

# **FPMT ANNUAL REVIEW 2018**

## **LIVE WITH COMPASSION**

FOUNDATION FOR THE PRESERVATION OF THE MAHAYANA TRADITION

**LIVE WITH  
COMPASSION  
WORK WITH  
COMPASSION  
MEDITATE WITH  
COMPASSION**  
WHEN PROBLEMS COME,  
EXPERIENCE THEM WITH  
**COMPASSION**  
**DIE WITH  
COMPASSION**  
**ENJOY WITH  
COMPASSION**  
**PRACTICING**  
THIS GIVES YOU THE BEST  
HAPPY LIFE - IT FULFILLS  
ALL YOUR WISHES AND ALL  
LIVING BEINGS' WISHES  
FOR HAPPINESS



## A Letter from Our Spiritual Director

# LAMA ZOPA RINPOCHE

My most dear, most kind, most precious,  
wish-fulfilling ones,

From the bottom of my heart, thank you all numberless times for all your service, dedication, practice of holy Dharma with your body, speech, and mind, and for your devotion and good heart.

Here I wanted to give you this advice:

Lama Tsongkhapa said:

*By correctly serving the guru, the virtuous friend,  
The karma one has to experience in the evil gone realms,  
Instead one experiences as a small harm to the body and mind in this life,  
Or even in a dream and in this way the karma finishes.*

This means that the heavy karma that otherwise would have resulted in you being born in the lower realms, for so many eons, it all gets finished by serving the guru.

Also it is mentioned in *Kshitigarbha Sutra*:

*By correctly following the virtuous friend,  
The karma to wander in the evil gone realms for an unfathomable amount  
of time (ten million eons),  
As well as in this life to experience harm to the body and mind,  
Such as epidemics, contagious disease, famines, and so forth,  
All this gets totally purified by receiving a scolding, being teased, or even  
just having a dream.*

This means all those heavy negative karmas would have otherwise resulted in wandering in the evil gone realms for an unfathomable amount of time.

What happens if you are not aware of the most unbelievable benefits of correctly following the virtuous friend? If you are not aware and not thinking, then you think it is very bad, you regard it as very bad. But by recognizing and knowing these points then you understand that it is the most incredible

purification and way of collecting merits and actualizing the path. It makes it so easy to actualize the path and to achieve enlightenment easily and quickly. This is something to rejoice in and to feel incredible happiness about.

Then also remember Sakya Pandita's advice:

*Even though the beams of the sun are so hot,  
Without a magnifying glass they cannot produce fire.  
Just like that, the buddhas' blessings without the guru, cannot be received.  
In that way by pleasing the guru, you please all the buddhas.*

One's whole practice is serving the guru. Whether following advice; doing commitments; making offerings of flowers, water, lights, incense, which are done with so much devotion and respect to the Triple Gem; offering one's own time and practice, so every single thing that you do is service; then also offering other service such as being director, co-director, coordinator, spiritual program coordinator, bookkeeper, office person, cleaner, translator, book editors, and so forth, past and present—everything that you do is offering service.

By pleasing the guru, this pleases all the buddhas. You have to remember this everyday. That is what you are doing—day and night, every single thing that you do. It is so unbelievable. What more is there to do? It is unbelievable. You can rejoice in the skies of merits.

Of course I am not saying I am a Buddha at all. This is just for an example, how I think towards my gurus.

Then it says:

*The one embodied, all the Buddha, Dharma, Sangha,  
That is the guru, to you I go for refuge.*

Then the second quotation by Sakya Pandita:

*For one thousand eons if one practices the paramita,  
Such as making charity of one's heads, legs, hands, and so forth,  
Even the merits of that are dedicated for sentient beings,  
But in the guru's path you collect all these merits in just one second.*





Lama Zopa Rinpoche in the Peace Park at the Great Stupa of Universal Compassion,  
Bendigo, Australia, May 2018

Therefore, you should rejoice all day and night, for even one second of offering service or doing your practices. Then rejoice for however many seconds there are in the day time and night time, even when you are sleeping, which is taking care of yourself, in order to practice Dharma for sentient beings. So you can even rejoice in the night time.

If you understand this, you can't imagine, it is most unbelievable, most unbelievable, every second what happens to you, the most unbelievable benefits and merit that you collect. Therefore, serve and rejoice.

Then in the tantric text *Drops of Mudra* it says:

*As the fire burns wood and it turns to ashes in one second,  
Anybody who pleases the glorified guru,  
In one second burns the negative karma.*

*(This means all the incredible heavy negative karmas collected in the past.)*

This is the quickest way to achieve realizations of the path,  
And to achieve enlightenment. So you should enjoy most your life.

Since all the centers are very much involved in making offerings to the Buddha, Dharma, and Sangha, and offerings to holy objects, it is good to also know this.



Guru Shakyamuni Buddha explained to Bodhisattva Undefeatable:

*Brahmin Palden Mo offered one handful of sandalwood powder and sprinkled that on the holy feet of the Tathagata.*

*The Buddha then asked Bodhisattva Undefeatable, “Did you see that?” Then the Buddha said to Bodhisattva Undefeatable, “Because of the merits that Brahmin Palden Mo collected by making this offering, for 840 million eons she will not be reborn in the lower realms.”*

You have to understand that this is not only referring to offering sandalwood to the Buddha. Your understanding should expand to include all the rest of the different offerings that you do every day.

For instance, there are so many different water offerings, light offerings at the centers, flower offerings, incense offering, and so forth. So from every single offering made (water bowls, light, incense, and flowers) that is offered to the Buddha, you get this much benefit.

Then it's important to understand this, which is from the root text of Manjugosha:

*Manjushri said to Buddha: “At the moment, the object sentient beings make offerings to and collect merit with is you. After you pass away, what can they do? Please give advice.”*

*Then Buddha said: “There is not the slightest difference if my four surrounding beings (getsul, getsulma, gelong, gelongma) make offerings to me now or make offerings to my statues (in the future). It is equal in merit and the ripening aspect (result).*

*“That is due to the blessings of the Buddha. Undeveloped (ordinary) beings don't know this and that is why there are no Buddha statues in their world. Where are there no statues?*

*“In the outlying barbarian countries and where the teachings of the Buddha have degenerated (stopped). Therefore, non-Buddhists and animals do not see Buddha statues.*

*“Therefore, the statue is a manifestation of Buddha.”*

So you can see it is most unbelievable, unbelievable, unbelievable, unbelievable, unbelievable. Every day it is so unbelievable. You can collect so much merit, every day, even just in one day, with so many different offerings. You can create the karma to not be reborn in the lower realms for 840 million eons with each offering. You get benefits relating to this. This is not even mentioning

creating the cause of enlightenment with every offering, so many causes of enlightenment each day. This is without the need to mention that making offerings becomes the cause of enlightenment, by offering to every single thangka, painting, statue of Buddha. It is unbelievable, unbelievable, most unbelievable. There is no time for depression, no space.

A quote from Buddha from the *Sutra Requested by Lodro Gyatso*:

*The thought of completed purification realization (the bodhichitta) and preserving Dharma,  
Practicing the holy Dharma and generating compassion from the heart,  
These four Dharmas have infinite qualities, the end of these is not spoken by Buddha.*

*(This means the benefit is limitless.)*

This quote is related to having compassion for animals and insects. Each time you do this you create the most unbelievable good karma, limitless. This brings you to full enlightenment, besides bringing so much happiness and peace to the insects and animals.

This is making all the buddhas and bodhisattvas most pleased and happy. This is the best meaning of your life.

Buddha said:

*Any sentient being who, during the period of my teachings, makes charity well (even if the material is the size of a hair), for 80,000 eons there will be great results of great enjoyment:*

*No pain, no disease, and enjoyment of happiness.*

*Like that, one will be enriched with the desirable things.*

*At the end, you can actually achieve the result: the peerless cessation and completion (enlightenment).*

With much love and prayers,

Lama Zopa

Please keep this and read regularly.

*Colophon:*

*Scribe Holly Ansett, Buddha Amitabha Pure Land, Washington, US, August 2018. Lightly edited for inclusion in the 2018 FPMT Annual Review.*





Rinpoche offering perfume to each of the Sixteen Arhats in the garden of Thubten Shedrup  
Ling, Bendigo, Australia, May 2018





His Holiness the Dalai Lama with Lama Zopa Rinpoche and Ven. Roger Kunsang, accompanied by Ven. Lhundup Topgye and Ven. Thubten Tendar. Ven. Roger gave a presentation on the extensive activities of the FPMT organization to His Holiness, Dharamsala, India, August 2018. Photo courtesy of the Office of His Holiness the Dalai Lama.

