

Arya Avalokīteshvara Śimhanada

Exalted Chenrezīg Lion's Roar

From HRĪḤ, I arise as Arya Avalokiteshvara Simhanada. I am white with one face, two arms, and three eyes. At my heart is a white HRĪḤ on a moon disc. My right hand is on my knee in the mudra of granting the supreme realization and I lean back on my left hand, which rests behind me on the moon disc. My left leg is extended in the posture of royal ease. I am without ornaments, in the aspect of an ascetic, and wear a brahmin cord. My hair is tied up in a topknot. I wear a lower robe of red silk and a black deer skin covers the left side of my chest. On my right side is a green trident with a white snake twined around it. On my left, on a lotus, is a skullcup filled with various flowers. On a white lotus, which blooms by my ear, is a blazing wisdom sword. At my crown, throat, and heart are white OM̐, red ĀḤ, and blue HŪM̐ respectively.

Seed Syllable

HRĪḤ

Essence Mantra

OM̐ ĀḤ HRĪḤ ŚIMHANĀDA HŪM̐ PHAT̐

Root Mantra

NAMO RATNA TRAYĀYA / NAMA ĀRYA AVALOKITEŚHVARĀYA /
BODHISATTVĀYA / MAHĀSATTVĀYA / MAHĀKĀRUṆIKĀYA /
TADYATHĀ / OM̐ AKAṬE / VIKAṬE / NIKAṬE / KAṬAM̐ KAṬE /
KAROṬE KAROṬE / VĪRYE SVĀHĀ

Colophon:

Excerpted from Taranatha, *Rinjung Gyatsa*, transl. Barry Clark, London: Wisdom Publications, 1983. Edited by FPMT Education Services, 2020.