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# FPMT ANNUAL REVIEW 2009

PRESERVING THE UNIQUE LINEAGE OF FPMT



## MESSAGE FROM OUR SPIRITUAL DIRECTOR

# LAMA ZOPA RINPOCHE

My Very Dear Geshes, Sangha, Teachers, Center Directors and Staff, Students, Benefactors and Friends:

**S**hantideva said, “Merely thinking of benefiting others is considered much more beneficial than making offerings to all the buddhas.” So what need is there to say anything about those who actually attempt to bring happiness to others?

Even one person or one insect – every single sentient being – is most cherished by every bodhisattva; a sentient being that is against or dislikes you is still most cherished by all buddhas and bodhisattvas – that sentient being is most unbelievably, unbelievably, unbelievably precious. Slightly disrespecting even one sentient being is the same as disrespecting all buddhas and bodhisattvas. Similarly, showing even modest respect to one sentient being becomes the best offering to all buddhas and bodhisattvas. Thus you can see how supporting an organization like the FPMT, which exists only to benefit sentient beings, has incredible advantages.

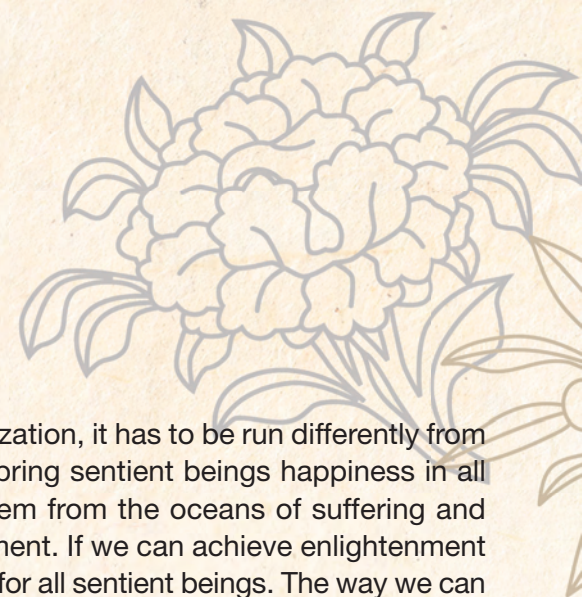
Not only does our organization offer social services, which bring much happiness and joy to the world and individual sentient beings, but, most importantly, we have so many Dharma centers offering teachings, meditations, retreats and practices for taking the minds of sentient beings further from the lower realms and samsara and bringing them closer to liberation and enlightenment. When it comes to learning Dharma and philosophy, which help us achieve enlightenment, there’s no shortage of opportunity – this is amazing! It’s like the sun shining. The FPMT offers Dharma like the sun shining, awakening sentient beings. So it’s really most fantastic.

Since the FPMT is a Dharma organization, it has to be run differently from other entities. Our main goal is to bring sentient beings happiness in all their future lives and to liberate them from the oceans of suffering and lead them to the highest enlightenment. If we can achieve enlightenment we are then able to do perfect work for all sentient beings. The way we can do this as an organization is through compassion – our main goal is the happiness of others.

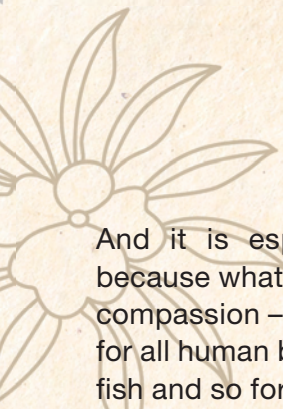
The FPMT has to be run with compassion. This differs from the way normal companies are run, which is usually with self-cherishing. Running a company with self-cherishing always brings problems; running an organization with compassion brings good karma, peace and happiness.

As a Dharma organization, the FPMT must be run without negative, emotional problems. Even if we don’t have much wisdom, if we at least have compassion, people will feel our sincerity and will want to help.

Normal companies are created to do business, not to take care of the mind. Companies are not built to practice Dharma, and as they have money they can kick out and replace people. Dharma centers are made to practice Dharma, to benefit the minds of sentient beings, from guru devotion up to enlightenment; in particular, they must lay the foundation for realization of renunciation, bodhichitta and right view. It is extremely important that this foundation be laid in students’ hearts, subduing or pacifying their ignorance, attachment and self-cherishing thought. Thus FPMT centers are for taking care of the mind and in this way are totally different from regular companies.







And it is especially important to practice compassion, because what distinguishes Buddhism from other religions is compassion – compassion not only for the sick and poor, but for all human beings, including the rich, and all animals: pigs, fish and so forth. The compassion we practice encompasses each and every sentient being, excluding not even one. No other religion embodies such all-embracing compassion for all sentient beings.

Externally, FPMT is doing quite well. We now need to put effort into gaining lam-rim and other realizations. It is very important to at least try.

I send my heartfelt deep appreciation to all those who are helping and supporting the organization. This is really an incredibly amazing way of benefiting others and is the real way to create world peace. In essence, our centers and projects bring compassion into the world. That is what we do. Therefore, you can see how important your work and support is.

With love and prayers,





# VEN. ROGER KUNSANG



Lama Zopa Rinpoche and Ven. Roger Kunsang

Dear Friends,

2009 was an interesting year for FPMT. Lama Zopa Rinpoche started three different teaching programs that will be continued over several years until completion. In Indonesia, at Potawa Center, Rinpoche began Lama Chöpa commentary, something the center had requested a number of times. In Singapore, at Amitabha Buddhist Centre, Rinpoche started the commentary on Lama Tsongkhapa Guru Yoga. Then in North Carolina, USA, at Kadampa Center, Rinpoche began the commentary on Lama Atisha's *Light of the Path*. In 2008, when Rinpoche was in Kadampa Center teaching, Rinpoche told me that he had the strong inspiration to give this commentary.

I had been thinking for some time about what could be done to better organize Rinpoche's teaching retreat events. One missing aspect was the opportunity to study Rinpoche's teachings in an organized way. Additionally, how to make Rinpoche's teachings more available and accessible to everyone? So this is why we started offering the teachings online, in a way that is engaging and inspiring. When I discussed this with Rinpoche, Rinpoche's key comment was "students receive plenty of teachings ... so many! There is no lack of teachings, the aspect that is lacking is the practice ... putting them into practice in our daily life."

This is the unique quality that comes to life when Rinpoche teaches and it was the same with Lama Yeshe. The teachings go to the heart and are very inspiring; Rinpoche and Lama were/are living examples of the teachings.

At the end of Rinpoche's teaching retreats students are usually happy, inspired and tired! So now we have the opportunity, through the new Online Learning Center (OLC), for students to study Rinpoche's teachings online anytime and, of course, we also have access to Lama Yeshe's teachings thanks to Lama Yeshe Wisdom Archive.

The hope is that by doing this we'll all be inspired to practice the teachings in our daily lives, at work and at home, so that we can gain actual experience of the Path.

We already have the first two modules up on the OLC, many students are using this and now we are able to offer it free to all the IMI Sangha. This is an incredible achievement starting our OLC ... please take a look. We are already planning for the future and where this can go is very exciting! We have a great team that can make this work.

Many people have been working hard in setting up the Media and Online Learning Centers ... a huge amount of thanks and gratitude to Merry Colony, Eamon Walsh, Adam Payne, Kendall Magnussen and all the IOF staff; the Media Team (Harold Weichhart, Jean-Luc Castagner, Toine Janssen, Alex Ben el hadj); Viêt Pham; Institut Vajra Yogini in France; and core teachers, including Ven. Gyatso, Ven. Dondrub, Ven. Drimay, Ven. Joan Nicell, Ven. Amy Miller and Don Handrick.

We have so many centers and students around the world ... now we are making an effort to be more present on the Internet. This will aid us in our communications with the rest of the organization, students who do not live near a Dharma center now will have the opportunity to hear and see the teachings, and it will help the foundation to maintain a truly global community and more easily work together for a compassionate world.

In 2009 Rinpoche traveled and taught continuously throughout the year, spending only four days of the year at his house in Aptos. In some ways you can call it a rest but barely time to unpack and have a shower, shave your head, pat the dog, have a cup of tea and then pack again ... 12 suitcases, three backpacks and one holy jola.



On the road Rinpoche is continually teaching; giving initiations, blessings and pujas; liberating animals; answering never-ending letters, emails and phone calls; taking care of students, centers, and so many projects; and being, most of all, a yogi. Whenever there is a pause Rinpoche is in prayer or meditation, no matter the situation. And Rinpoche always takes time, no matter how rushed, to be kind to everyone, to take time for every sentient being. It is always very busy (if I didn't have to deal with my self-cherishing mind it would be pure delightful bliss ... serving the Guru and others!).

What makes this lifestyle possible and practical are the people working hard in Rinpoche's Office (FPMT International Office) supporting us everywhere we go. We have Ven. Holly (part of the office) based in Rinpoche's house, a tireless assistant (it is very convenient to be able to call someone at 3 A.M. or on Sundays for help). We have a greatly dedicated staff deeply appreciating the opportunity to serve others. We are always in touch with the office daily by phone or email and when Rinpoche is staying for three or four weeks in one place I take the opportunity to fly back to the office in Portland for two weeks to work.