## A Letter from Our CEO

# VEN. ROGER KUNSANG

Dear Friends,

Another year gone. The year 2018 began while Rinpoche was in India. We traveled then to Nepal, back to India, and then on to Australia for the six-week retreat at the Great Stupa of Universal Compassion in Bendigo. It has been eight years since Rinpoche had a severe stroke there, while giving the Yaman-taka initiation before the proposed beginning of the Rinchen Gyatsa set of initiations. In 2018, the Rinchen Gyatsa initiations actually started and will continue over the coming years.

The retreat in Bendigo was inspiring! It's a real blessing to receive the teachings and initiations in a retreat environment. It's amazing and inspiring to see what Rinpoche has been able to achieve, given the effects of the stroke. Rinpoche's health is good now. Rinpoche is paying close attention to his diet, having become vegan and avoiding all oil.

From Australia, we traveled to the United States, then India again, followed by Singapore, Spain, Germany, and Switzerland. We returned to Kopan Monastery in Nepal in December 2018, where Rinpoche taught at the Kopan Course. (For more details on Rinpoche's activities in 2018, see page 8.) It was Rinpoche's 50th one-month meditation course! And the 51st at Kopan! Quite an achievement.

These one-month meditation courses at Kopan are what gave birth to the FPMT, along with the skillful guidance of Lama Yeshe. Students attending these courses went back to their own countries and shared the Dharma, starting in their living rooms and slowly developing into centers.

Now there are 164 centers, projects, and services in 40 countries. We have 43 highly qualified resident geshees and 15 resident non-Tibetan teachers. We also have several geshees who are traveling around teaching and 251 registered teachers.

Rinpoche created a quote:

*"Live with compassion, work with compassion, meditate with compassion, when problems come experience them with compassion, die with compassion, enjoy with compassion, practicing this gives you the best happy life— it fulfills all your wishes and all living beings wishes for happiness."*

In essence, that's what we offer: the opportunity to cultivate compassion towards all sentient beings. It's what the world needs most, especially in the present times.

In 2018, the FPMT Inc. board approved an update to the FPMT Mission statement, to make it clear that Rinpoche is also a founder of the FPMT organization.

FPMT centers are built on the Five Pillars of Service, which are Dharma education, Universal Education for Compassion and Wisdom, interfaith activities, social and community service, and income generation, which is non-Dharma activities that benefit or help others while giving a center a source of income.

Engaging like this is a great service to the world. So many friends are involved in many ways and working hard to support this happening. Around the world, there is so much generosity and hard work going on in the service of compassion. When you stop and think about what we do worldwide it's amazing and inspiring, and worth rejoicing about! We're making a truly great contribution toward creating a better, more compassionate world.

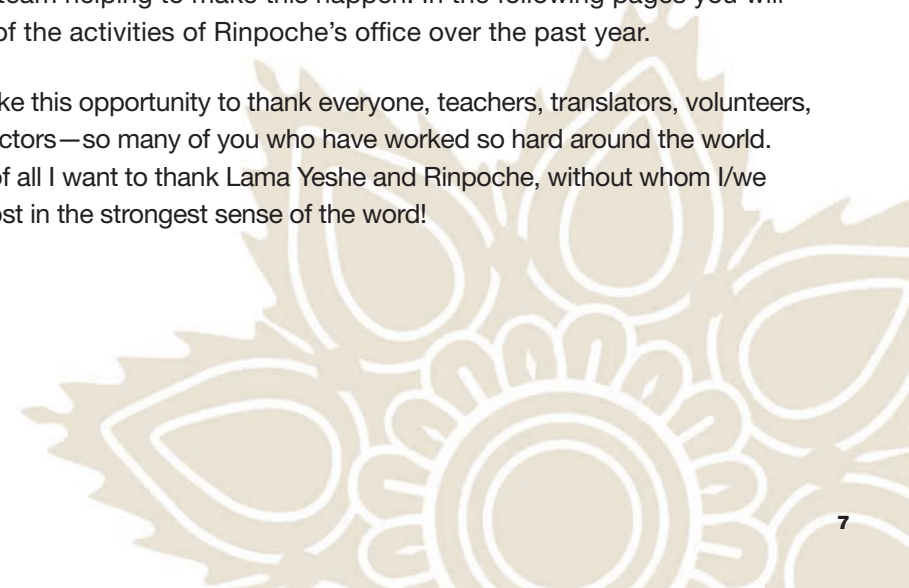
FPMT International Office is Rinpoche's office, helping Rinpoche to coordinate and manage all this amazing international activity. In the office we have a very dedicated team helping to make this happen. In the following pages you will see some of the activities of Rinpoche's office over the past year.

I want to take this opportunity to thank everyone, teachers, translators, volunteers, and benefactors—so many of you who have worked so hard around the world. And most of all I want to thank Lama Yeshe and Rinpoche, without whom I/we would be lost in the strongest sense of the word!

Rejoice!

Sincerely,

roger





# LAMA ZOPA RINPOCHE'S 2018

Lama Zopa Rinpoche spent 2018 as he spends most years, traveling around the world giving teaching and doing practices in order to benefit FPMT students and all sentient beings. In addition to the main charitable activities Rinpoche supports (see page 17), Rinpoche offered robes to all ordained resident teachers and key touring teachers within the FPMT organization.

For most of January 2018, Rinpoche was in India. Rinpoche attended the teachings with His Holiness the Dalai Lama in Bodhgaya. His stay was hosted by **Root Institute**. While there, a special long life puja based on White Tara was offered to Rinpoche by Khadro-la (Rangjung Neljorma Khadro Namsel Drönme). Rinpoche attended Root Institute's 30th anniversary celebration, which was also attended by His Eminence Ling Rinpoche, Khadro-la, Dagri Rinpoche, Serkong Tsenshab Rinpoche, Ribur Rinpoche's reincarnation, Geshe Sengye's reincarnation, Richard Gere, and many others. Then Rinpoche traveled to Tso Pema, a holy site associated with the 8th-century Indian Buddhist master Padmasambhava, or Guru Rinpoche, to receive oral transmissions from Khenpo Thinle Dorjee, the abbot of Zigar Monastery.

In early February, Rinpoche traveled to **Kopan Monastery** in Nepal, where he celebrated Losar,

## RECITATIONS FOR RINPOCHE'S GOOD HEALTH

Based on the advice of Khadro-la, 15,249.5 recitations of the *Diamond Cutter Sutra* and 19,265 recitations of *Dependent Arising: A Praise to Buddha* were completed in 2018 by students for Rinpoche's good health.



Rinpoche and  
Khadro-la, Root  
Institute,  
Bodhgaya, India,  
January 2018





Rinpoche at  
Buddha Amitabha  
Pure Land,  
Washington, US,  
July 2018





Tibetan New Year. During the 15 Days of Miracles, Rinpoche went on pilgrimage to Maratika Cave, a sacred cave of Padmasambhava associated with longevity. He then traveled to rural Pakarbas, in Nepal's Ramechhap District to consecrate a newly built 45-foot (14-meter) tall Enlightenment Stupa with Losang Namgyal Rinpoche, who is the head lama of Nepal's Tamang people and also a Kopan monk. Rinpoche next went to Pokara. While there he blessed food and water for the fish and living beings in the area's lakes and visited the Jampaling Tibetan Settlement.

In early March, Rinpoche traveled by helicopter to a village in Taplejung District in northeastern Nepal to participate in a three-day event for world peace attended by approximately 5,000 people. Rinpoche gave a teaching and a White Tara long life initiation. During the event, which was organized by local people, 7 million Padmasambhava mantras were recited.

Rinpoche next visited **Tushita Mahayana Meditation Centre** in New Delhi, India. On March 10-11, Rinpoche gave teachings, including beginning oral transmissions of the *Golden Light Sutra* and of *The Method to Transform a Suffering Life into Happiness (Including Enlightenment)*. Rinpoche then went to Mundgod in South India, where he received the Kalachakra lungs from Jhado Rinpoche at Ganden Monastery.

At the end of March, Rinpoche traveled to Bendigo, Australia, where he led the six-week *Bodhicaryavatara* and Rinjung Gyatsa retreat at the **Great Stupa of Universal Compassion**. Rinpoche stayed at **Thubten Shedrup Ling Monastery** during the retreat and also visited **Atisha Centre**, which is adjacent to the Great Stupa. Retreat participants reported having a very profound and precious experience, and that all the conditions had come together for deep and transforming practice. At the conclusion of the retreat more than 400 people attended the long life puja for Lama Zopa Rinpoche on May 12 at the Great Stupa. While in Australia, Rinpoche also taught at **Buddha House** in Adelaide, **Chag Tong Chen Tong Centre** in Hobart, and **Chenrezig Institute** in Eudlo, where Rinpoche celebrated Saka Dawa.

