

*The Longest Compassionate Buddha Mantra*

*Chän re zig kyi tshän ngag zhug so*

*spyän ras gzigs kyi mtshan sngags bzhugs so*

NAMO RATNA TRAYAAYA / NAMA ARYAA AVALOKITESHVARAAYA / BODHISATTVAAYA /  
MAHAA SATTVAAYA / MAHAA KAARUNIKAAYA / TADYATHAA / OM SARVA BANDHANA  
CTSHE DHANA KARAAAYA / SARVA PAAPA SAMUDRO CTSHO SHANA KARAAAYA / SARVA  
BYAADHI PRASHAMANA KARAAAYA / SARVA ITYU PADRA BABI NAASHAANA KARAAAYA /  
SARVA BHAYE SHUTARNA KARAAAYA / TA SYA / NAMA SKRI TVAA / IDAM / ARYA  
AVALOKITESHVARAAYA / TAVA / NIILAKANTHA NAAMAPA RAMA HRIDAYAM / APARTTA  
YISHYAAMI / SARVAARTHASAADHANAAM / SHUBHA CHETANAAM / SARVA  
BHUUTAANAAM / PAAPA MAARGA VISHO DHAKAM / TADYATHAA / AVALOKITE /  
SHVARYAA / ALOKE / ADHIPATI / LOKA ATIKRAANTE / EH HI / EH HI / MAHA  
BODHISATTVA / HE BODHISATTVA / HE MAHA BODHISATTVA / HE PRIYA /  
BODHISATTVA / HE MAHAKAARUNIKA / MAHA SMARA HRIDAYENA / EH HI / EH HI /  
AARYAA AVALOKITESHVARAAYA / PARA MAMAI TRI CHITTA KAARUNIKA KURU KURU /  
KARMA SAADHAYA SAADHAYA / VIDYANA DEHI DEHI / ME ARAM GAMAM GAMA / BIHAM  
GAMA / SIDDHA YOGII SHVARA / DUHU DUHU BIRYANATE / MAHA BIRYANATE / DHARA  
/ DHARA / DHARENDRE SHVARA / TSALA / TSALA / BIMALA MURTE / ARYA  
AVALOKITESHVARA / JINA KRISHNA JATAA MUKUTA / ALAM KRITASHARIIRA / LAMBA /  
PRALAMBA / PILOMBA / MAHASIDDHA BIDYA DHARA / BALA / BALA / MAHABALA / MALA  
/ MALA / MAHA MALA / TSALA / TSALA / MAHA TSALA / KRISHNA VARNA / KRISHNA  
PAKSHA / KRISHNA PAASHA / NIRGHAA TANA / HE / PADMA HASTA / TSARA TSARA /  
NISHCHARE SHVARE / KRISHNA SARVA KRITAYA JÑOPABIITA / EH HI / EH HI / MAHA  
VAARAAHA MUKHA HRIPURA DAHANE SHVARA / NAARAAYANA BALA RUUPA VESHA  
DHARA / HE / NIILAKANTHA / EH HI / EH HI / MAHA HALA / HALA / VISHA NIRJATA /  
LOKASYA / RAAGA VISHA VINAA SHANAM / DVESHA VISHA VINAA SHANAM / MOHA  
VISHA VINA SHANAM / NIRMO KSHANA / HULU / HULU / MUÑCHA / MUÑCHA / MUHU /  
MUHU / RAHULA / RAHULA / HALA / HALAA / HAARE / MAHA PADMA NAABHI / SARA /

SARA / SIRI / SIRI / SURU / SURU / BUDDHYA / BUDDHYA / BODHAYA / BODHAYA /  
BODHAYAA TABA / NIILAKANTHA / EH HI / EH HI / NIILAKANTHA / EH HI / EH HI /  
BAAMA STHITA / MAHA SIMHA MUKHA / HASA / HASA / MUÑCHA / MUÑCHA / MAHA  
TTA TTA HAASYA / EH HI / EH HI / BHO BHO / MAHA SIDDHA YOGI SHVARA / BHANDHA  
BHANDHA / PAATSANA / SAADHAYA / SAADHAYA / VIDYAAM / SMARA / SMARA / TVAM /  
HE / BHAGAVAN / ALOKA VILOKA TVAM / TATHAAGATANAM / DAHIDAAHIME /  
DARSHANA / KAAMASYA / DARSHANAM / PRASAADHAYA ME SVAHA / IDA DHAYA SVAHA  
/ MAHA SIDAHAAYA SVAHA / SIDDHA YOGI SHVARAAYA SVAHA / NILAKANTHAYA SVAHA  
/ BAARAAHA MUKHAAYA SVAHA / MAHA BAARAAHA MUKHAYA SVAHA / NARA SIMHA  
MUKHAAYA SVAHA / MAHA NARA SIMHA MUKHAAYA SVAHA / VAJRA HASTAAYA SVAHA /  
MAHA VAJRA HAASTAYA SVAHA / SIDDHA VIDYAADHARAAYA SVAHA / MAHA SIDDHA  
VIDYADHARAAYA SVAHA / PADMA HASTAAYA SVAHA / MAHA PADMA HASTAAYA SVAHA  
/ KRISHNA SARVA KRITAYA JÑOPABIITAAYA SVAHA / MAHA MAALA MUKUTA DHARAAYA  
SVAHA / CHAKRAAYU DHADHARAAYA SVAHA / SHAMKHA SHABDA NIRNAA DANA  
KARAAYAA SVAHA / BODHANA KARAAYA SVAHA / BAAMA STHITA SKANDHA DESHA  
KRISHNAA JINAAYA SVAHA / VAAMA HASTA BYAAGHRA CHARMANI RABHASANAAYA  
SVAHA / LOKESHVARAAYA SVAHA / MAHA LOKESHVARAAYA SVAHA / SARVA  
SIDDHESHVARAAYA SVAHA / RAKSHA RAKSHA MAM SVAHA / KURU RAKSHA  
MUDRAANAAM SVAHA / NAMO BHAGAVATE / ARYA AVALOKITESHVARAAYA /  
BODHISATTVAAYA MAHASATTVAAYA / MAHAKAARUNIKAAYA SIDDHYANTUME MANDRA  
PADAANI SVAHA

*Colophon:*

Checked against the Tibetan using Lama Zopa Rinpoche's personal version of the text by Ven. Gyalten Mindrol, June 2010.