At every center we visit ... the director, staff, students and volunteers make such an incredible effort to look after Rinpoche (and the attendants). The service and kindness is excellent. THANK YOU.

Also in 2009, Rinpoche attended the opening of Drati Khamtsen (Rinpoche's khamtsen) in Sera je Monastery. Rinpoche was the main sponsor due to the generosity of Henry and Catherine Lau, Hup Cheng and Amitabha Buddhist Centre, Jayabalan and Losang Dragpa Centre, Thubten Khunpen, Dato' Lee Soon Hian, and many others ... THANK YOU. They now have a great main temple and accommodation for all the monks.

Rinpoche attended lungs in Gyuto from Denma Locho Rinpoche and Dakpa Rinpoche. Later in the year Rinpoche continued receiving the initiations (Wangya Norbu Tangwa/Garlands of Jewels of Hundreds of Initiations) from His Holiness Sakya Trizin. Rinpoche sponsors this event including all the meals for around 1,000 lamas, monks and nuns who attend each year. A very BIG THANK YOU to SS Lim, Sharlyn, and others for their generous support.

These initiations will continue for several more years, next year there will be a break as His Holiness Sakya Trizin will be traveling overseas.

The CPMT meeting and the Mani Retreat (recitation of 100,000,000 Mani mantras) hosted at Institute Vajra Yogini (IVY) was a great success. The weather was very cold in the beginning but the warmth of the IVY staff made such a difference. Rinpoche often mentions the kind and generous attitude of the director, François, and his wife, Violette, an excellent example of the attitude a director should have. One of Rinpoche's commitments is for the FPMT to organize 100,000 retreats of 100,000,000 Manis. This was the first! 99,999 to go, of course we have several lifetimes to do this, Rinpoche said.

After the Mani Retreat we met Osel (Osel prefers not to use the term "lama" in his name) in Madrid. Osel spent several hours privately discussing with Rinpoche the past, present and future, as well as FPMT. It was a very good visit ... "reconnecting" was a word Osel used, like family getting back together again after a long absence. Osel has a strong interest in the future of FPMT and mentioned a number of times how pleased he was with how the organization is going. From time to time I call Osel on behalf of Rinpoche or from my own side to discuss the Maitreya Project or other matters. Osel has always been very thoughtful and enthusiastic with advice and suggestions for FPMT. Later in the year Osel visited Rinpoche in the USA to receive a White Tara long life initiation, and then visited Santa Cruz, staying with Pam and Karuna Cayton. At Rinpoche's house the Sangha organized a *mo mo* party for about 50 students and Osel showed four of his short documentaries. Osel took charge of the evening, simultaneously translating the documentaries and spending time with everyone. For the older students it was very precious to be able to connect with Osel.

We truly are making a difference; together we are building a compassionate world from the inside out.

Thank you everyone,

Love

roger



MESSAGE FROM OUR

# BOARD OF DIRECTORS



Top row: Lama Zopa Rinpoche, Khenrinpoche Lama Lhundrup, Ven. Pemba Sherpa

Second row: Ven. Roger Kunsang, Paula de Wijs-Koolkin, Karuna Cayton

Third row: Andrew Haynes, Alison Murdoch, Peter Kedge

Bottom row: Tara Melwani, Tim McNeill

The goal of FPMT is to preserve the Mahayana tradition, and that means keeping the tradition alive for countless generations to come. Preserving our lineage, and keeping on track with Lama Yeshe and Lama Zopa Rinpoche's vision for the future, requires cohesion within the global organization and structure to guide the way forward. This is the work of the FPMT Board of Directors.

Like the organization itself, we're a diverse and international group of people, offering varied service within the organization, lending distinct areas of skills, experience and expertise to the combined effort of carrying forth the wishes of our teachers. We are blessed to have Lama Zopa Rinpoche, Geshe Lama Lhundrup, Ven. Roger Kunsang and Ven. Pemba Sherpa as board members. The rest of us serve FPMT in multiple ways, our main commonality being our unwavering commitment and dedication to the growth and health of FPMT in its entirety.

With the world in the midst of a financial crisis in 2009, many people wondered what the effect would be on our centers and projects. Would there be a drastic decrease in participation with the organization? Or, as often occurs during times of crisis, would we see an increase in people realizing that they may have been basing their idea of happiness on material things and the external world which, as we know, is temporary and ultimately not fulfilling? I would say that we saw both scenarios. It seems that there were indeed fewer and smaller donations to many of the projects within the FPMT, but I have heard that in many places, the number of students did not drop and in many cases increased. We can only hope and pray that financial stability, based on ethical ways of dealing with one another on every level, will enable people to practice generosity, making merit and pursuing the knowledge and wisdom that is so richly offered in this organization.

As a board, we have spent quite some time in 2009 looking at our role. The FPMT has grown so quickly in size and scope since its inception in 1975 that the traditional responsibilities of any (non-profit) board of directors, like governance,



ensuring adequate resources, effective planning, legal and ethical accountability, etc. need to be re-defined in light of our current day-to-day reality.

An exciting initiative for 2010, a result of our work in 2009, will be getting into place the strategic plan needed in order to fulfill our hopes and aims, and, of course, the vast visions of our peerless spiritual director, Kyabje Zopa Rinpoche (which span lifetimes!). This is one of the main projects we have undertaken for 2010.

We are grateful for the support we've received by so many, and hope to be able to better serve all living beings in the future.

*Paula*

Paula de Wijs-Koolkin  
Chairperson  
FPMT Board of Directors

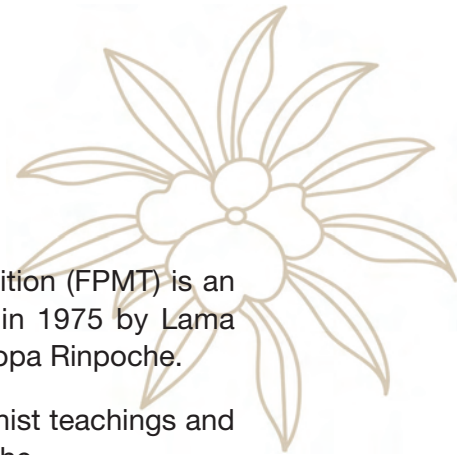
# WHO WE ARE, AND WHAT WE DO

The Foundation for the Preservation of the Mahayana Tradition (FPMT) is an international, non-profit Buddhist organization, founded in 1975 by Lama Thubten Yeshe (1935-1984) and his heart disciple, Lama Zopa Rinpoche.

FPMT is devoted to transmitting and preserving Mahayana Buddhist teachings and values worldwide and is spiritually directed by Lama Zopa Rinpoche.

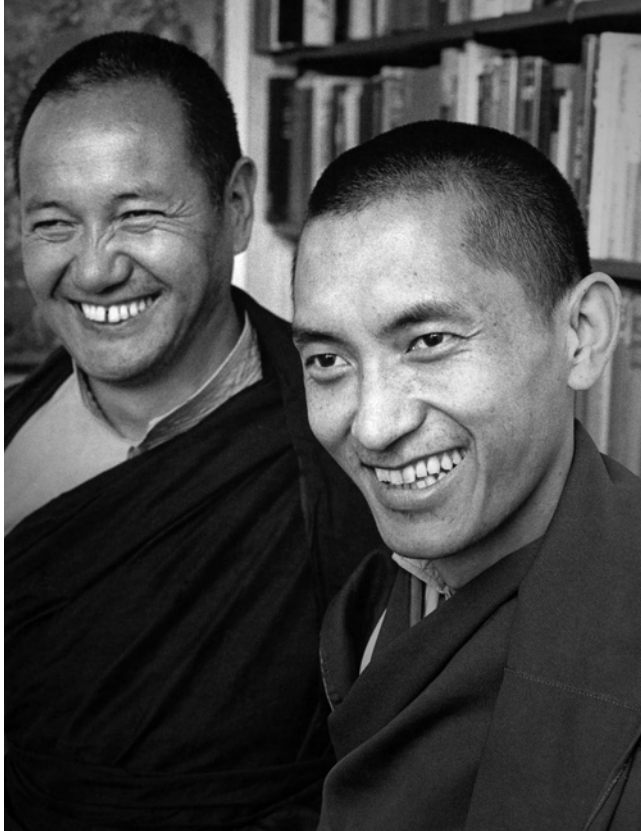
"FPMT" is an organization encompassing 160 centers, social service initiatives and projects. Our work reaches across the Asia Pacific, North and South America, Europe and Russia. FPMT programs offer a comprehensive, integrated, experiential approach to study, practice, and service in the great educational tradition of Lama Tsongkhapa of Tibet as taught by Lama Yeshe and Lama Zopa Rinpoche.

Lama Zopa Rinpoche's Office, or "FPMT International Office," provides the necessary framework for all FPMT activity, coordinates communication between Lama Zopa Rinpoche and the larger organization, and provides support and services to our centers, projects, services and study groups.





# PRESERVING THE LINEAGE 2009: INTRODUCTION



Lama Yeshe and Lama Zopa Rinpoche

## PRESERVING THE LINEAGE 2009: LAMA ZOPA RINPOCHE

For many, FPMT is Lama Zopa Rinpoche as his spiritual directorship and inspiration cannot be separated from the work or direction of the organization.