In June, Rinpoche made a request on Saka Dawa for prayers and practices to be done for the success of fulfilling all of His Holiness the Dalai Lama's wishes and to benefit Tibet. The request received an excellent response: 340,941 recitations of the *Mantra Promised by the Arya Mother Liberator Herself* and 7,298 *Four Mandala Offering to Tara* pujas were done by July 12.



Lama Zopa Rinpoche with Richard Gere,  
Madrid, Spain, October 2018





While in the United States in August, Rinpoche began giving an oral transmission of the 8000 verse *Prajnaparamitra Sutra* at **Maitripa College** in Portland, Oregon. This was followed by a visit to **Kurukulla Center** in Boston, where Rinpoche offered teachings as well as Red Tara and Vajrasattva jenangs. Rinpoche also had a brief visit to his home, **Kachoe Dechen Ling**, in Aptos, California, for annual medical checkups. While there, Rinpoche invited H.E. Ling Rinpoche, who was on a West Coast tour, to stay one night at Kachoe Dechen Ling. Lama Zopa Rinpoche gave H.E. Ling Rinpoche a tour of the holy objects at the house. Dinner was offered to H.E. Ling Rinpoche and after dinner both rinpoches did protector prayers together.

Lama Zopa Rinpoche visited **Tushita Meditation Centre** in Dharamsala, India, from August 29 to September 8 and gave teachings. While Rinpoche was in Dharamsala, he and Ven. Roger Kunsang offered a presentation on the FPMT organization to His Holiness the Dalai Lama, which was well received.

Rinpoche next went to Singapore for three weeks of events in September. A throng of students from **Amitabha Buddhist Centre** welcomed Rinpoche at the airport with khatas and flowers. Highlights of Rinpoche's visit include offering the gold crown to the center's incredible Thousand-Arm Chenrezig statue, teaching on mind-training, offering an Amitabha Obtaining the Pure Land initiation, and beginning an extensive Lama Chopa commentary.

Rinpoche at Amitabha Buddhist Centre, Singapore, September 2018



Rinpoche traveled next to Europe, where his first stop was Madrid, Spain, from October 16 to November 3. The visit was organized by **FPMT Hispana**. Rinpoche taught in a conference hall in Madrid with more than 600 people at each weekend teaching. While Rinpoche was in Madrid, Tenzin Ösel Hita, the reincarnation of FPMT co-founder Lama Yeshe, visited Rinpoche with his son, Tenzin Norbu.

**Aryatara Institut** in Munich, Germany, hosted Lama Zopa Rinpoche November 3-12. During this time Rinpoche also attended the FPMT Europe Regional Meeting which was held at **Tara Mandala Center**, located in Landau, Germany. Rinpoche next taught in Bern, Switzerland, at an event organized by **Longku Center. Gendun Drupa Centre**, in Martigny, Switzerland, hosted Lama Zopa Rinpoche from November 14 until December 4. About 200 people attended Rinpoche's teachings in nearby Savièse that were organized by the center.

Rinpoche returned to **Kopan Monastery** in Nepal in the first week of December and taught at the one-month lamrim Kopan Course, attended by about 250 students from around the world. On December 17, a long life puja was offered to Rinpoche at Kopan on behalf of the entire FPMT organization. **Khachoe Ghakyil Ling Nunnery** organized a Guru bumtsog puja attended by Rinpoche and Sangha members of the monastery and nunnery. The puja features 100,000 tsog offerings to Padmasambhava and is done in front of an enormous Padmasambhava thangka that is displayed by the nunnery.

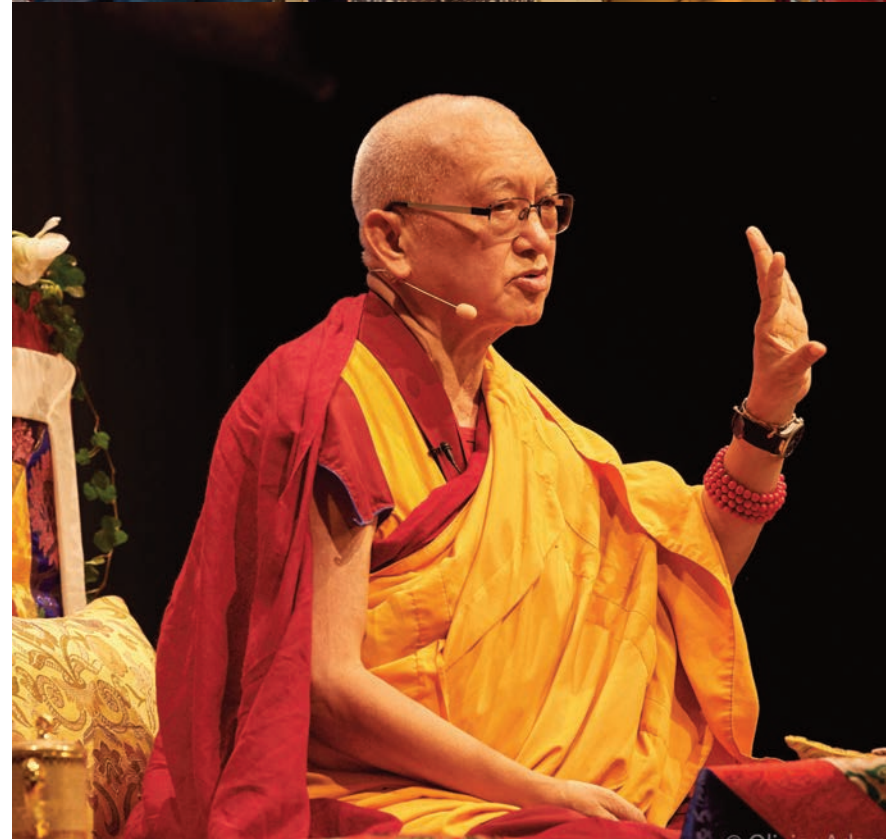
Rinpoche returned to Bodhgaya, India, on December 21 to attend teachings with His Holiness the Dalai Lama. Rinpoche stayed at **Root Institute**, where he participated in pujas, gave teachings, and made regular visits to the Mahabodhi Stupa to make offerings and to circumambulate.

**See more photos from Lama Zopa Rinpoche's 2018:**  
[fpmt.org/teachers/zopa/gallery/#2018](http://fpmt.org/teachers/zopa/gallery/#2018)

## RECOMMENDED ADVICE FROM RINPOCHE

For all new center directors, spiritual program coordinators, study group coordinators, and registered teachers, Rinpoche recommends reading and remembering his advice "[How To Make Your Life Most Beneficial For Sentient Beings, Even With Your Speech.](#)"

From top: Students carrying a White Tara statue being offered to Rinpoche during the long life puja at the end of the Australia retreat at the Great Stupa of Universal Compassion, Bendigo, Australia, May 2018; Rinpoche teaching in Savièse, Switzerland, November 2018.







Students offer  
khatas to  
Rinpoche at  
Aryatara Institut,  
Munich, Germany,  
November 2018



Audience at  
Rinpoche's  
teaching in  
Madrid, Spain,  
October 2018







H.E. Ling  
Rinpoche with  
Lama Zopa  
Rinpoche,  
Kachoe Dechen  
Ling, California,  
US, August 2018

## WHO WE ARE AND WHAT WE DO

The Foundation for the Preservation of the Mahayana Tradition (FPMT) is devoted to preserving and spreading Mahayana Buddhism worldwide by creating opportunities to listen, reflect, meditate, practice, and actualize the unmistakable teachings of the Buddha, and based on that experience, spread the Dharma to sentient beings. Every organization has its own distinctive culture, and in FPMT centers, projects, and services, reflected in policies, charitable giving, and educational programs, FPMT “Wisdom Culture” remains at the heart of all our activity. FPMT programs offer a comprehensive, experiential approach to study, practice, and service in the great educational tradition of Lama Tsongkhapa of Tibet as taught by Lama Yeshe and Lama Zopa Rinpoche.

FPMT, Inc. is a non-profit Buddhist organization incorporated in the State of California, US. There are more than 160 centers, projects, and services around the world that have entered into or are in the process of entering into affiliation agreements with FPMT, Inc.

Lama Zopa Rinpoche’s Office, or FPMT International Office, is based in Portland, Oregon, US, and provides the necessary framework for all FPMT activity; develops and delivers high quality education programs and materials; maintains several primary channels for communication; manages charitable projects key to FPMT’s mission; coordinates communication between Lama Zopa Rinpoche and the larger organization; and provides support to FPMT centers, projects, and services.





