



Dongyu Gatsal Ling Nunnery

Here at DGL Nunnery we extend our sincere condolences on the sudden passing of Lama Zopa Rinpoche. We know that this must be a deep grief to his many students around the world. In one lifetime Lama Zopa achieved so much in establishing the Dharma and setting up centres of study and practice. He accomplished so much and will be deeply missed.

I first met Lama Zopa in 1964 when he was a student at the Young Lamas Home School in Dalhousie. He was just recovering from TB and was thin and reserved, but even then he maintained an inner dignity that we all noticed. Throughout the years we have met from time to time in Italy and India and he was always laughing and friendly (probably because I was not his student!)

Now that the Lama is no longer confined within a material body it is an excellent opportunity for his devotees to blend their mind with the Lama through the practise of Guru Yoga. Holding the Lama in our heart, we realise that we are never separated from the true Lama even for a moment.


Jetsunma Tenzin Palmo