In 2009, Rinpoche initiated three teaching events which will be taught over several years that all focus on the unique education tradition of Lama Tsongkhapa as taught by our lamas. Further, Rinpoche took and gave teachings, answered letters, lead pujas and retreats, conducted animal liberations and bestowed blessings on all through his presence.

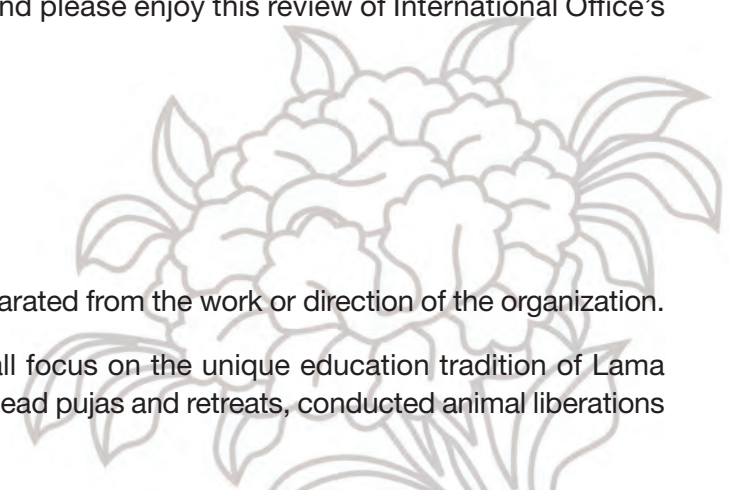
Each year, FPMT International Office presents our yearly accomplishments through an Annual Review. In the process, we identify themes for the year, themes that best express what we've accomplished. The theme for 2009 was crystal clear. The year marked an unprecedented step in the direction of truly **preserving the lineage** which defines FPMT.

In 1975, twelve Dharma centers had been started by students of Lama Yeshe and Lama Zopa Rinpoche, nine of them outside of India and Nepal. Lama Yeshe identified a need for "an organization to keep this together" and thus, the Foundation for the Preservation of the Mahayana Tradition was born.

When Lama Yeshe first presented the name of the organization to his students, many objected. "Lama, that name is too long, it will confuse people." To which Lama confidently and emphatically replied, "We ARE the *foundation* for the *preservation* of the *Mahayana tradition*. That is what we do. No confusion!"

In 2009, the organization proved true to its name in groundbreaking ways. As you'll read in this Annual Review, unprecedented efforts from Lama Zopa Rinpoche, FPMT International Office and the organization worldwide contributed to a remarkable year geared toward living up to the big name bestowed upon the organization by its precious founder.

This work is possible because of your kindness. Your generous contributions of service, time, resources, donations, perseverance and prayers enable the entire organization to continue benefiting sentient beings. Please rejoice! And please enjoy this review of International Office's 2009.





# HIGHLIGHTS FROM 2009:

- Rinpoche received over **4,000 letters** from students. He responded to as many letters and requests as possible, giving extensive personal advice and guidance to each student. Much of Rinpoche's advice is captured and archived in order to benefit as many people as possible and can be found on the Advice Book page of the Lama Yeshe Wisdom Archive.
- In January, Rinpoche began giving **commentary on Ganden Lha Gyäma** (Lama Tsongkhapa Guru Yoga) in Singapore. He has committed to teaching this complete commentary over time. While in Singapore, he gave Guhyasamaja initiation.
- From Singapore, Rinpoche traveled to Indonesia where he began giving a rare **commentary on Lama Chöpa**. He committed to teaching this practice until the commentary is finished.



Rinpoche's book launch for *How to Be Happy* in Indonesia



*Light of the Path* retreat participants with Lama Zopa Rinpoche



Ven. Thubten Paldron with Rinpoche in Singapore

- In 2008, Rinpoche stated his wish to give extensive commentary on Lama Atisha's seminal work *The Lamp of the Path to Enlightenment*, an important text that serves as the foundation of Lama Tsongkhapa's own lam-rim writings. In September of 2009, ***Light of the Path*** was hosted by Kadampa Center in North Carolina, USA, in partnership with FPMT Education Services. The retreat was





Rinpoche at Bangkok airport. The airline hostesses lined up for blessings.



Rinpoche with students from Tekchen Chö Ling, Valencia, Spain



Rinpoche giving blessings in India

the first of many that FPMT Education Services will be adapting into online programs which serve to preserve the unique teaching style of both Lama Yeshe and Lama Zopa Rinpoche. The retreat, which will continue every year, was attended by 210 students and will be made into an FPMT education program, ***Living in the Path***, available exclusively on the FPMT Online Learning Center or through modules via the Foundation Store. All streaming raw materials of the retreat are available for free via the FPMT Media Center.

- One senior Sangha who has been a student for more than 30 years, described the *Light of the Path* retreat as “the best retreat” experience she has had with Rinpoche leading. Another student said, “It was so inspiring – it made you want to jump up and start practicing *now*.”
- No event is more steeped in FPMT culture and history than the **annual November lam-rim course held at Kopan Monastery**, Nepal. Now at the end of its fourth decade, the November course continues to attract newcomers to the organization, and gives senior students an opportunity to revisit their earliest exposure to the Dharma and FPMT. In fact, the first Kopan course, held in 1971, predates FPMT as an organization by four years! The course from 2009 was the largest Kopan course to date, **240 people** attended this quintessential FPMT event taught by Lama Zopa Rinpoche. Following the course, Kopan, on behalf of the whole organization, offered the annual long life puja for Lama Zopa Rinpoche.



Kopan Monastery, 1973





Rinpoche with Osel Hita Torres, Madison, Wisconsin, USA

The opportunity for a Western city dweller to live and take teachings at Kopan is such a gift of refuge. To dwell for a month in such a spiritual place, surrounded by Sangha and the Dharma, is like the perfect medicine for each mind there. Being there is like a karmic energy boost that helps one begin to seek out their buddha nature and path to enlightenment.

DAPHNE, BRITISH COLUMBIA,  
CANADA

- Rinpoche sponsored and participated in the **100,000 Tsog Offerings to Guru Rinpoche** held annually at Bouddhanath Stupa, Nepal and attended by many high lamas. This particular puja is aimed at creating world peace, particularly in Tibet.
- In May, Rinpoche inspired all with his presence at the CPMT meeting, (see pages 15-16). Following this, Rinpoche led a four-week 100 Million Mani Retreat at Institut Vajra Yogini in France which was attended by **400 students**. The 100 million mani mantras recited were personally offered by Rinpoche to His Holiness the Dalai Lama.
- Rinpoche gave **Chöd initiation** and commentary at Maitripa College in Portland, Oregon, USA in June.
- Rinpoche's travels in 2009 also included **taking teachings from his own gurus**: Geshe Sopa in Madison, Wisconsin, USA; His Holiness Sakya Trizin in Dheradhun, India and His Holiness the Dalai Lama in several places in India and the USA.
- Rinpoche met with Osel Hita Torres, the recognized reincarnation of Lama Yeshe, twice in 2009, in Spain and in the USA. During their visit in the USA, Rinpoche offered a long life initiation to Osel.

## NEW BOOKS FROM LAMA ZOPA RINPOCHE IN 2009



Ten years in the making, and finally released in April 2009, *The Heart of the Path: Seeing the Guru as Buddha*, is an impressive and extensive collection of Rinpoche's teachings on guru devotion – the first major topic in Lama Tsongkhapa's *Lamrim Chenmo*, published by Lama Yeshe Wisdom Archive.

Lama Yeshe Wisdom Archive also released Rinpoche's teachings on the Medicine Buddha in *Teachings from the Medicine Buddha Retreat*, his teachings on the Kadampa geshe and their advice in *Kadampa Teachings*, and a collection of teachings featuring both Lama Yeshe and Lama Zopa Rinpoche from the 1970s in *Freedom Through Understanding: The Buddhist Path to Happiness and Liberation*.

Wisdom Publications released *Whole-some Fear: Transforming Your Anxiety About Impermanence and Death* which is full of advice about impermanence and death from Lama Zopa Rinpoche and includes powerful meditation techniques from Kathleen McDonald (a.k.a. Ven. Sangye Khadro).



# PRESERVING THE LINEAGE 2009: EDUCATION

Education is the heart of our organization. FPMT Education Services is charged with putting forth the programs, practice and study materials that preserve the lineage through a global network of educators, translators, trainers and publishers. The FPMT Foundation Store and the newly launched FPMT Online Learning Center and Media Center, make available FPMT education resources to all corners of the globe. Your enthusiastic participation in and engagement with these programs are the true measures of our success.

## HIGHLIGHTS FROM 2009: FPMT ONLINE LEARNING CENTER



By far the most significant development in 2009 for FPMT Education Services was the establishment of the **FPMT Online Learning Center**.

- Soft launched in April of 2009, the FPMT Online Learning Center closed out 2009 by hosting eight of Discovering Buddhism's 14 modules and welcoming over **2,000 registered users** to the site which was **visited over 15,000 times** in the first five months of launch! These numbers grow daily.
- **25,000 visits** have been recorded since its hard launch in September of 2009.