Students at Maitreya School, a school supported by  
FPMT Social Services Fund, in Bodhgaya, India



# FPMT CHARITABLE PROJECTS

*2018 was a year of incredible offerings made from FPMT Charitable Projects for the benefit of all beings.*

In 2018 FPMT Charitable Projects happily offered grants in several areas:

- Supporting ordained Sangha (US\$4,066,002)
- Supporting our lamas' compassionate work and offering long life pujas (US\$349,232)
- Offering stipends to the main teachers of the Lama Tsongkhapa tradition and sponsoring annual debates (US\$39,047)
- Supporting social service work in areas such as education, health care, the environment, and care for the elderly (US\$370,948)
- Supporting individuals and groups engaged in Buddhist practices and retreats (US\$27,228)
- Investing in Dharma study and the development of Buddhist education programs, Dharma practice materials, and translations (US\$930,572)
- Sponsoring holy objects such as statues, stupas, and prayer wheels (US\$473,092)
- Saving and liberating animals (US\$39,589)

Please join us in rejoicing in all of these beneficial achievements, which were made possible by FPMT Charitable Projects in 2018!

**Specific highlights of FPMT Charitable Projects grants include the following:**

- A new initiative, Protecting the Environment and Living Beings Project, was launched due to Lama Zopa Rinpoche's recent advice that specific pujas and practices should be done regularly to pacify harm from the elements and to protect those who would be affected.
- [The final handover of an endowment large enough to support the long-term health of the Sera Je Food Fund was completed.](#) Interest from this

endowment covers the entire annual cost for offering three nutritious meals daily to all the monks of Sera Je Monastery. This is a massive achievement and will continue 26 years of offering daily meals to Sera Je monks. In total US\$5.3 million was granted to Sera Je Monastery for this endowment.

- US\$134,507 was offered to 6 elderly homes in India. Supporting Tibetan refugees is one way that FPMT can help repay the kindness and bravery of the Tibetan people. Some of these elders have access to no other means of support. Since 2015, US\$555,585 has been offered to the care of elderly Tibetans in this way.
- Understanding that education is key for breaking the cycle of poverty, support totaling US\$104,423 was offered to 6 schools providing education to vulnerable children in India, Nepal, and Mongolia. Since 2012 US\$580,029 has been offered toward quality education in these areas.
- A beautiful stupa measuring 46-foot (14-meter) tall by 54-foot (16.5-meter) with a large prayer wheel inside was completed in Thame in the Solu Kumbu region of Nepal. The new stupa is located close to the site of a previous stupa that was destroyed by the 2015 earthquake. This stupa, filled with holy objects, will bring ongoing benefit to all sentient beings who make contact with it and provide hope and a way to create merit in an area devastated by natural disaster. Grants totaling US\$290,458 have been offered from the Holy Object Fund for this project.
- A stupa at Thubten Chöling in Chailsa, Nepal, which will house the holy body of the late Kyabje Trulshik Rinpoche, was completed thanks to a grant of US\$30,000.
- US\$44,100 was offered to the Liberation Prison Project for programs that support people in prison in the United States, Australia, New Zealand, the United Kingdom, France, Italy, and Mexico who wish to study and practice Buddhism.
- On the 4 great Buddha holy days, the FPMT Puja Fund sponsors up to 15,650 Sangha to offer specific pujas and engage in particular practices selected by Lama Zopa Rinpoche and dedicated to the long life of His Holiness the Dalai Lama and to the success of all the FPMT centers, projects, services, study groups, students, benefactors, and those serving the organization in any way, as well as all beings. These pujas, practices, and offerings cost US\$77,303 in 2018.





Magnificent stupa in Thame, Nepal, sponsored  
by the Holy Objects Fund



- Weekly animal liberations were sponsored at Lama Zopa Rinpoche's residences in California and Washington State. Sangha offer the practice of animal liberation dedicated to anyone who is sick, dying, or having life obstacles, and extensive prayers are made for the long life of His Holiness the Dalai Lama and Lama Zopa Rinpoche. In addition, extensive animal liberations were offered in Singapore and the United States, where tens of thousands of animals were liberated for Lama Zopa Rinpoche's health and also for Rangjung Neljorma Khadro Namsel Drönme's health. These liberations cost US\$39,589.
- For 7 years, the Practice and Retreat Fund has sponsored individuals to complete over 700 nyung nä retreats at Institut Vajra Yogini in France.
- Thanks to a substantial grant offered in 2017 and 2018 from the Supporting Ordained Sangha Fund, Rolwaling Monastery in Nepal, near the Tibetan border, completed rebuilding their gompa, which was nearly destroyed in the 2015 earthquake.
- US\$93,760 was offered toward the building of a gompa, reception area, offices, and library for Dorje Pamo Monastery, a new nunnery for approximately 12 FPMT nuns in the South of France.

FPMT Charitable Projects also invites you to rejoice in the incredible achievements of many other projects happening within the international FPMT organization. Of particular note:

- The Great Stupa of Universal Compassion in Bendigo, Australia, an unprecedented achievement in holy object creation for the organization, is now completed up to level 6 and the remaining work of the placing the 13 rings on the very top of the stupa is next.
- Work continues to actualize the Maitreya Buddha statues in Kushinagar and Bodhgaya.
- MAITRI Charitable Trust continues to offer support to those with leprosy and the extremely poor as well as help animals in Bodhgaya.
- Root Institute in Bodhgaya continues with its social service initiatives: the Maitreya School, a free school benefiting impoverished children from neighboring villages, and Shakyamuni Buddha Health Care Clinic, a medical hub that offers help to those most in need in Bodhgaya and surrounding areas.
- Lamp of the Path, part of Ganden Do Ngag Shedrup Ling, continues offering social services to some of the poor and homeless living in Ulaanbaatar, Mongolia, with a soup kitchen and free health care.

All of this is made possible due to the kindness of so many who donate and work for these projects.

**See the 2018 Charitable Projects disbursement on page 30. For more on our projects, visit us online: [fpmt.org/projects/fpmt/](http://fpmt.org/projects/fpmt/)**



From top: Elderly Tibetan woman in a home supported by the Social Services Fund, India; 108 nyung nä retreat participants, Institute Vajra Yogini, France, June 2018. This yearly retreat is supported by the Practice and Retreat Fund.





Lama Zopa Rinpoche holding a copy of *The Method to Transform a Suffering Life into Happiness*, available as pre-printed booklets, in ebook formats, and by print-on-demand, Aryatara Instituut, Munich, Germany, November 2018

## FPMT EDUCATION SERVICES

FPMT Education Services develops, reviews, and constantly improves a range of introductory to advanced Buddhist education programs available in FPMT centers and online; publishes practice materials in digital and hard copy formats; works with translators and editors to translate crucial texts; and oversees the registration process for and provides support to non-Tibetan teachers.

### 2018 HIGHLIGHTS

#### EXPANDING DIGITAL DHARMA

FPMT Education Services spent 2018 expanding our digital education offerings, ensuring that timeless Dharma is as accessible and relevant as possible. In addition, for events such as the 2018 retreat in Australia with Lama Zopa Rinpoche, we were able to quickly update materials digitally and make them available to retreat participants in real time. It is our hope that in the future digital formats of retreat materials will become more popular and thereby reduce excess printed Dharma and the expense for both hosting centers and students.

Scores of education materials—prayers, practices, and cards—were converted into digital formats offered on FPMT.org and in the Foundation Store, and through giant global distributors such as Amazon and Apple. And for those who acquire materials online but still appreciate printed books, preliminary steps have been taken to prepare many popular materials—such as *The Method to Transform a Suffering Life into Happiness*—for Kindle Direct Publishing, an Amazon print-on-demand service.

Key education web pages for prayers, practices, mantras, and the *Sutra of Golden Light* on FPMT.org were updated to offer a fresh look and increased navigability, particularly for smartphone and tablet users. And this year, more audio and video—such as Ven. Thubten Dechen's chanting of *Lama Chopa Jorcho*—were offered on FPMT.org as an invaluable learning resource.

In addition, 43 prayers, practices, and other materials were newly released, translated into new languages, revised, or published as ebooks, including *The Method to Transform a Suffering Life into Happiness* and its commentary; *A Brief Meditation-Recitation on Guru Medicine Buddha*; and *How to Do the Great Festival of His Holiness's Birthday in the Best Possible Way*.



## EDUCATION PROGRAMS

Online introductory programs *Buddhism in a Nutshell* and *Buddhist Meditation 101* were completely revised on the Online Learning Center ([onlinelearning.fpmt.org](https://onlinelearning.fpmt.org)) to offer students a fresh and more integrated learning experience and to make it possible to access all materials on a smartphone or tablet. “This is far from my first time picking up *Buddhism in a Nutshell*,” one student commented, “but I am certainly enjoying it more than any of my previous attempts. I feel that this new way of presenting the material after the update is much more efficient. Thank you!”

Istituto Lama Tzong Khapa (ILTK) completed a third round of *Basic Program* with a review online and the final exam. A new study guide—*Answer Key for the Basic Program Review Questions*—makes it much easier for centers to facilitate the *Basic Program* three-month review in preparation for the final exam. Many ILTK participants have already fulfilled the retreat requirement for the program and have graduated.

