



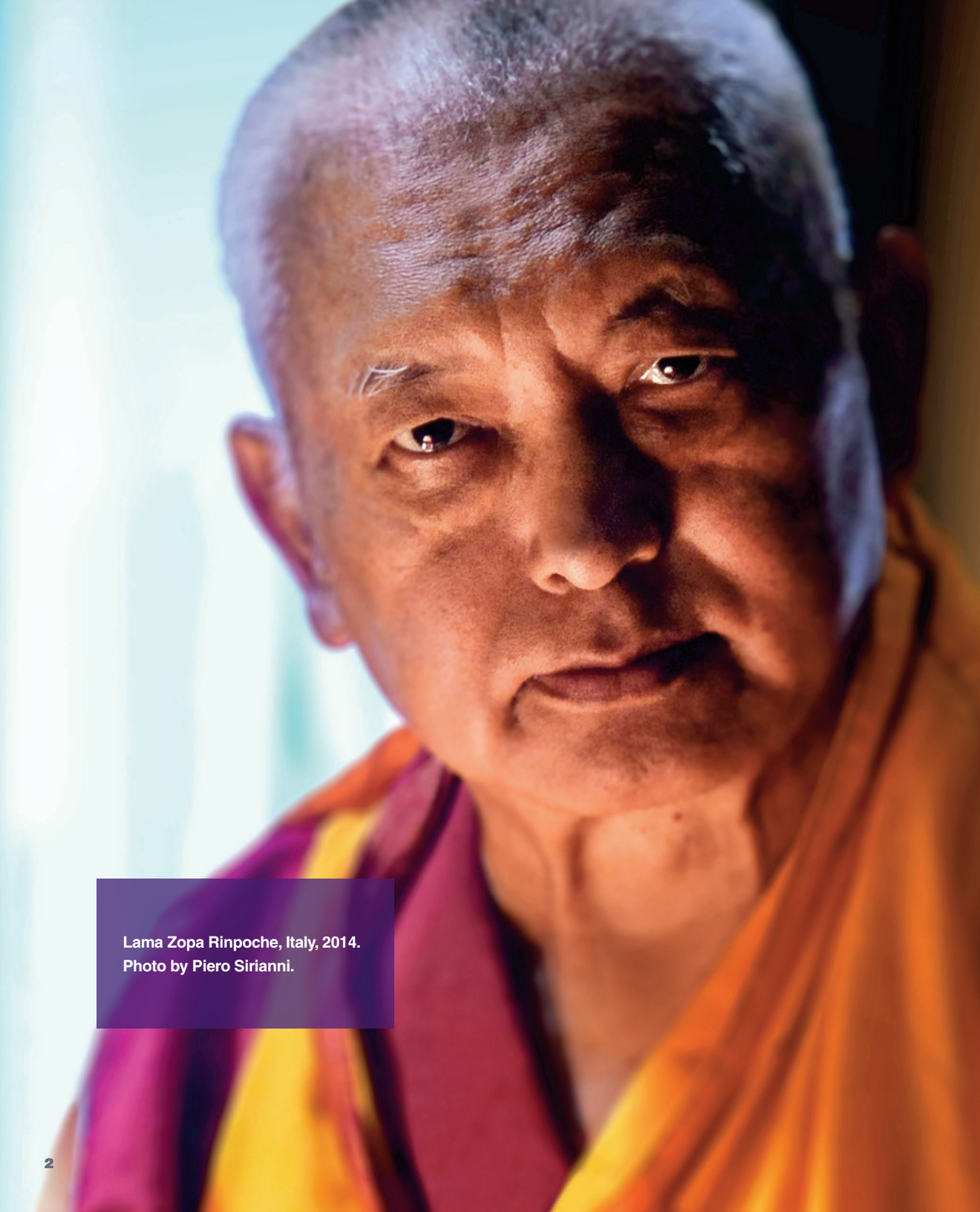
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FPMT ANNUAL REVIEW 2014

PRESERVING, DEVELOPING, AND SPREADING THE MAHAYANA TRADITION

FPMT INTERNATIONAL OFFICE





Lama Zopa Rinpoche, Italy, 2014.
Photo by Piero Sirianni.