**"Thank you for the amazing job you and your team are doing, placing the FPMT into a new era of spreading the Dharma. [The FPMT Online Learning Center] is really an amazing job, a really new step to spread the Dharma. Something you should celebrate."**

HENRI LOPEZ, PARIS, FRANCE

- The FPMT **Media Center**, a free feature of the FPMT Online Learning Center, hosted the entire *Light of the Path* retreat as a live webcast in four languages. During the retreat, **200 people from 49 countries** were logging on multiple times daily for an average of **1,000 visits a day**.



Media Center interface

**"The quality of the videos and sound of *Light of the Path* [on the FPMT Media Center] is gorgeous! Even in the remotes of upper Bavaria, pure delight!"**

CONNI KRAUSE, WALLGAU, GERMANY

- To ensure the successful delivery of high definition online video, a four-man expert media team conducted research and testing for months prior to filming the *Light of the Path* retreat.
- A highly skilled transcriptionist captured the teachings and prayers which were then projected on a large screen at both the 100 Million Mani and *Light of the Path* retreats, enabling old and new students alike the opportunity to take away the full extent of Rinpoche's transformative teachings.



## WHAT ONLINE LEARNING MEANS FOR FPMT AND LAMA ZOPA RINPOCHE'S INTERNATIONAL OFFICE

- The *Light of the Path* videos and *Living in the Path* program specifically enables students and centers to study and engage more easily with the teachings of Lama Zopa Rinpoche. This is the first time Rinpoche's teachings have been organized for easy access by all.
- People everywhere can access many FPMT education materials immediately and easily for little or no cost.
- As FPMT education materials are translated into other languages they too can be made quickly available.
- Online materials can be changed instantly, sparing the time and expense of updating hard copy files, and making it easier for students and centers to update their materials.
- The FPMT Online Learning Center is a unique benefit of Friends of FPMT making it a truly compelling program.

**"Thank you all so much for your efforts in putting this online service together. Using it has been like splashing clear water on my tired face. It has removed the dirt that has built up, reinforced my understanding, and refreshed my practice."**

MARK GROOMS, UNITED KINGDOM

## EDUCATION MATERIALS

- **FPMT Retreat Prayer Book** was successfully utilized in French, Spanish, and Chinese at the 100 Million Mani and *Light of the Path* retreats.
- We revised and expanded **Direct and Unmistaken Method**, the practice and commentary on the Eight Mahayana Precepts.

- **Foundation Training in Rituals** (now, **Rituals and Realization**), a comprehensive guide for how to perform the common FPMT center practices was updated.
- The **Lama Chöpa/Jörcho** translation was revamped for absolute accuracy and added to the FPMT Retreat Prayer Book.
- We made **Heart Practices for Death and Dying** available as a new program for centers.
- The fourth in our preliminary practice series, **The Preliminary Practice of Tsa-Tsas**, was published.
- The FPMT **Prayer Books updates page** kept students and centers up to date with revisions advised by Rinpoche.
- We designed a "Treasure Map to Your Enlightenment," a comprehensive, visual overview of all FPMT education curriculum.



## EDUCATION TRANSLATION

- Thanks to the tireless work of our Basic Program coordinator and FPMT Translation Offices we regularly added **Discovering Buddhism and Basic Program updates** (in English, French, Spanish and Czech) to the FPMT website making it easy for centers in these countries to host the program.
- Several key translations requested by Lama Zopa Rinpoche were initiated, including texts needed for an upcoming FPMT Education Publications series on pilgrimage.





## THE FOUNDATION STORE

Established in 2004, The Foundation Store's main intention is to support the general mission of FPMT Education Services, that is, to provide students around the world access to FPMT education programs, as well as supplemental practice, study and meditation materials, and supplies. In 2009, we determined that the sole function of the Foundation Store would be to support FPMT Education and thus, efforts to carry materials not directly related to FPMT education programs and materials were stopped. Some of Foundation Store's 2009 accomplishments:

- We shipped out **35,000 education, practice and meditation materials and supplies** to students in 70 countries.
- We improved product descriptions on our website.
- We successfully negotiated with **80% of vendors** directly to cut costs.
- We began stocking material from FPMT Education Publications in other languages, such as *Prières bouddhiques essentielles, Volume 2*.

"I am always pleased by the quality of the Dharma items I receive from you. And I am very impressed with the speed that you fill my orders. The inclusion of the small prayer flags was very kind and thoughtful. If I could get to Portland more often, I would have liked to thank you in person. Thank you, you are a great aid to my practice."

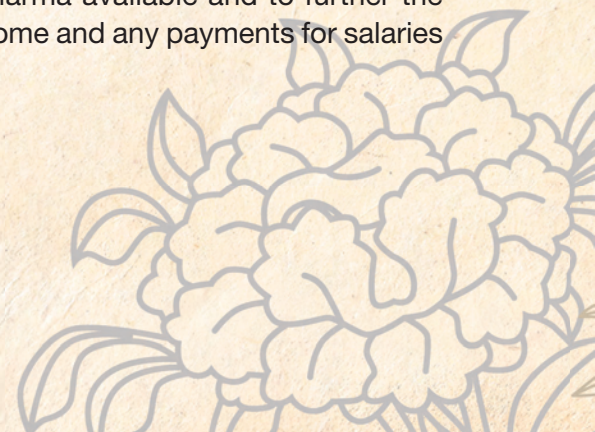
HUDSON SCHWEICKERT, OREGON, USA

## USE OF DHARMA INCOME FOR 2009

The Foundation Store exists only to support the Buddhist practice of FPMT students, not in order to turn a profit. Proceeds from sales are attentively categorized and calculated to ensure that income from Dharma items is used to make more Dharma available and to further the charitable mission and projects of FPMT. We carefully follow the Buddhist principles for the use of Dharma income and any payments for salaries or personnel expenses are excluded when calculating the net Dharma proceeds from the Foundation Store.

## OVERVIEW OF DHARMA INCOME AND DONATIONS IN THE FOUNDATION STORE 2009

Total net proceeds from the sale of Dharma items (85%) and from the collection of donations through Practicing Generosity (15%) totaled **\$140,992**. An overview of use of this Dharma Income in 2009 can be found on the Foundation Store's website.





# PRESERVING THE LINEAGE 2009: CENTERS, PROJECTS, SERVICES



The Enlightenment Stupa at Mahamudra Centre, Coromandel, New Zealand, one of FPMT's affiliated centers

**I**nternational Office's Center Services department offers support to those serving in the organization by maintaining the flow of communication within the Foundation. Specifically, Center Services helps centers, projects and study groups in their operations according to policies established through years of institutional experience (as found in the FPMT Handbook), disseminates Rinpoche's spiritual advice, including that on major appointments and project development when sought, coordinates Rinpoche's teaching schedule, and helps to identify and support geshe, teachers and translators for FPMT centers. Acting as a conduit between Rinpoche's office and the wider community of FPMT groups and individuals, Center Services helps to draw together shared experiences to shape new guidelines and initiatives as the FPMT progresses.

## HIGHLIGHTS FROM 2009: STUDY GROUPS AND CENTERS

- We welcomed **six new study groups** in Eastern Europe, the United Kingdom, the United States and Indonesia.
- We adopted a more rigorous approach in screening requests to start study groups to ensure that applicants understood the commitment involved, and the value of the resources and guidance we invest in such start-ups. A nominal, one-time administration fee was introduced accordingly.
- **Three study groups**, Pamtingpa in Washington, USA, Ksitigarbha in New Mexico, USA and Tara Mandala in Germany met the conditions to become full-fledged centers and signed the Affiliation Agreement. That brings to 69 the number of centers and projects which have established a formal, enduring relationship with "FPMT, Inc.," the non-profit organization under which we are registered in the United States.
- We developed the FPMT Display Pack and made it available as a downloadable package for translation so that each FPMT entity can publicize its lineage with personalized details.

## CPMT 2009 "THE VAST MANDALA OF FPMT: WHO WE ARE AND WHAT WE DO"

- **200** FPMT center directors, study group coordinators, spiritual program coordinators, board members and teachers, representatives from International Office and members of the FPMT, Inc. Board, including





CPMT 2009 participants

Rinpoche himself, attended the **23rd CPMT** (Council for the Preservation of the Mahayana Tradition) meeting in 2009 – the best attended CPMT meeting to date. Gomo Tulku Rinpoche also graced the event, expressing his heartfelt support for the FPMT, and revving up the tempo with a presentation of his Dharma rap.

- **“The Vast Visions of the FPMT,”** a fascinating and inspiring list first jotted down by Rinpoche on many Post-it notes while on retreat, was introduced at CPMT 2009. It is envisaged that greater focus will be given to accomplishing this list in the coming years.
- We highlighted regionalization as a key strategy to boost resources and localize solutions for our expanding, global family. Some of tangible steps taken in this direction (see column to right):

- **FPMT Australia** adapted the FPMT Grievance Policy for its national use and revisited the Affiliation Agreement to check its fit with Australian federal and regional legislation.

- The board of **FPMT Mexico** took a greater role in overseeing the development of local centers and projects.

- **FPMT Bay**, located in California’s Bay Area, looked toward a more integrated service and marketing approach to better serve each other and their local communities.