“... I am very thankful for the awareness the Buddha and his teachings have made possible for me in this life. A deeper connection, understanding, and practice are my motivations for participating in this course. Thank you all at FPMT for making this possible!”

“... My last stop was Kopan Monastery in Nepal and I felt a connection to the practice I had never felt before. I took refuge there and began researching what FPMT had to offer in order to keep a practice going. ... I have recently finished the *Buddhist Meditation 101* course to solidify my foundation before proceeding to the *Discovering Buddhism* course. Thank you for what you do so these programs can exist!”

## TRANSLATIONS

Translation Services translated, edited, and reviewed many important texts. Some new translations, such as *The One Hundred and Eight Names of Arya Kshitigarbha and the Dharani Mantra*, were requested by Lama Zopa Rinpoche, while others, such as the *Prayer of Auspiciousness from the Mani Kabum* and *Prayer to Chenrezig, Compassionate-Eye-Looking One* were translated by Rinpoche himself. Examples of other translations completed this year include the abbreviated Vajrayogini self-initiation and tsog texts and *Torma Offering to the Landlord Spirits*.

A new translation of Maitreya’s *Sublime Continuum of the Mahayana* was completed for the *Basic Program*, together with the translation of Gyaltsab Je’s commentary on the first 22 verses of the first chapter of the text. The new translations were edited and integrated with already existent translations by Education Services.

Christian Charrier completed the French translation of Gendun Drub’s *Clarifying the Path to Liberation: An Explanation of the ‘Treasury of Manifest Knowledge’* and Ven. Jesús Revert (Champa Shenpen) completed a Spanish translation of Chapter 4 of the same text. Both are significant translations for the *Masters Program*, which is implemented in several languages at Nalanda Monastery and ILTK.

A review was made of the *Preferred Term Glossary*, a dynamic document that helps standardize the FPMT translation of technical Dharma vocabulary. The glossary currently contains over 1,000 entries.

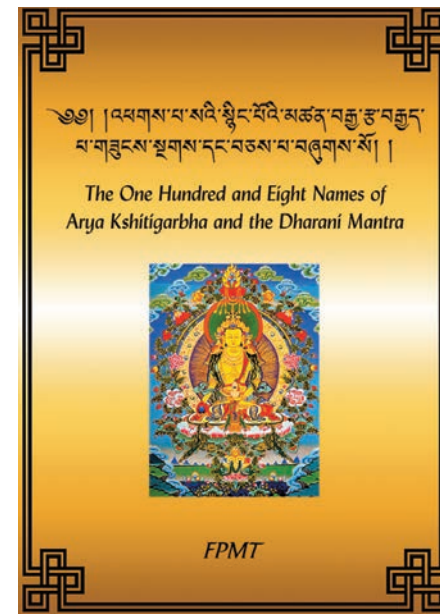
## TEACHERS

A teacher services coordinator now supports the Teacher Registration Committee, which helps ensure FPMT centers, projects, and services have access to qualified Dharma teachers. This year, 26 people were added to the FPMT Registered Teachers List.

There are 37 resident geshees teaching at FPMT centers worldwide, including 2 new geshees this year. They are joined by 15 non-Tibetan resident teachers, including 3 new teachers this year.

*FPMT Education Services would like to offer special thanks to Khensur Jhado Rinpoche, Geshe Ngawang Dakpa, and Gyume Khensur Rinpoche Lobsang Jampa for their assistance this year.*

[fpmt.org/education/](https://fpmt.org/education/)







South East Asian Regional Meeting participants,  
Amitabha Buddhist Center, Singapore, September 2018

## CENTER SERVICES

With the help of regional and national coordinators, Center Services assists FPMT centers, projects, services, and study groups—which are probationary centers, projects, and services—establish and sustain good governance structure to support the preservation of the Mahayana tradition now and into the future. We facilitate communication between Lama Zopa Rinpoche and FPMT centers, projects, and services; coordinate Rinpoche's teaching schedule; and facilitate the placement of resident geshe and teachers at centers.



## 2018 HIGHLIGHTS

At the end of 2018, there were 164 centers, projects, services, and study groups in 40 countries worldwide that are under the spiritual direction of Lama Zopa Rinpoche and FPMT International Office. This includes 6 new study groups.

In order to support and connect the directors, board members, spiritual program coordinators, and study group coordinators of these FPMT entities, 3 regional and 7 national meetings were organized by local, regional, or national coordinators.

### FPMT SERVICE SEMINARS

FPMT Service Seminars provide support and training to those offering service, and those wishing to offer service, within FPMT centers, services, and projects.

- 3 Foundation Service Seminars (FSS) were hosted in 3 countries (Mexico, UK, and US), graduating 58 students from all over the world. Participants shared about the FSS:

*"It was inspiring to see and feel that we are many changemakers in FPMT, using our skills to build up a culture of compassion and peace, and benefit others."*

*"It has helped me understand my role in the organization, and how I can better integrate my spiritual journey with service in the center."*

*"Seeing the big picture—it's really, really big!"*

- There are 15 registered facilitators offering the FSS in 4 languages. This includes 3 new FSS registered facilitators.



European regional meeting group participants, Tara Mandala Center, Germany, November 2018

- "Taste of the FSS" was developed to help centers understand the benefits of the full FSS and commit to host and participate in one.
- The new improved Teacher Development Service Seminar was launched in August 2018 with 13 graduates.
- The Inner Job Description (IJD) app was released in 5 languages other than English. In total there were 2,234 downloads and installs of the IJD app for iOS and Android in 2018.

### PROBLEM SOLVING

We recognize that it is essential that each individual offering service in an FPMT office, center, project, service, and study group, is held to a high ethical standard and protects those using the entity.

Following our reflection on how important it is that students understand our protection process, and in light of the very welcome attention being brought to teachers' ethical behavior via the news of sexual abuse cases in some Buddhist groups and the energy of #MeToo scrutiny, we created a new online resource: ["Problem Solving Within the FPMT Organization."](#)

#### Feedback we've received on this resource:

*"Just wanted to thank you for this. The ways in which FPMT is proactive in this area are wonderful!"*

*"Thank you so much for sending this out. I am so happy to see it! I am proud to be part of an organization that is taking preventative measures rather than waiting until something happens!"*





# COMMUNICATIONS, ONLINE MEDIA & TECHNOLOGY

## BRINGING RINPOCHE TO YOU LIVE!

We continued to improve online access to Lama Zopa Rinpoche's teachings through live video streaming and recorded video and audio.

- In 2018, FPMT International Office offered more than 125 live webcasts from 11 different teaching events in Bendigo, Hobart, and Eudlo in Australia; Portland and Boston in the United States; Singapore; Madrid, Spain; Munich, Germany; Bern and Savièse in Switzerland; and Kopan Monastery in Nepal.
- Ven. Joan Nicell transcribed these teaching live, often from Nepal, assisted by 14 on-site volunteer transcript checkers.
- During Rinpoche's tour of Spain, Germany, and Switzerland, centers received extensive support to livestream in multiple languages, resulting in 21 French, 13 Spanish, 21 Italian, and 13 German recordings of teachings.
- The essence of Lama Zopa Rinpoche's teachings was continuously captured in short videos excerpts, which we call "golden nuggets." In 2018, more than 100 such golden nuggets were produced.
- Unedited teaching transcripts now feature links to these golden nuggets when possible.
- FPMT International Office continued to increase our use of Asset Bank, a digital assets management system introduced last year, to archive and organize video, photos, and other digital media. In 2018, more than 2,500 new images were archived. Golden nuggets are now individually stored in the system, allowing staff to keep track of their publication and usage data.



***Find complete video, transcripts, and MP3 audio from Rinpoche's teaching events:***  
[fpmt.org/rinpochenow/](http://fpmt.org/rinpochenow/)

**From top:**

Ven. Holly Ansett and Alexis Ben El Hadj in the sound booth in the Théâtre le Baladin. The collection of computers shows the complexity of organizing multi-language live web streaming combined with remote live transcriptions; Ven. Sherab taking a photograph of Rinpoche during the teachings; Claudia Czuba checking the transcript of Rinpoche's teaching while Ven. Birgit Schweiberer translates, Savièse, Switzerland, November 2018.





## KEEPING IN TOUCH

- Our daily online blog, “FPMT News,” shared 250 news items and updates from FPMT Education Services, FPMT Charitable Projects, and FPMT Center Services as well as news and advice from Lama Zopa Rinpoche, including 26 golden nuggets. The daily email digest of the blog reached more than 3,500 subscribers.
- Our monthly e-newsletter, the *FPMT e-News (International Office News)*, was sent to 42,000 recipients and included updates from FPMT International Office and the broader FPMT organization.
- 10 new photo galleries were posted, documenting Rinpoche’s activities on 4 continents.
- Hundreds of thousands of people around the world connected with Rinpoche and FPMT through Facebook, Twitter, and Instagram.
- Our FPMT and CPMT egroups shared information with FPMT students and thousands of people working in service for the broader FPMT organization.