FPMT 2014: PRESERVING, DEVELOPING, AND SPREADING THE MAHAYANA TRADITION

A LETTER FROM OUR SPIRITUAL DIRECTOR

LAMA ZOPA RINPOCHE

My most dear, most precious, most kind wish-fulfilling ones,

ALL THE WORK WE ARE DOING IN FPMT is to accomplish the most important thing, not only for oneself, but for the numberless sentient beings, who are the most important. Our aim is to benefit them in many ways: to cause happiness to others and to free them from the cause of suffering, the very root – ignorance, the wrong concept – which so many sentient beings think is right, and due to that, because not recognizing it as wrong, then suffer in samsara since beginningless rebirths, without choice.

Many people think that happiness only comes from outside – not from inside – without understanding Dharma and karma, not knowing where happiness comes from and where suffering comes from, which is one's own mind. Without knowing this, then no matter how much more we increase outside pleasure, inner happiness doesn't increase. Not only does it not increase, but it actually decreases. One doesn't get satisfaction. These are the shortcomings of samsaric pleasure.

Only those who practice and understand Dharma have a content, satisfied mind. It is only Dharma – nothing else – that can remove the cause of suffering, ignorance. From that, liberation starts and that leads to ultimate happiness, to enlightenment.

FPMT's aim is not political. The main aim of the organization is to free the numberless hell beings, hungry

Cover: His Holiness the Dalai Lama with Lama Zopa Rinpoche, Livorno, Italy,
June 2014. Photo courtesy of FilmPRO Italy.

Below: Lama Zopa Rinpoche giving the oral transmission for Lama
Tsongkhapa's "In Praise of Dependent Arising"
at Nalanda, Bihar, India, February 2014.
Photo by Ven. Roger Kunsang.



ghosts, animals, human beings, suras, asuras and intermediate state beings, and the numberless sentient beings from each realm, to free them totally from the oceans of samsaric suffering forever. For that sentient beings need to be free from the very root of suffering – the wrong concept, the king of the delusions – ignorance. Through Dharma, FPMT is showing the true path, which is what makes us free from the oceans of samsaric suffering. Studying Dharma shows the path to enlightenment and how to achieve it. It shows how to cease even the subtle obscurations and achieve enlightenment and then how to free the numberless sentient beings from oceans of samsaric suffering and bring them to enlightenment. This is what FPMT is doing.

All the centers are teaching what the Buddha taught from the *Kangyur* and the *Tengyur*, as well as Lama Tsongkhapa's teachings, which actually came from the Sakya, Kagyü and Nyingma schools. And also they are teaching the very essence of Dharma – the lam-rim – and the three principal aspects of the path: renunciation, bodhichitta and right view.

Every day we are fulfilling Lama Yeshe's holy wishes and also His Holiness the Dalai Lama's holy wishes. This is the greatest, most powerful purification. It is also the most powerful way to collect extensive merit – limitless skies of merit every day, every hour, every minute and every second. If one can think of the

benefit, it is unbelievable, unbelievable, unbelievable. This is not like working for just any company, even though you may get a billion dollars a day. Here, the benefit is far more; it is just amazing. It creates skies of benefit. Wow, wow, wow, wow! Every day all your work creates skies of benefit – wow, wow, wow, wow – you can't imagine.

Without Dharma, sentient beings cannot be free from suffering and free from samsara. FPMT is benefiting others not only with Dharma, but also with social services and the many different ways we try to benefit sentient beings. But ultimately, everything comes to Dharma.

Therefore, the work we are doing is of utmost importance and it is very, very, very worthwhile to develop and continue what Lama Yeshe started. It is so important to preserve, develop and spread the Dharma wisely. Also, we need to think in terms of generations, to plan in this way.

Thank you very, very much billions, millions, zillions, trillions of times. Numberless thanks and appreciation from my heart and from my bones – thank you to everybody.

With much love and prayers,

Lama Zopa



FPMT 2014: PRESERVING, DEVELOPING, AND SPREADING THE MAHAYANA TRADITION

A MESSAGE FROM OUR CHIEF EXECUTIVE OFFICER

VEN. ROGER KUNSANG

Dear Friends,

2014 STARTED IN SOUTH INDIA AT SERA JE MONASTERY, where His Holiness the Dalai Lama had just finished the Jangchup Lamrim teachings at the end of 2013. During Rinpoche's time in Sera Je, there were many visitors – students from our centers from all over the world as well as many Tibetans, monks and lamas, especially young incarnate lamas that Rinpoche sponsors or helps. So it was a good opportunity for meetings, chats, counseling, advice and other requests in the garden of Ösel Labrang, where Rinpoche stays. Rinpoche committed to a number of projects in the area, offering support to them through the Lama Zopa Rinpoche Bodhichitta Fund (see page 16).