- **FPMT UK** began to take shape through identifying some potential projects which could serve FPMT’s British students in particular.

- Nalanda Monastery and several other European centers created the **European Union for the Development of Universal Education and Ethics**, an exploratory

platform for knowledge exchange and for seeking funding opportunities in the European Union.

**“The CPMT meeting was very, very successful, very enjoyable, very happy, a very encouraging meeting which has shown many results during the talks.” Lama Zopa Rinpoche on 2009 CPMT meeting.**

## TEACHERS

- We developed a more detailed questionnaire for those wishing to register as FPMT teachers. It requests more background information on the person’s education and training, and should help in the recruitment and placement of teachers. The lists of Tibetan and non-Tibetan teachers are continuously updated.



# PRESERVING THE LINEAGE 2009: OUR CHARITABLE PROJECTS



Kitten blessed by Maitreya Project's Heart Shrine Relic Tour. Animal liberations and blessings are performed around the world in accordance with Rinpoche's wish to benefit as many animals as possible.

The charitable projects of FPMT represent many of Lama Zopa Rinpoche's wishes for the future. While the FPMT centers serve as sites for the FPMT lineage to flourish, the charitable projects function to benefit beings, both within and outside of the organization, wherever Rinpoche identifies a need. FPMT supports charitable projects spanning in purpose from ambitious initiatives to build holy objects, to liberating animals which would otherwise be killed, to providing education scholarships, to offering support to the main lamas of the Lama Tsongkhapa tradition, to sponsoring food for ordained Sangha, among many others. Donations from thousands of people made our charitable project work possible in 2009. This is an inspiring collective effort and worth rejoicing in. Every dollar donated made our offerings to charitable projects possible.

## HIGHLIGHTS FROM 2009:

- **\$2,573,378** total was offered to our many charitable projects.
- The **Padmasambhava Project for Peace**, Rinpoche's initiative to build 100,000 statues of Padmasambhava around the globe for world peace, sponsored the building of **two statues** in Asia. One of the statues is 70-feet (21-meters) tall and will be housed within the pure land temple of Padmasambhava. Taking in mind the three statues supported in 2008, FPMT now has *only* 99,995 statues left to construct in order to fulfill Lama Zopa Rinpoche's wishes for this project!
- **\$203,046** was raised for the **Amdo Eye Center**, a high-quality eye-care hospital in Xining, Amdo's capital, available to the general public, but particularly for the underprivileged. The prevalence of blindness in Amdo is four times higher than the national average. The center has already begun training staff to perform cataract surgeries in preparation for outreach to other remote areas.



Photo courtesy of Maitreya Project



## MESSAGE FROM

# SERA JE MONASTERY'S ABBOTT, GESHE LOSANG PALDEN

We, the Abbot, Board Members and The Administration on behalf of the Monastery's entire member monks, collectively express our profound gratitude and respect to his eminence Venerable Zopa Rinpoche, the FPMT and to each and every sponsor who have contributed to make possible this food fund. We acknowledge with highest appreciation that the Food Fund has subsequently benefited the health and education of the monastery's pupil and member monks in great measure.



2009 Gelugpa exam

- **\$28,609** total was offered to the **Lama Tsongkhapa Teacher's Fund** which supports all the main teachers of the Lama Tsongkhapa tradition studying at Sera, Ganden, Drepung, Gyume, Gyuto, Tashi Lhunpo and Rato Monasteries. This fund is important to FPMT's mission to preserve and transmit the Mahayana teachings. **\$19,710 of the full amount** was offered as monthly stipends for the main teachers and lineage holders of our tradition. The remaining **\$8,885** covered the cost of travel as well food and tea for all the monks attending the annual Gelug exam, this year held at Sera. The exam was attended by **540** of the foremost scholars of the Lama Tsongkhapa tradition.
- Sangha made **thousands of light and water offerings** daily in Rinpoche's residences, and made **extensive prayers** for the entire organization.
- **\$260,126** was donated to the **Sera Je Food Fund**. Now eighteen years in existence, this fund covers the complete cost of offering three nutritious meals a day to all 2,600 monks studying at Sera Je Monastery. Support from Cham Tse Ling (Mahayana Buddhist Association), Amitabha Buddhist Centre and many other benefactors made this offering possible.
- **Animal liberations** were performed **three times a month** and dedicated to all students who are sick.



- Ongoing support of housing and general expenses was offered to **young reincarnations** such as Sengye Rinpoche, Nyingre Tulku and Domo Geshe Rinpoche, as well as individual monks and nuns in India, Nepal, Tibet, Mongolia and in the West.
- **\$95,570** was raised for the young **reincarnation of Domo Geshe Rinpoche's labrang** (monastic household) with the help of Tara Melwani and many other students in Singapore and Malaysia.
- Ven. Tsering, a Kopan monk, continues to write out the ***Prajñaparamita in 8000 Verses*** in pure gold. 2009 was Ven. Tsering's seventh year working on this project. He's now finished one of twelve volumes of the sutra. Student Jane Seidlitz also continues to work on a second copy. The finished texts will be stored in the heart of the 500-foot (124-meter) statue of Maitreya Buddha being built in Kushinagar, India. Lama Zopa Rinpoche has said that writing out the *Prajñaparamita* is one of the main causes needed for the completion of the statue. Over **\$6,000** was offered to the fund, which contributes to expenses associated with this project.
- Through the **FPMT Puja Fund**, **\$35,732** worth of pujas were sponsored and dedicated to His Holiness the Dalai Lama, FPMT centers and projects, students, supporters, benefactors as well as their families and those who have passed away. Pujas such as recitation of the entire Kangyur, a monthly Medicine Buddha Puja, 100,000 Praises to Tara and Hayagriva Puja were personally selected by Lama Zopa Rinpoche as the most beneficial in overcoming obstacles and creating success for FPMT.
- In 2009, it was recommended that the organization should build a **statue of Nagarjuna** to support Rinpoche's health and long life. **\$18,000** of the \$38,000 needed was raised to build the 14-foot high statue which will be constructed in Bodhgaya, India. *(At the time of this printing, all \$38,000 has been raised.)*
- **\$52,543** was offered to cover all costs associated with **hosting over 1,000 Sangha** at the *Wangya Norbu Tangwa* (Garlands of Jewels of Hundreds of Initiations), given by His Holiness Sakya Trizin at Rinpoche's earnest request. Preserving the *Wangya Norbu Tangwa* has become a matter of urgency as the lineage of some of the initiations has already died out in the Gelug tradition.



Rinpoche with reincarnation of Domo Geshe Rinpoche



Ven. Tsering writing out the *Prajñaparamita*



# PRESERVING THE LINEAGE 2009: COMMUNICATIONS

FPMT International Office maintains six primary methods for preserving and strengthening the FPMT lineage through communication with the wider organization: the **FPMT website** (over 10,000 pages of content), **Mandala Publications** (print, eZine and online), **FPMT News** (a monthly digital newsletter), the **FPMT and CPMT listservs**, social media tools including **Twitter and Facebook**, and **Prayers for the Dead** (a support service for the dead and those in grief). Many thanks to the thousands of individuals who stay connected to FPMT through all of our avenues of communication.

## HIGHLIGHTS FROM 2009: FPMT WEBSITE

The FPMT **website** saw many accomplishments in 2009, all aimed at providing visitors, first time and returning alike, with an intimate and educational encounter with the FPMT organization:

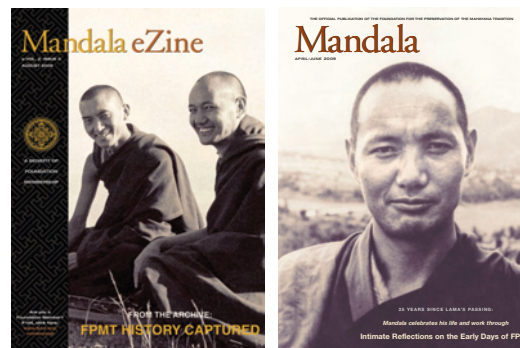
- The site had **538,155 visits** in 2009, an average of **1,500 per day**, which is a **9.74% increase** in traffic (a total of **48,000 more visits**) from last year.
- We redesigned the FPMT Resources web page making it easier for students to find the resources and materials they are looking for.
- We added an application to the FPMT homepage that scrolls the current day's recommended practices, as well as auspicious and inauspicious activities.
- We completely reprogrammed the video section and photo galleries on the website with an improved user interface, allowing the end-user to scroll through videos and photos like a slideshow.
- Initiations and retreats are more easily identifiable thanks to the new color coding system for Lama Zopa Rinpoche's schedule.
- We designed new web pages for *Living in the Path*, Translation, and Youth which will make compiling information in these areas much easier.

- *Mandala* Publication's web pages now accommodate the new Friends of FPMT program and added exclusive online content.
- We made various behind-the-scenes changes to improve security and make website management easier.

