

# GLOBAL MANI RETREAT

17 May – 1 November 2026



**Holding 100 Million Mani Retreats was a Vast Vision of  
LAMA ZOPA RINPOCHE.**

**To celebrate FPMT's 50th anniversary, join us in creating the causes for  
Rinpoche's swift return and the fulfillment of all his holy wishes.**

**MAJOR ONLINE TEACHINGS BY HIGH LAMAS**  
*for powerful blessings*

**ONLINE GROUP PRACTICE SESSIONS**  
*by teachers from each FPMT region*

**INDIVIDUAL HOME PRACTICE**  
*of Chenrezig sadhana & mantra recitation*

**100 MILLION MANI RETREAT**  
*Optional onsite practice with FPMT Mongolia*



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