Rinpoche also visited Choe Khor Sum Ling (CKSL) in Bangalore and gave teachings. CKSL is well organized and receives a lot of assistance from the Western monks at the International Mahayana Institute (IMI) House at Sera Je. It would be hard for the center to continue without their commitment to giving teachings and assisting with their program. This isn't a small commitment. In addition to full-time studies at Sera Je, it is a six- or eight-hour bus ride to Bangalore. The Bangalore Indian community is very committed to the center and work hard at making the Dharma available to others. So together, it is quite inspiring what they do. Ven. Namdak, a Dutch monk who has been studying at Sera Je for the past 18 years and will finish his studies in a year to become a geshe, has been key in the center's activities.

In May, Rinpoche taught the third Light of the Path retreat in North Carolina in the United States. More than 200 people attended and the teachings were streamed live over the internet. Light of the Path is something Rinpoche initiated himself after having a dream (during a visit to Kadampa Center, the center in Raleigh, North Carolina, that organizes the retreat) that inspired him to teach Lama Atisha's *Lamp of the Path*. As it was Rinpoche's inspiration to teach this important lam-rim text and we are now receiving the culmination of 40 years of Rinpoche's experience teaching lam-rim, we thought it would be very important to capture and share these teachings on video.

The fact is none of us have had the opportunity to study Rinpoche's teachings in an organized way. Because of this, FPMT International Office (IOF) has created an ongoing online study program, called *Living in the Path*, which allows students

Lama Zopa
Rinpoche, His
Holiness the
Dalai Lama and
Ven. Roger
Kunsang in Italy,
June 2014.
Photo courtesy
of FilmPRO Italy.



to continue their lam-rim study after the teachings. It also gives people who didn't attend the program the opportunity to study lam-rim with Rinpoche, and centers can offer the program to students, who can study together as a group. This gives everyone the opportunity to benefit from Rinpoche's experiential teachings on the lam-rim – something very rare and special as it's coming from such an accomplished yogi. From this and other circumstances came the idea for Rinpoche Available Now (RAN), a soon-to-be key initiative of IOF that makes Rinpoche's current teachings available as they happen or soon after.

In late May, Rinpoche visited Kachoe Dechen Ling, his house in Aptos, California, and on several occasions met Tenzin Ösel Hita (the recognized reincarnation of Lama Yeshe), who was staying in the area. Rinpoche and Ösel had momos together and Ösel did a drumming session for Rinpoche, which Rinpoche quite enjoyed.

In June, Rinpoche traveled to Italy for His Holiness the Dalai Lama's visit to Istituto Lama Tzong Khapa (ILTK), which was special in many ways. His Holiness came all the way from India and spent a week at ILTK before returning to Ladakh, India, to give the Kalachakra initiation. ILTK made an extraordinary effort in organizing His Holiness' teachings, which happened on short notice. During the visit, His Holiness

mentioned to Rinpoche and ILTK management that he had a strong interest for ILTK to develop a “science academy,” where the main focus of study would be on the mind in a non-religious way. His Holiness mentioned that he was publishing two books in Tibetan on the subject. His Holiness was hoping that these two books would also be translated into many languages. His Holiness’ idea parallels the work of the FPMT project called Foundation for the Development of Compassion and Wisdom, which promotes “universal education.” Supporting secular, universal education is one of the Five Pillars of Service that were presented during the CPMT 2014 meeting in September. The five pillars are very important for centers, giving them the opportunity to serve their community in a broader way and are an important, direct contribution to Lama Yeshe’s and Lama Zopa Rinpoche’s Vast Visions for FPMT.

From Italy, Rinpoche traveled to the UK, which he hadn’t visited for nearly 20 years, so everyone was very excited. Rinpoche taught at Jamyang Buddhist Centre Leeds, visited the new retreat center, Land of Joy, and gave a public talk in London followed by a five-day Heruka Five Deities initiation. Rinpoche was offered a long life puja at Jamyang Buddhist Centre London, led by Geshe Tashi Tsering, the resident geshe.