**"The site continues to get better and better, and there has been such wonderful enhancement throughout the year."**

STEPHEN AUSTRA-BECK, COLORADO, USA

## MANDALA PUBLICATIONS



For 22 years, *Mandala* has served as the official publication of FPMT and has brought relevant teachings, feature stories and worldwide FPMT news to the organization. 2009 brought many new developments and accomplishments for the magazine:

- While we started 2009 with a negative balance, *Mandala* closed the year with **surplus income of \$27,365**. We were able to do this by decreasing our total expenditures by \$21,000 and decreasing our production costs by \$45,751, a total savings of over \$60,000.
- *Mandala* Publications became multi-media, bringing more timely content to FPMT students, cutting production costs and engaging readers in as many platforms as possible.
- **1,000 pages** of content were offered to readers in print, eZine and online formats. Computer-based formats such as the eZine and the online exclusives section of the website allow *Mandala* Publications to take advantage of video and audio features that otherwise could not be published.



- Launching Facebook and Twitter accounts enabled readers spread out over 34 countries to connect.

- *Mandala* underwent a significant editorial redesign that not only brings Dharma education to its readers based on FPMT's unique lineage, but also aims to educate readers about the organization itself. By presenting the organization's history, development and priorities, the culture of FPMT is being preserved.

- Average readership per issue in 2009 was **15,000 of which 2,250 were prisoners.**

**"I was reading the recent *Mandala* and the Lama Yeshe article was touching. I was able to learn who founded this great organization to help many people throughout the generations. I wish that I could tell him how much it's helped benefit me."**

GERROD HERNDON, CALIFORNIA MEDICAL FACILITY AT VACAVILLE,  
VACAVILLE, CALIFORNIA, USA

**"*Mandala*'s January issue was ACE! I loved it and was so inspired by it. Thank you all so much ... Great work!"**

LINDA GATTER, WALES, UK

## FPMT NEWS

- By the end of 2009, **13,153 subscribers per month**, an increase of 2,623 from 2008, received Lama Zopa Rinpoche's schedule, were given new advice and received information about FPMT centers, study groups and projects around the world, as well as recent developments and opportunities within the wider FPMT organization. All issues of the FPMT News are archived on the website and are fully searchable.

- Italian and Spanish versions are available on our site thanks to volunteers.

## SOCIAL NETWORKING AND THE FPMT AND CPMT YAHOO! GROUPS

As the FPMT grows, social networking sites and listservs become essential to keep everyone connected in dynamic, exciting ways (see column to right):

- FPMT's Facebook page and Lama Zopa Rinpoche's Facebook page had over **2,000** and nearly **3,000** fans, respectively, by the end of 2009.

- A Twitter account for Lama Zopa Rinpoche was initiated in 2009 allowing busy students easy access to quick updates.

- **Nearly 3,000 students** received FPMT Yahoo! Group messages that contain important information about the organization and Lama Zopa Rinpoche.

- The CPMT Yahoo! Group continues to provide important and pertinent information to key FPMT personnel.

Rinpoche's advice to recite *The Dharani Called Possessing the Limbs of All the Buddhas* (posted to the FPMT Yahoo! Group, August 22, 2009) received many appreciative statements on its timeliness. One student wrote:

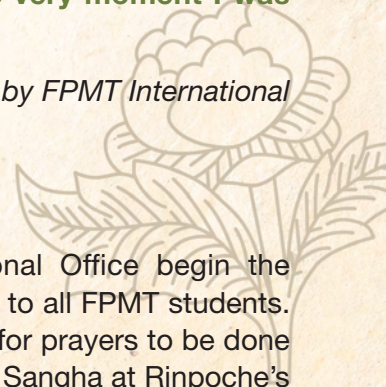
**"Many thanks for sending me Rinpoche's advice. It arrived as we were dealing with a health crisis for my husband and I was totally amazed that Rinpoche's advice arrived at the very moment I was wondering how to help."**

*The Facebook and Twitter accounts are managed by FPMT International Office, not Lama Zopa Rinpoche personally.*

## PRAYERS FOR THE DEAD

Rinpoche requested that FPMT International Office begin the Prayers for the Dead service as an offering to all FPMT students. The Prayers for the Dead service arranges for prayers to be done by His Holiness the Dalai Lama personally, for the Sangha at Rinpoche's California house to make stupas and tsa-tsas, and for Land of Medicine Buddha to offer a Medicine Buddha puja for 49 days after someone passes away. The names of the deceased are also sent to the monks of Nalanda Monastery, Kopan Monastery, Thubten Shedrup Ling and the nuns of Chenrezig Nuns' Community for their prayers.

- We made Prayers for the Dead more openly available, even to those who have no direct relationship with FPMT, in respect of Rinpoche's wishes to render help to anyone at this time of greatest need.





# PRESERVING THE LINEAGE 2009: DEVELOPMENT

**“When we practice generosity, we are applying the exact antidote to attachment.”**  
LAMA ZOPA RINPOCHE

Despite tremendous financial instability and uncertainty for individuals and organizations worldwide in 2009, International Office’s supporters were as generous as ever. Our three fundraising programs: **Friends of FPMT**, **Merit Box** and **Work a Day for Rinpoche** help support the infrastructure of the organization so that we can implement our programs and achieve our mission, as well as contribute to our ability to act as a grant providing organization through our charitable projects. These initiatives are entirely dependent on your kindness and we offer sincere heartfelt thanks to all who participated in these efforts in 2009.

## HIGHLIGHTS FROM 2009: FRIENDS OF FPMT



Formerly known as FPMT Foundation Membership, **Friends of FPMT** was restructured in 2009 to truly enrich the Buddhist education of our supporters while they work with other Friends toward a larger goal: making this world a better place.

The most significant change from the former Membership program is the new *free* level now offered. Essentially, this level, called **FPMT Membership**, is a collation of all the free FPMT resources currently available plus a subscription to the FPMT News. At this level, newcomers to the

organization can quickly take advantage of all that FPMT has to offer and connect to the greater community.

The prime objective of Friends of FPMT is connecting and inspiring the global FPMT community and preserving the unique FPMT lineage in comprehensive ways: through the FPMT News, *Mandala* Publications and the newly launched FPMT Online Learning Center. In turn, students of the organization work together to support these efforts through becoming a Friend of FPMT.

The new Friends initiative offers discounts to ordained Sangha as well as to Friends living in countries with low to medium level currency exchange rates.

- **3,319** donations were made to the Friends of FPMT program, resulting in **\$171,460.67** for our work, a **\$33,383.72** increase from the year prior. This includes donations from individuals as well as members who are Basic Friends through their local FPMT centers. By the end of 2009, we made over **600** new Friends worldwide!

**“This ‘four friend’ thing is just wonderful! ... Clear and easy to understand the structure, a really nice story and symbolism, and the benefits [offered] seem good .... It seems the harmony of the four friends is radiating already!”** MIFFI MAXMILLION, SPIRITUAL PROGRAM COORDINATOR OF LANGRI TANGPA CENTRE, AUSTRALIA

**“I love the re-launch you did – [it’s] much simpler and very appealing ... Really professional – you’d think there are 10 of you working on this!”**

FABIENNE PRADELLE, DIRECTOR OF VAJRAPANI INSTITUTE, USA

## MERIT BOX

The **Merit Box** program also gives students and friends of FPMT an opportunity to support the activities of the organization while engaging in generosity. Each participant receives a beautiful practice booklet and metal donation box to





place on their altars. Yearly, all donations accrued are sent to International Office and Lama Zopa Rinpoche personally decides on the use of the funds. Funds are collected starting on Lama Tsongkhapa Day, which in 2009 was on December 11.

- **\$53,500** was disbursed in 2009 to ten centers and projects from the last campaign cycle (see box to the right).



Lama Zopa Rinpoche blessing horses

## WORK A DAY FOR RINPOCHE

**Work a Day for Rinpoche** allows all those who are inspired by Lama Zopa Rinpoche's activities to spend one day in full support of his compassionate contributions to the world. On a merit increasing day of the Tibetan Buddhist calendar, students dedicate their work and a day's salary (or more) to this project. Many individuals made monthly contributions to this fund which we hope to expand upon in 2010.

- **596 people in 39 countries** worked a day for Rinpoche on the most holy day of Saka Dawa, contributing over **\$57,898** to this fund.

**"It's a joy to give to Work a Day and to be able to support Rinpoche's projects around the world."**

SANDRA SMITH, BUDERIM, QUEENSLAND, AUSTRALIA

**"My pure respect for Lama Zopa Rinpoche is my biggest pride and joy as he is such an inspiring guru who also takes care for all our innocent animals. I hope and pray for his longevity and also his mission for animals."**

RAPSEL TSARIWA, NEW DELHI, INDIA

**LIVE WITH  
COMPASSION  
WORK WITH  
COMPASSION  
MEDITATE WITH  
COMPASSION**  
WHEN PROBLEMS COME,  
EXPERIENCE THEM WITH  
**COMPASSION**  
**DIE WITH  
COMPASSION**  
**ENJOY WITH  
COMPASSION**  
**PRACTICING**  
THIS GIVES YOU THE BEST  
HAPPY LIFE - IT FULFILLS  
ALL YOUR WISHES AND ALL  
LIVING BEINGS' WISHES  
**FOR HAPPINESS**



*Lama Zopa Rinpoche's signature*

Lama Zopa Rinpoche's advice on compassion. This image is available via the Members Area of the FPMT website for use in all centers.

