mind, committed by us since beginningless time, and rejoice in the virtue accumulated by the Aryas and ordinary beings.

We request that you, who may grace the far shore of Nirvana, remain to save us wretched beings from suffering. Please continually turn the wheel of pure Dharma until the ocean of Samsara has dried up.

We dedicated the merit of this seven-limbed prayer to the Great Enlightenment, and request that you accept this practice as an offering.

Motivated by a sincere wish to always hear the pure dharma uttered by you, we have practiced according to your instructions, reciting the Vajra Cutter Sutra twenty-seven times, the Golden Light Sutra four times, the Confession chapter of the Golden Light Sutra thirteen times, Chanting the Names of Manjushri three times, and the Heart Sutra three hundred and forty-one times. We recited these scriptures during the period of the Day of Miracles.

We dedicate these recitations to your continued health and long life. Recognising that all phenomena are in the nature of dependent arising, and that we must always create the causes for us to hear the Dharma from our most precious teacher, we pray that by the merit of these virtuous actions we will never be separated from our holy guru, and that we may soon receive the blessings of your presence at Jamyang London.

With hearts imbued with faith and respect,

The students of Jamyang Buddhist Centre London