

## FPMT BASIC PROGRAM OPTIONS

**- Students can sign up as REGULAR BP STUDENTS, whether attending the BP at the center or via zoom, or a combination of these**

These students are required to attend the actual teachings or the live online sessions (including review sessions/meditations, etc., if offered).

**- Students can sign up as BP ONLINE STUDENTS**

Online students can, but do not necessarily, follow the live online sessions while they are offered. They can use the recordings as long as they catch up before the next teaching or weekend.

### **Requirements**

All elements of the program offered by a center are mandatory for all BP students, such as attendance at teachings and review sessions, meditations etc., and completion of quizzes and tests.

BP students need to abide by the behavior requirement as explained in the *BP conduct and practice info sheet*.

**- Students can sign up as LISTENERS**

Listeners can attend any of the sessions, in the center or online, or listen to the recordings in their own time. They are advised to make sure to catch up before the next teaching or weekend.

### **PROGRAM COMPLETION for BP students and BP Online students**

Regular BP students qualify for a **BP completion certificate** upon completion of the subjects, the three-month online review and final exam, and a three-month or 3x one-month lamrim retreat.

Online students qualify for a **BP homestudy completion certificate** upon completion of the subjects, the three-month online review and final exam, and a one-month lamrim retreat.