## 2009 MERIT BOX DISBURSEMENTS

- Foundation for Developing Compassion and Wisdom, for the Essential Education program (\$5,000)
- International Mahayana Institute, to support monks and nuns wishing to attend the *Light of the Path* Sangha Retreat (\$5,000)
- Entire FPMT organization, for the acquisition of a Hayagriva statue (\$4,500)
- Entire FPMT organization, for the acquisition of statues of Lama Tsongkhapa and his two disciples (\$4,000)
- Kadampa Center, to assist members in attending the *Light of the Path* Retreat (\$5,000)
- Lama Yeshe Wisdom Archive, for the upcoming biography of Lama Yeshe entitled *Big Love* (\$5,000)
- MAITRI Leprosy Center, for general support (\$5,000)
- Maitripa College, Portland, Oregon, for its Library Fund (\$5,000)
- The Great Stupa of Universal Compassion, to support the international Jade Buddha Tour (\$5,000)
- FPMT Puja Fund, to remove obstacles and create merit for entire FPMT organization (\$5,000)
- FPMT Spain, to support the Spanish Translation Group (\$2,500)
- FPMT Brazil, to support the translation into Portuguese (\$2,500)

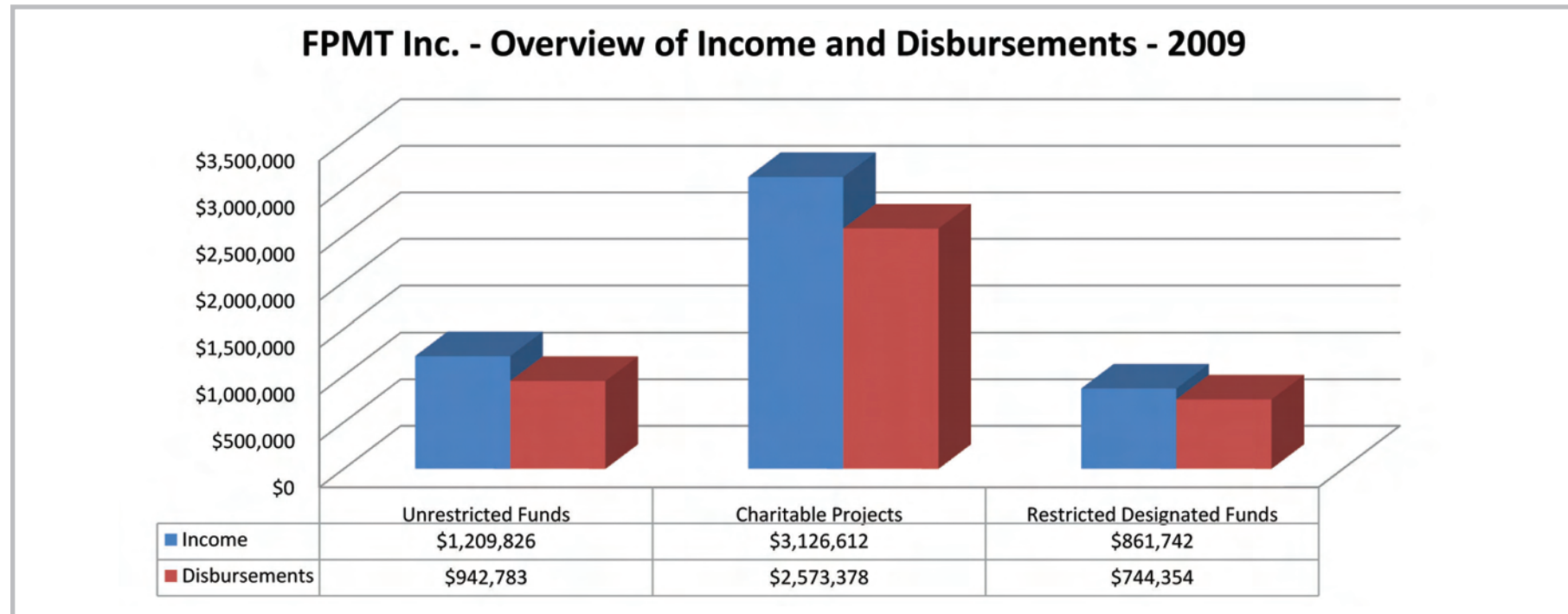


# FINANCE

## FINANCES – FISCAL YEAR 2009

The CFO and Director of Finance of FPMT International Office are responsible for managing and supervising the finances of FPMT Inc. as directed by its Board of Directors<sup>1</sup>. Finances are divided between general (unrestricted) funds, and funds earmarked for certain projects (restricted) funds. Restricted Funds are further divided into Charitable Projects and Fiscal Sponsorship<sup>2</sup> funds, and Restricted Designated<sup>3</sup> funds.

The following charts give an overview of the income and disbursements for 2009.



<sup>1</sup> FPMT Inc. is the legal entity of FPMT International Office. The terms FPMT Inc. and International Office are interchangeable. In practical terms, this is Lama Zopa Rinpoche's office, therefore whenever FPMT Inc. or International Office is mentioned, the guidance of our Spiritual Director is implicit.

<sup>2</sup> FPMT Charitable Projects and Fiscal Sponsorship Projects include all the Charitable Projects of the FPMT as well as Restricted Designated funds with Fiscal Sponsorship agreements in place. These are listed on our website as well as certain other charitable projects as directed by Lama Zopa Rinpoche and the Board of the Directors.

<sup>3</sup> Restricted Designated funds are funds which are received on behalf of and held in trust for certain affiliates mainly based in India and Nepal. As such funds are under the control and direction of foreign affiliates, any donations originating in the U.S. for these funds do not attract U.S. tax relief.

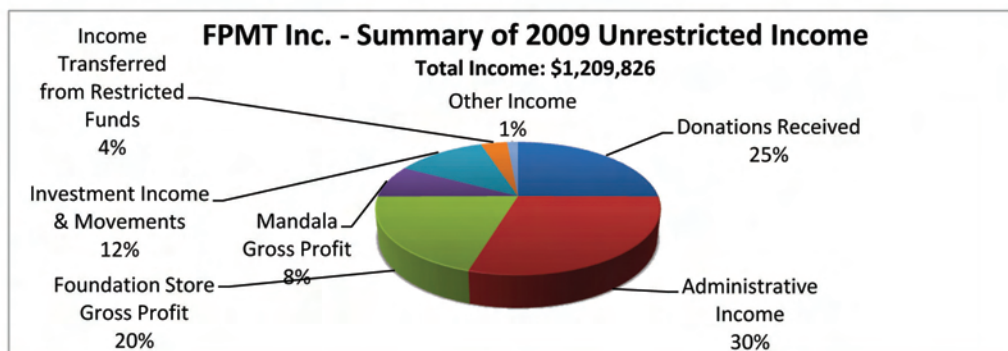


## UNRESTRICTED FUNDS INCOME AND EXPENSES – 2009

Unrestricted funds have no donor-imposed restrictions, and therefore can be used to fulfill the varying needs of the organization. The following charts give a summary of FPMT's unrestricted income and expenses in 2009. The primary sources of income for FPMT were fundraising, general donations, and revenue produced from *Mandala* magazine and the Foundation Store. The primary expenses were the management costs of the International Office, where each department is responsible for helping carry out the charitable mission of FPMT and its projects. These departments include Education, Center Services, Development, The Foundation Store, *Mandala*, Information Services, and Administration<sup>4</sup>.

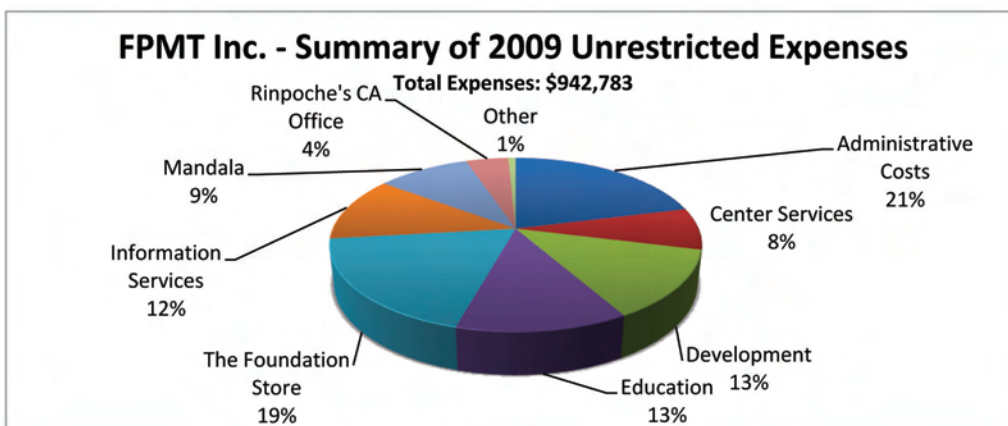
### Unrestricted Funds Income

FY 2009 (USD)	Income
Donations Received	\$303,625
Administrative Income	\$358,306
Foundation Store Gross Profit	\$244,127
<i>Mandala</i> Gross Profit	\$ 95,849
Investment Income & Movements <sup>5</sup>	\$146,834
Income Transferred from Restricted Funds	\$ 43,038
Other Income	\$ 18,047
Total	\$1,209,826



### Unrestricted Funds Expenses

FY 2009 (USD)	Expenses <sup>6</sup>
Administrative Costs	\$198,999
Center Services	\$73,084
Development	\$121,168
Education	\$119,052
The Foundation Store	\$177,618
Information Services	\$113,423
<i>Mandala</i>	\$90,630
Lama Zopa Rinpoche's CA Office	\$41,644
Other	\$7,165
Total	\$942,783



<sup>4</sup> A description of these departments can be seen on the website at: <http://www.fpmt.org/organization/descriptions.asp>

<sup>5</sup> Investment income includes any gains or losses in the value of investments during the year. FPMT Inc. has adopted SFAS No. 124, Accounting for Certain Investments held by Not-for-Profit Organizations. Under SFAS No. 124, investments in marketable securities with readily determinable fair values and all investments in debt securities are reported at their fair values in the statement of financial position. Unrealized gains and losses are included in the change in net assets.