In late July and August, Rinpoche was in retreat at Buddha Amitabha Pure Land, which is located in a remote valley in north-central Washington State in the United States. Rinpoche did retreat and at the same time created a practice/puja to Amitabha Buddha. Rinpoche said Lama Tsongkhapa had a special connection with Amitabha. Rinpoche wanted this puja to be done in front of the 13-foot [4-meter] tall marble statue of Amitabha that we had made in Vietnam and installed at Buddha Amitabha Pure Land in July. The statue has now been beautifully painted by Thubten Gelek Sherpa. Rinpoche wants the extensive puja to be done every year.

Rinpoche was in Mongolia for one week to attend the 100 million mani retreat, which has become an annual FPMT Mongolia tradition. During that one month, several hundred Mongolians with great enthusiasm and devotion attend the retreat to recite more than 100 million manis, one of Rinpoche’s Vast Visions.

Next Rinpoche traveled to Australia in September, where Rinpoche gave the Great Chenrezig initiation at Chenrezig Institute, which was the first FPMT center and was celebrating its 40th anniversary. Rinpoche stopped briefly at Langri Tangpa Centre’s new building, where Rinpoche highly praised the altar and the center, then dashed to Karuna Hospice to have lunch with Ven. Yeshe Khadro, and the board and staff. We arrived at the airport in Brisbane just in time for the flight to Melbourne. Then we drove two hours to the more than 100 acres of land near Bendigo that are home to Atisha Centre, Thubten Shedrup Ling Monastery and the Great Stupa of Universal Compassion. Rinpoche attended the CPMT 2014 meeting, held inside the Great Stupa, where he gave several inspiring talks, including one focused on the importance of preserving the Mahayana tradition, particularly that of Lama Tsongkhapa.

Following the CPMT meeting, Rinpoche continued with the retreat on *Bodhicaryavatara* and Rinjung Gyatsa. Rinpoche gave the Yamantaka initiation (lasting one week) at the beginning of Rinjung Gyatsa, which will be continued in the near future. After the group retreat, Rinpoche stayed on to do personal retreat at Thubten Shedrup Ling. Leaving the monastery, Rinpoche stopped overnight at Tara Institute in Melbourne to give a talk before flying to Singapore, where Rinpoche attended the 25th anniversary of Amitabha Buddha Centre. The center also offered a long life puja to Rinpoche and an estimated 1,000 people attended.

At the end of the year, we arrived again at Kopan Monastery – it has been the same for the last 44 years! Rinpoche taught at the 47th Kopan lam-rim retreat. This year, Gyatso, the director of Thubten Shedrup Ling Monastery in Australia and a monk for 39 years, assisted Rinpoche in teaching the course. Kopan Monastery is where everything started. Most of our centers were started by students who attended this course and were inspired so much they wanted to share the benefits of the Dharma with others. Now there are about 400 monks and 400 nuns studying at Kopan. This year, 280 people attended the month-long course. It’s amazing to see the effect the Dharma has.

Throughout the year we continued to manage Rinpoche’s regular dental and medical check-ups. Rinpoche still seems to be gradually improving in his recovery from the stroke he had in April 2011.

We were also always in contact with International Office, Rinpoche’s office, which has been extremely important in supporting Rinpoche in his travels as well as helping manage FPMT activities and assisting Rinpoche in accomplishing his vision. Rinpoche also serves on the FPMT Inc. Board of Directors, which, as Rinpoche often says, is responsible for “protecting the organization.” The International Office works harmoniously with all of FPMT centers, projects and services, and with the FPMT Inc. board.

I really have to thank everybody at the office for their incredible work for Rinpoche and the organization. In this Annual Review, you can see some of what has been achieved this last year. Please take a little time to rejoice!

And a very big thank you to all of you who in so many ways help and support the FPMT. Both Lama Yeshe and Lama Zopa Rinpoche have always said that without everyone helping none of this would be possible. Without doubt what we do is making a difference in this world; we help make this a more compassionate world. It is amazing what we all have done and it’s unbelievable what we all can do in the future to realize Lama Yeshe’s and Lama Zopa Rinpoche’s Vast Vision.

Together we can do this!

Roger



FPMT 2014: PRESERVING, DEVELOPING, AND SPREADING THE MAHAYANA TRADITION

A MESSAGE FROM

OUR BOARD OF DIRECTORS

A PRIMARY RESPONSIBILITY OF THE FPMT BOARD OF DIRECTORS is to support Lama Zopa Rinpoche in whatever way it can. Rinpoche has asked the board and the entire organization to think about how it should restructure itself for the very, very long term. Rinpoche has asked us to consider how the organization will look and function when Rinpoche is taking a less active role.

