Advice given to one student who went to the relic tour in London, she is from a Vietnamese center. After seeing the relics she said: “I had a mind moving experience, as a result I have a feeling of just pure love and compassion, I feel as if all feelings of anger and thoughts of not so good nature have been removed by the relics and a new power is filling me.”

Scribe Holly A, Kachoe Dechen Ling 15 Jan 2005

My very dear Jan,

Thank you very much for your kind letter which I was very happy to receive. It is a great thing the relic tour existing in this world it is benefiting many people. There have been many amazing stories from people who came to the relic tour, even people who were not Buddhist but have such strong feelings and see light coming from the relics, they receive deep peace in their mind. The relics have benefited so many people. Your experience is extremely precious.

This is really what we are looking for – those who come to visit the relics their minds change, as well as benefiting the whole world, so there is no more wars, poverty, sickness, all can be eliminated and one can achieve perfect peace and happiness in this world, as well as perfect enjoyment, everyone’s heart filled with love, compassion, patience, kindness, they can actualize bodhichitta - the thought of enlightenment and right view. They can achieve great outer and inner prosperity and complete the realizations of the path to enlightenment.

This is the purpose why Buddha left relics, in order that we can complete the merit of wisdom and method and actualize the whole path to enlightenment.

I will send you one small relic of Buddha so you can worship everyday, with prostrations, circumambulation and offerings. To pacify all the sufferings and to only have peace and happiness, compassion and loving kindness.

With much love and prayers,

Lama Zopa

PS Here is one picture of the very precious Buddha statue inside the temple in Bodh Gaya – where the Buddha attained enlightenment.