**Sign up to receive monthly and daily FPMT news:**

[fpmt.org/receive-our-newsletters/](http://fpmt.org/receive-our-newsletters/)

## GOING IN-DEPTH

*Mandala* magazine shares long-form articles, interviews, and stories of interest to students of Dharma. In 2018, we published 4 online feature stories, covering activities in Australia, India, Nepal, and Mongolia. In addition, we published 2 print issues of *Mandala* magazine.

*Mandala* July-December 2018 centered on the theme “Creating Harmony through our Thoughts and Actions,” opening up the conversation on how we cultivate an environment of peace and unity in our Dharma communities. We also shared an interview with the 104th Ganden Tri Rinpoche Lobsang Tenzin; an excerpt from His Holiness the Dalai Lama’s *The Life of My Teacher: A Biography of Kyabje Ling Rinpoche*; an interview with the new abbot of Sera Mey Monastery, Geshe Tashi Tsering, who served for twenty-four years as the resident teacher of Jamyang Buddhist Centre; the story of how an enormous 21 Taras thangka bring blessings of peace to our chaotic world; and fresh teachings from Lama Yeshe and Lama Zopa Rinpoche.

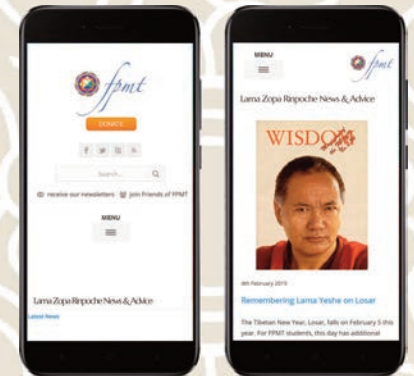
*Mandala* January-June 2019, published in December 2018, focused on the theme “Sustaining the Pure Unbroken Lineage of the Buddha’s Teachings in This World.” In this issue we shared a 21-page article documenting the history

and success of the Sera Je Food Fund and the extraordinary generosity of Lama Zopa Rinpoche and the supporters of the fund. We also published stories on the history of how the Tibetan monastic refugee community preserved the authentic Dharma after the profound upheaval of exile in India and on the kindness they demonstrated by persevering through unimaginable hardships. As always, we also published new teachings from Lama Yeshe and Lama Zopa Rinpoche.

[fpmt.org/mandala/](http://fpmt.org/mandala/)

## IMPROVING FPMT.ORG

A number of actions were taken in 2018 that dramatically improve our website speed, including switching our site to use the WP Rocket Cache plugin; lazy loading our webpage images; upgrading our site to use PHP 7.2; changing our PHP handler; and upgrading our servers to use high performance SSD drives. Our average page load time has decreased by more than half and most of our pages now load within .5 to 2 seconds.



Example of the FPMT.org webpage before and after changes.

Many changes were made to our mobile layout to bring the focus of a webpage’s content further above the fold (see example), making browsing on these devices significantly easier and more enjoyable.

## PROTECTING OUR INFORMATION TECHNOLOGY INFRASTRUCTURE

The privacy and security of user data, and our online and public IT infrastructure, is a priority for FPMT International Office. In 2018, significant resources were devoted to keeping our IT infrastructure safe, efficient, and up to date.

Our infrastructure was the target of a few minor cyberattacks that caused minimum downtime and no data loss. Although there has been an increasing number of attacks on small, medium, and large organizations, our infrastructure has been safe, with 99.9% availability.

We also updated our privacy policy to be more aligned with the EU General Data Protection Regulation (GDPR), ensuring increased user data protection and privacy.



# DEVELOPMENT

FPMT Development serves the supporters of the FPMT mission and works to ensure that FPMT International Office activities and projects have the financial resources they need for success. This is accomplished by offering daily assistance to supporters, providing channels to practice generosity, and inviting support to FPMT activities through annual giving campaigns.

This year, like every year, financial support was healthy and came from all parts of the world, with 3,123 contributors from 74 countries donating to FPMT Charitable Projects and International Office funds and activities.

## FRIENDS OF FPMT

The membership program of International Office is the biggest source of financial support for our activities and provides Friends of FPMT members open access to online studies, FPMT Education Services materials, Dharma ebooks, and *Mandala* publications.

In 2018, there were 1,015 active Friends of FPMT supporters, who contributed US\$255,105.

## GIVE WHERE MOST NEEDED FUND

This unrestricted fund provides support to any FPMT activity in need, including unexpected budget shortfalls or new projects in need of start-up resources. We end each year with a generosity campaign to build support for this fund.

519 people contributed \$83,329 in 2018.

## WORK A DAY FOR RINPOCHE

Held during the holy month of Saka Dawa each year, this generosity campaign encourages offering a day of work earnings (or whatever one can give) in direct support of Lama Zopa Rinpoche's International Office and his vision for FPMT, creating great merit. This two-week drive draws the most participation of our three annual generosity campaigns.

407 "workers" made offerings to Work a Day for Rinpoche, raising US\$51,092 for the year.

We also encourage recitations of the *Golden Light Sutra* as another means of participating, and we had more than 200 complete recitations reported during the Saka Dawa drive.

## THE INTERNATIONAL MERIT BOX PROJECT

"Merit Boxes" sit on altars, in center lobbies, and in FPMT students' homes all over the world, fostering generosity practice and accumulating resources that are collected by International Office and disbursed as grants to local FPMT communities and projects that work for our mission. After 17 years, Merit Box offerings have provided more than US\$1 million to help a wide variety of Dharma activities across the globe.

17 grants totaling US\$33,490 were disbursed in 2018 to help with book publications, center repairs, acquiring holy objects, retreat scholarships, and more.

*"Thank you for this precious opportunity to keep supporting FPMT. I feel so very fortunate to be part of this organization."*—Ven. Gyalmo



WORK A DAY   
for RINPOCHE

[fpmt.org/fpmt/friends/friends-of-fpmt/](http://fpmt.org/fpmt/friends/friends-of-fpmt/)



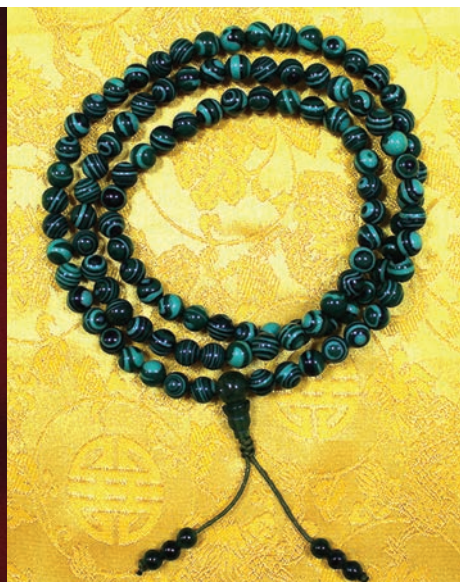
# THE FOUNDATION STORE

The Foundation Store is FPMT's online shop with a vast selection of Buddhist study materials in accordance with the lineage of our gurus. These items include homestudy programs, prayers and practices, and materials for children, as well as a variety of meditation supplies and other resources to support practitioners with their practice and to help them deepen their studies.

The purpose of the Foundation Store is not to create profits, but to serve practitioners. Proceeds from sales are carefully categorized and calculated to ensure that income from Dharma items is used to make more Dharma available and to further the charitable mission and projects of FPMT International Office. We carefully follow the Buddhist principles for the use of Dharma income and any payments for salaries or food expenses are excluded when calculating the net Dharma proceeds from the Foundation Store.

## 2018 HIGHLIGHTS:

- More than 6,000 different customers ordered a total of 45,600 individual items, a 25 percent increase from 2017. Of these individual items, 14,000 were downloaded for free.
- The store distributed 3,800 hard copy books, prayers, and practices; 15,500 digital PDFs and ebooks; 1,500 education programs; 2,500 audio and video items; 12,000 cards, posters, and calendars; and 6,400 holy objects and meditation accessories, including 1,700 ritual items, 1,200 pendants, and 1,500 packages of incense and incense burners, among other meditation supplies.
- To overcome higher shipping costs and to better serve our community, we offered many of our prayers and practice books in e-reader formats. As of



year end, the shop has more than 300 downloadable practices. 95% of FPMT hardcopy booklets are now available in ebook and PDF formats and all FPMT audio files can be downloaded in an instant.