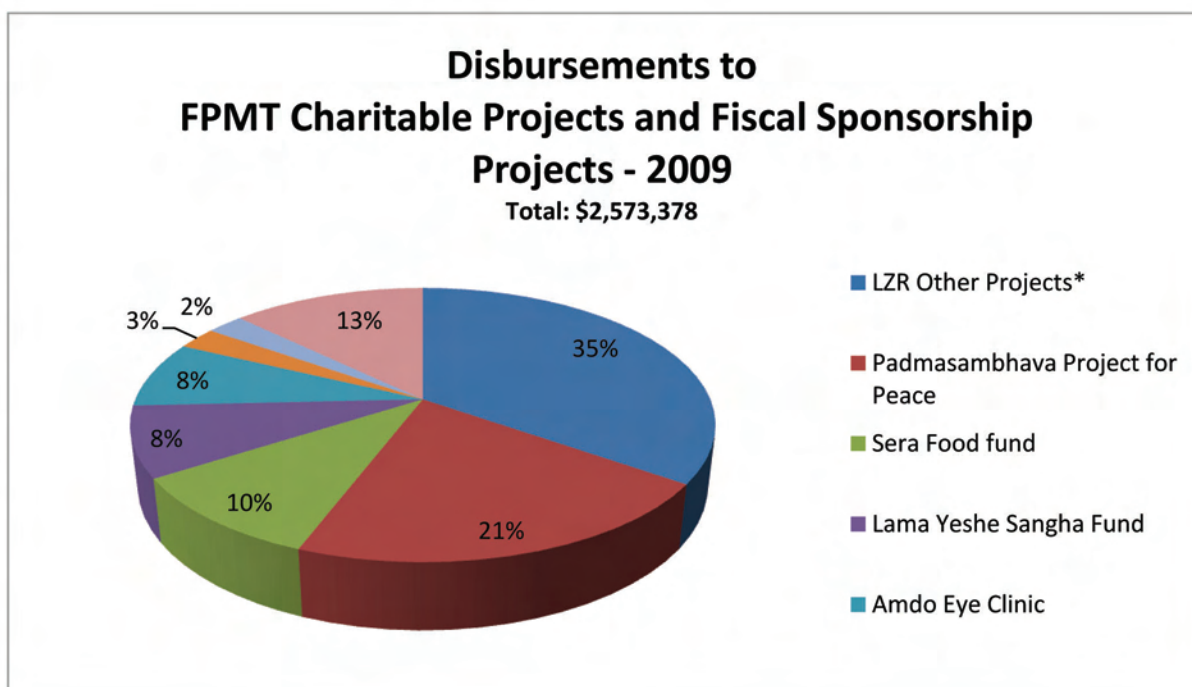
<sup>6</sup> These expenses exclude depreciation and are subject to adjustments (such as interfund offsets) during our annual audit, by Respass and Respass, PC.



# FPMT'S CHARITABLE PROJECTS AND FISCAL SPONSORSHIP PROJECTS - 2009

Details of Disbursements to FPMT Charitable Projects	2009
PROJECTS	(\$USD)
LZR Other Projects*	\$894,081
Padmasambhava Project for Peace	\$542,015
Sera Food Fund	\$260,126
Lama Yeshe Sangha Fund	\$214,712
Amdo Eye Clinic	\$203,046
Merit Box Fund	\$67,262
FPMT Mongolia	\$63,082
Other Charitable Projects:	
Online Learning	\$53,942
Work A Day Project	\$49,635
FPMT Puja Fund	\$35,732
LRCM Lam Rim Chen Mo	\$30,600
Lama Tsong Khapa Fund	\$28,609
Stupa Fund	\$28,568
Lama Osel Support	\$20,538
Education Scholarship and Projects Funds	\$20,000
Sakya Initiations <sup>7</sup>	\$15,448
Maitreya Statue Project	\$11,508
KZR Long Life Puja	\$11,478
Translations Fund	\$7,565
Prajnaparamita & Sanghata Sutra Writing	\$6,269
Animal Liberation Aptos	\$2,160
Lhasa Project	\$1,550
Aged Sangha Fund	\$1,547
Animal Liberation Sanctuary Nepal	\$1,510
WRH Development	\$1,143
Land of Calm Abiding	\$751
Prayers for Dead	\$502
Subtotal Other Charitable Projects	\$329,054
<b>TOTAL</b>	<b>\$2,573,378</b>

The following charts show the direct disbursements for 2009 to FPMT's Charitable Projects. The total amount of disbursements was \$2,573,378.



The figures presented in this report are the un-audited financial figures for 2009. They are subject to adjustments during our annual audit which is conducted by our auditor, Respress and Respress, PC.

\*Such as donations to Sera Lachi University, Drepung Monastic University, Domo Geshe House, Ghanapati Statue, 100,000 Mani Retreats for nuns, various pujas, and up to 11 sangha and ongoing offerings at Lama Zopa Rinpoche's house.

<sup>7</sup> Remaining money for this event came from monies held at Kopan Monastery.



# FPMT INTERNATIONAL OFFICE STAFF



The staff of FPMT International Office

President and CEO **Ven. Roger Kunsang**  
Executive Assistant to the CEO **Ven. Holly Ansett**

## FINANCE & ADMINISTRATION

Director of Finance **Sarah Pool**  
Human Resources, Administration and  
Development **Chuck Latimer**  
Administrator/Office Manager **Ugyen Shola**

## CENTER SERVICES

Director **Doris Low**

## EDUCATION SERVICES

Director **Merry Colony**  
Editor and Education Materials Services  
**Ven. Gyalten Mindrol**

## DEVELOPMENT

Director **Sherri Rita**

## THE FOUNDATION STORE

Manager **Diana Ospina**  
Order Fulfillment and Customer Service  
**Samten Gorab**  
Foundation Store Assistant **Dion Stepanski**

## MANDALA PUBLICATIONS

Managing Editor and Publisher **Carina Rumrill**  
Assistant Editor, Advertising & Sales  
**Michael Jolliffe**

## TECHNOLOGY

IT Manager **Brad Ackroyd**  
Web Developer **Adam Payne**





# THANK YOU!

International Office offers our deepest gratitude and appreciation to all FPMT centers, teachers, students, volunteers, benefactors and donors who supported us in 2009. Your kindness helps provide the tools and resources we need to preserve and transmit the unique and precious FPMT lineage for generations to come. The accomplishments listed in this year's review are yours.

International Office would like to recognize and deeply thank our very kind volunteers who gave their time and enthusiasm in 2009: All of the Sangha at Rinpoche's house, Ven. Nerea Basurto, Ven. Chantal Carrerot, Jean-Luc Castagner, Ivano Colombo, Denis Davis, Ven. Lobsang Déтчэн, Ven. Thubten Dondrub, Ven. Losang Drimay, Mark Evans, Megan Evart, Marly Ferreira, Noah Gunnell, Ven. Thubten Gyatso, Alexis Ben El Hadj, Don Handrick, Lise Hull, Veda Imig, Antoine Janssen, Ven. Amy Miller, Laura Miller, Ven. Ngeunga, Ven. Joan Nicell, Mary Oberdorf, Sharon Overbey, Nancy Patton, Nadia Perissinotti, Luis Portillo, Elea Redel, Barbara Sakamoto, Marc Sakamoto, Laurie Smith, Joan Solano, Ven. Sophia Su, Sherry Tillery, Harald Weichhart, Walter Wipfli, along with many others who helped in all big and small ways.

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Dedications at the pujas sponsored by Lama Zopa Rinpoche at the great monasteries throughout the year are made especially for purifying obstacles and creating merit for Dharma activity to flourish in FPMT as well as for all students, supporters, FPMT friends who are ill or have died, and for all those who have worked tirelessly and sacrificed so much to benefit the organization in different ways.

## HOW YOU CAN HELP

There are limitless opportunities to offer support to FPMT. From volunteering or taking teachings at your local FPMT center, to making a contribution to our charitable projects, to enrolling in our Friends of FPMT program, to participating in one of our education programs, to offering prayers and good wishes, your support and good heart allows us to continue our work. Please get in touch today. We would love to hear from you.

*May 2010 usher in an era of peace and loving kindness in  
your home, your country and the world.*



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