- Service continues to be the heart of our work. Immediate response to inquiries and prompt delivery remains our number one goal year after year.

## FEEDBACK FROM STUDENTS:

*"I want to thank you for all the precious gems you share with the world for free. It's a great service to people like students and others who cannot afford the books or don't have a credit card to make a donation."—Karan S.*

*"I received my order today. I ordered Essential Buddhist Prayers Volume 1 the day before yesterday. It arrived in perfect condition and was packaged with care. Thank you for this opportunity to have this precious resource available to me and may I deepen my practice, devotion, and compassion, and move towards enlightenment for the benefit of all beings."—William S.*

[shop.fpmt.org](http://shop.fpmt.org)



# FINANCES FISCAL YEAR 2018

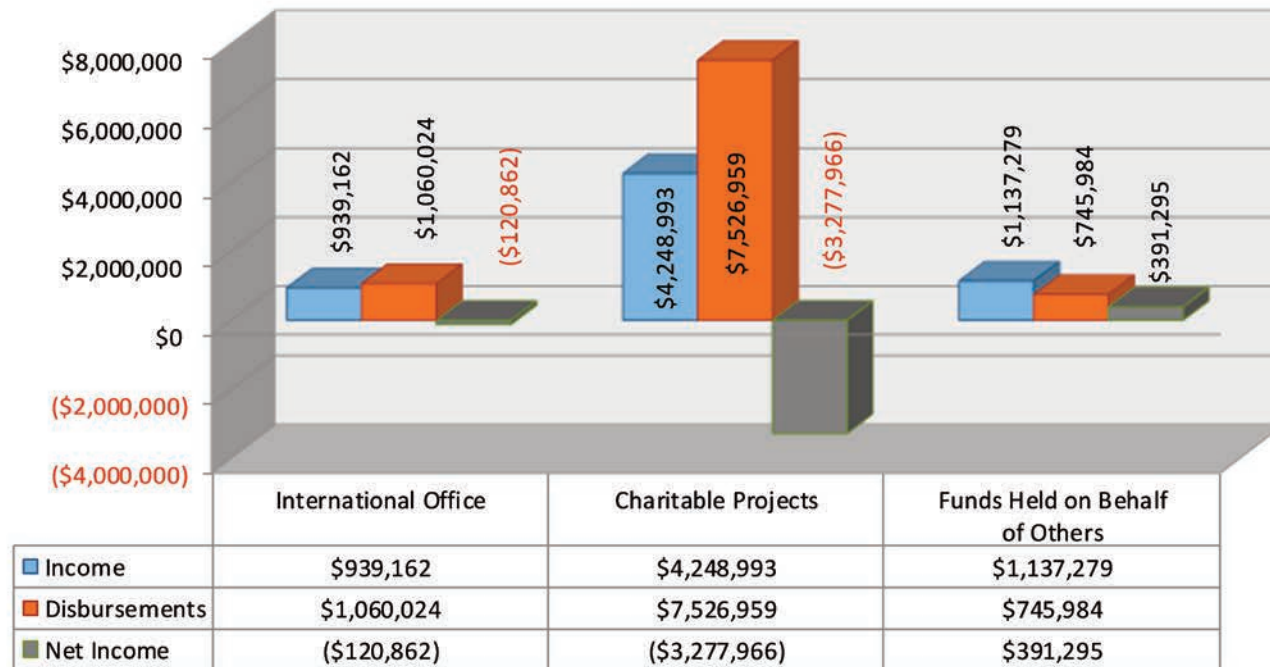
FPMT International Office is responsible for managing and supervising the finances of the Foundation for the Preservation of the Mahayana Tradition, Inc. (FPMT, Inc.) as directed by its Board of Directors.<sup>1</sup> Finances are divided between general funds (unrestricted) and funds designated for specific charitable projects (restricted funds).<sup>2</sup>

In 2018, total unrestricted operating income for International Office was US\$939,162, and total operating expenses were US\$1,060,024 resulting in an operating deficit of US\$120,862.<sup>3</sup>

In 2018, the total restricted income for the Charitable Projects was US\$4,248,993, and the total disbursements and expenses for credit card and administration fees were US\$7,526,959.

FPMT also processes and manages funds on behalf of others, and in 2018 these funds had an income of US\$1,137,279 and disbursements of US\$745,984.

**FPMT Inc - Overview of Income and Disbursements: Jan-Dec 2018**



<sup>1</sup> Foundation for the Preservation of the Mahayana Tradition, Inc. (abbreviated as FPMT, Inc.) is the legal entity of FPMT International Office. The terms FPMT, Inc. and International Office are interchangeable. In practical terms, the International Office functions and serves as Lama Zopa Rinpoche's office, therefore the guidance of our Spiritual Director is implicit.

<sup>2</sup> Restricted funds include all the charitable projects of FPMT, Inc. as outlined on our website in addition to certain other charitable projects as directed by Lama Zopa Rinpoche and the Board of Directors.

<sup>3</sup> Operating expenses exclude unrealized losses on investments of \$453,353 and depreciation of \$112,194.



# UNRESTRICTED FUNDS INCOME AND EXPENSES 2018

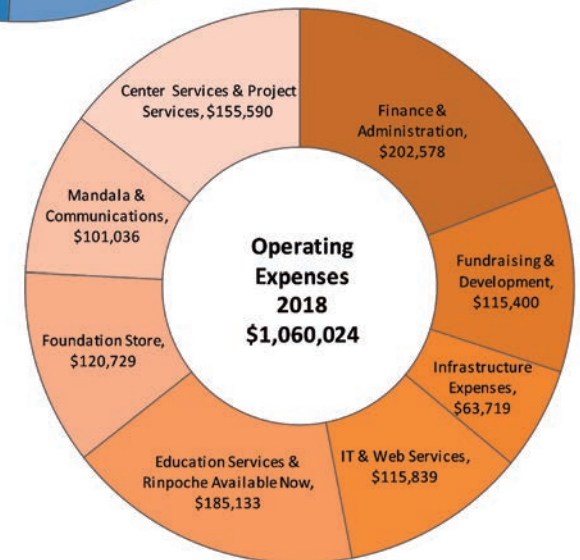
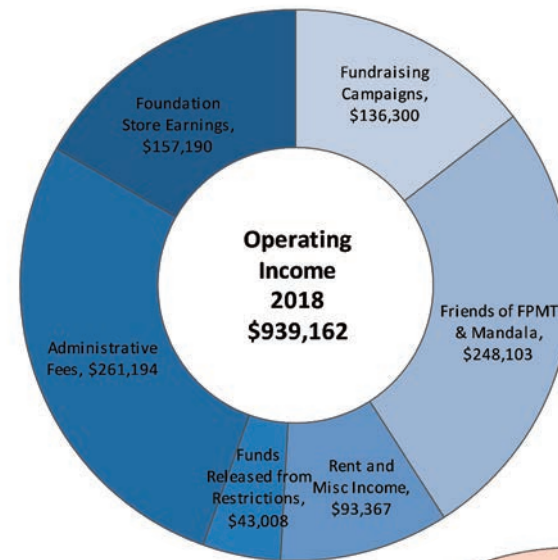
Unrestricted funds do not have any donor-imposed restrictions and are used to fulfill the various activities and operations of International Office. The table and charts give a summary of income and expenses for 2018.

## Unrestricted Income and Expenses 2018

Income Resources	US\$
Fundraising Campaigns	\$136,300
Friends of FPMT & Mandala	\$248,103
Rent and Misc Income	\$93,367
Funds Released from Restrictions	\$43,008
Administrative Fees	\$261,194
Foundation Store Earnings	\$157,190
<b>Operating Income</b>	<b>\$939,162</b>

Resources Expended	US\$
Finance & Administration	\$202,578
Fundraising & Development	\$115,400
Infrastructure Expenses	\$63,719
IT & Web Services	\$115,839
Education Services & Rinpoche Available Now	\$185,133
Foundation Store	\$120,729
Mandala & Communications	\$101,036
Center Services & Project Services	\$155,590
<b>Operating Expenses</b>	<b>\$1,060,024</b>

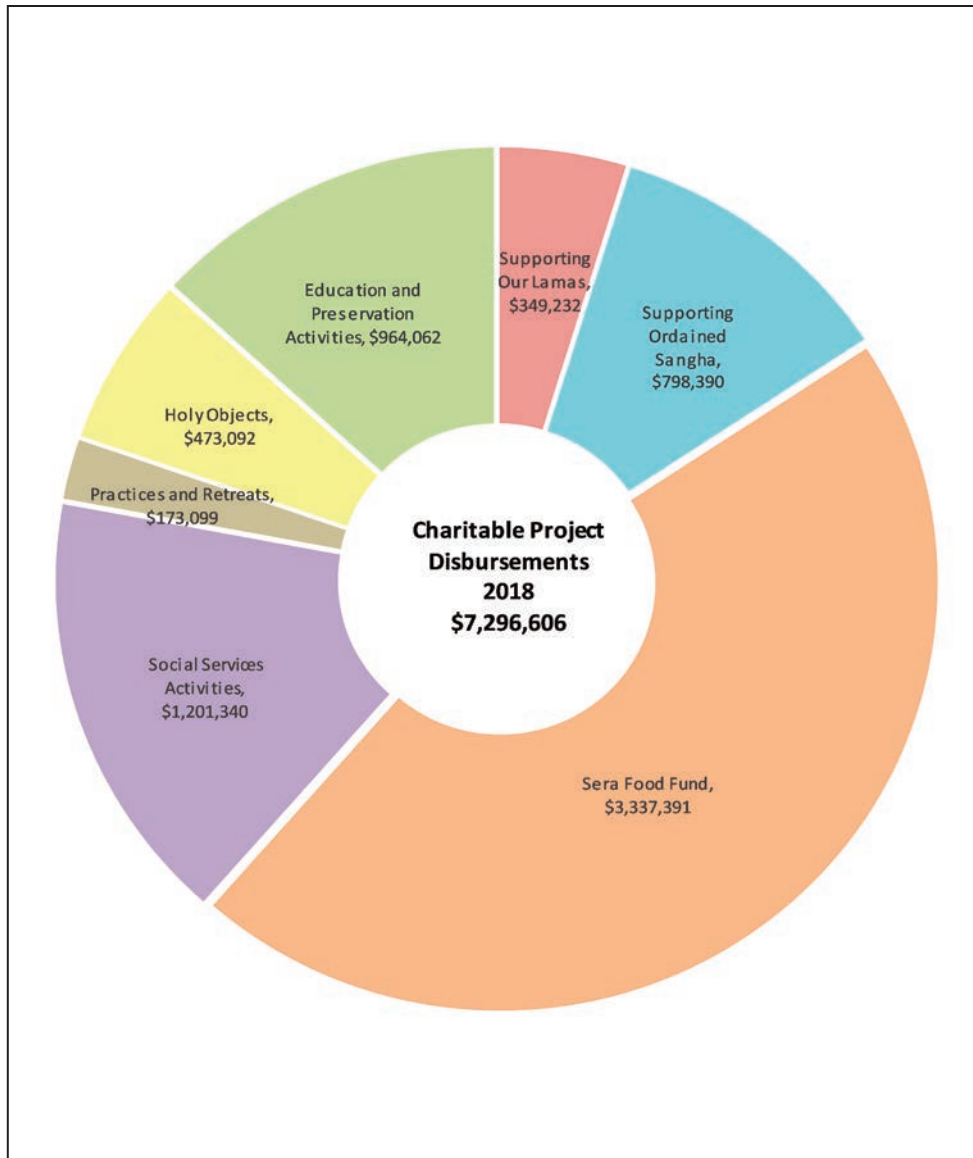
<b>Net Operating Income 2018</b>	<b>(\$120,862)</b>
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# CHARITABLE PROJECTS DISBURSEMENTS 2018

The table and chart outline the direct grants totaling US\$7,296,606 dispersed to FPMT's Charitable Projects in 2018.



Charitable Projects Disbursements Jan-Dec 2018	US\$
<b>Supporting Our Lamas</b>	<b>\$349.232</b>
Bodhichitta Fund	\$276.378
Big Love Fund	\$37.370
Long Life Puja Funds	\$35.484
<b>Supporting Ordained Sangha</b>	<b>\$4.135.781</b>
Supporting Ordained Sangha Fund	\$728.611
Sera Food Fund	\$3.337.391
Lama Tsongkhapa Teachers Fund	\$39.047
Lama Yeshe Sangha Fund	\$30.732
<b>Social Services Activities</b>	<b>\$1.201.340</b>
Social Services Fund	\$370.948
Nepal Earthquake Support Fund	\$790.802
Animal Liberation Fund	\$39.589
<b>Supporting Practices and Retreats</b>	<b>\$173.099</b>
Practice and Retreat Fund	\$27.228
Buddha Amitabha Pure Land	\$6.886
Puja Fund	\$77.303
Prajnaparamita Project	\$8.639
Prayers for Dead Fund	\$28.039
Other Retreat Sub-Funds	\$25.004
<b>Holy Objects</b>	<b>\$473.092</b>
Stupa Fund	\$252.802
Maitreya Project Funds	\$179.006
Other Holy Objects Sub-Funds	\$41.284
<b>Education and Preservation Activities</b>	<b>\$964.062</b>
Education and Preservation Fund	\$355.754
Scholarships and Translations	\$34.413
Preserving the Lineage Fund	\$495.000
Merit Box Fund	\$33.490
Other Education and Preservation Sub-Funds	\$45.405
<b>TOTAL DISBURSEMENTS</b>	<b>\$7.296.606</b>

<sup>1</sup> The disbursement figures do not include expenses for administration fees and credit card merchant fees and are inclusive of some interfund disbursements, which will be subject to audit adjustments during our annual independent financial review.



# FPMT INTERNATIONAL OFFICE STAFF

FPMT International Office is Lama Zopa Rinpoche's office.

## Executive

President/CEO,  
Ven. Roger Kunsang  
CFO and COO,  
Eamon Walsh  
CEO's Executive Assistant,  
Ven. Holly Ansett

## Finance & Administration

Director of Finance,  
Aruna Prakash  
Administrative Assistant,  
Eva Sippl  
Building Management,  
Chuck Latimer

## FPMT Charitable Projects and Donor Services

Charitable Projects Coordinator,  
Ven. Holly Ansett  
Donor Services Coordinator,  
Justin Jenkins  
Charitable Projects Assistant,  
Carina Rumrill

## Center Services

Director, Claire Isitt

## Foundation Store

Manager, Diana Ospina  
Order Fulfillment, Samten Gorab

Many thanks to Andrew Shaw, who served as  
*Mandala* assistant editor during 2017–2018.

## Education Services

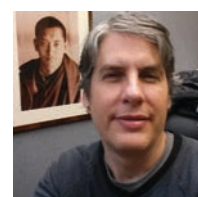
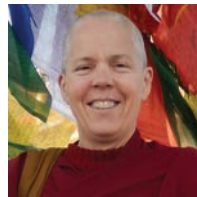
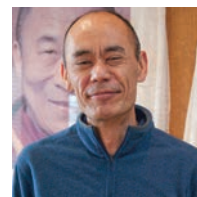
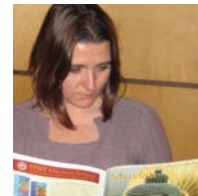
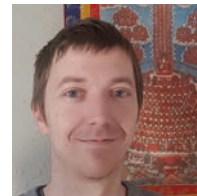
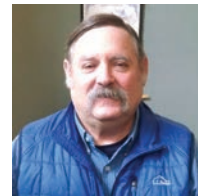
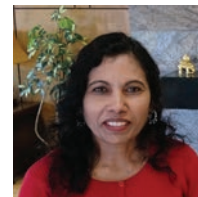
Director, Tom Truty  
Foundational Program Coordinator,  
Ven. Joan Nicell  
In-Depth Program Coordinator,  
Olga Planken  
Assistant Content Editor,  
Ven. Tenzin Tsomo  
Education Services Assistant,  
Michael Jolliffe  
Translation Coordinator, Joona Repo

## Media, Communications, and *Mandala* Publications:

Managing Editor and Publisher,  
Laura Miller  
Assistant Editor,  
Nicole Parisi-Smith  
Advertising and Distribution,  
Justin Jenkins  
Web Development Manager,  
Adam Payne  
Media Resource Manager,  
Harald Weichhart

## Information Technology

IT Manager, Alfredo Piñeiro





# A BILLION, ZILLION TIMES THANKS!

Without all the FPMT centers, projects, services, teachers, students, volunteers, and benefactors who supported us in 2018, International Office would not have been able to continue our mission of preserving and spreading Mahayana Buddhism worldwide.

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## HOW TO GET INVOLVED

You can support our work by volunteering at your local FPMT center, project, or service; making a contribution to our charitable projects; enrolling in our Friends of FPMT program; participating in one of our education programs; or offering your prayers and good wishes. Your support and kindness allow us to continue our work.

Dedications at the pujas sponsored by Lama Zopa Rinpoche at the great monasteries throughout the year are made especially for purifying obstacles and creating merit for Dharma activity to flourish in FPMT as well as for all students, supporters, and FPMT friends who are ill or have died, and for all those who have worked tirelessly and sacrificed so much to benefit the organization in different ways.

**IN 2019, MAY YOU HAVE PERFECT HAPPINESS AND BE FREE FROM EVERY SUFFERING!**



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