This task can seem intimidating when we consider that we are all responsible for not only preserving, but for developing and spreading a vision that has been created by two awakened beings – Lama Yeshe and Lama Zopa Rinpoche.

To have even one awakened leader is incomparably rare. And to preserve, develop and spread the awakened vision and actions of two great beings is actually somewhat inconceivable. When we consider that all of Rinpoche's and Lama's actions have been closely guided by His Holiness the Dalai Lama, we have to consider ourselves incredibly fortunate.

This year, the board formally considered Rinpoche's challenge. Additionally, FPMT International Office, along with its numerous supporters, accepted Rinpoche's challenge by consciously including FPMT's future into the overall theme for the recent successful CPMT meeting in Australia.

As well as the above, the board's focus this year has been on policy, maintaining financial oversight within its scope, and attending to its governance obligations, including updating the FPMT mission statement following Rinpoche's input. We met face to face in Portland in April 2014 and have maintained monthly meetings by phone and internet.

With regard to Rinpoche's mandate, the board decided to also address the upper levels of leadership and how that may look going into the future. We have been diving deeply into developing an Advisory Council. Creating such a council will allow the organization to benefit from the advice of senior and learned spiritual advisors, senior students who have a long connection with the FPMT, as well as advisors with expertise in finance, fundraising, organizational development and so on.



FPMT center directors with His Holiness the Dalai Lama, Lama Yeshe, and Lama Zopa Rinpoche after the third CPMT meeting at Tushita Meditation Centre, Dharamsala, India, February 1981. Photo courtesy of Lama Yeshe Wisdom Archive.

The Advisory Council committee, comprised of three board members and three outside advisors, has been meeting remotely every two weeks for the last several months.

On behalf of the entire board, I would like to extend our deep gratitude to three long-term members who reached the end of their terms, and who, cumulatively, represent more than 70 years of board service. It was with great appreciation and sincere sadness that we said goodbye to Peter Kedge, Tim McNeill and Alison Murdoch, all of whom have done an enormous amount of work for the FPMT organization in addition to their service on the board. We will wait until the work on the Advisory Council has been completed at the end of 2015 before we start looking for new additions to the board.

The board wishes to also extend its deep gratitude for the dedicated work of the tireless staff in the International Office; the regional and national coordinators; center, project and service directors; and all the unseen students serving and developing His Holiness the Dalai Lama's, Lama Yeshe's and Lama Zopa Rinpoche's vast and profound visions.

With warmest good wishes,

Karuna Cayton, Chair of the Board of Directors, FPMT Inc.



WHO WE ARE AND WHAT WE DO

THE FOUNDATION FOR THE PRESERVATION OF THE MAHAYANA TRADITION (FPMT) is devoted to preserving and spreading Mahayana Buddhism worldwide by creating opportunities to listen, reflect, meditate, practice and actualize the unmis-taken teachings of the Buddha, and based on that experience, spread the Dharma to sentient beings. FPMT programs offer a comprehensive, experiential approach to study, practice and service in the great educational tradition of Lama Tsongkhapa of Tibet as taught by Lama Yeshe and Lama Zopa Rinpoche.

FPMT Inc. is a non-profit Buddhist organization incorporated in the State of California, USA. There are more than 150 centers, projects and services around the world that have entered into or are in the process of entering into affiliation agreements with FPMT Inc.

Lama Zopa Rinpoche's Office, or "FPMT International Office," is based in Portland, Oregon, and provides the necessary frame-work for all FPMT activity, develops and delivers high quality education programs and materials, maintains several primary channels for communication, manages charitable projects key to FPMT's mission, coordinates communication between Lama Zopa Rinpoche and the larger organization and provides support to FPMT centers, projects and services.



FPMT 2014: PRESERVING, DEVELOPING,
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LAMA ZOPA RINPOCHE'S 2014



Khen Rinpoche Geshe Chonyi making a mandala offering during the long life puja for Lama Zopa Rinpoche offered during the CPMT 2014 meeting, Great Stupa of Universal Compassion, Australia, September 2014. Photo by Kunchok Gyaltsen.

LAMA ZOPA RINPOCHE TAUGHT AND TOURED EXTENSIVELY, giving initiations at 12 different FPMT centers, in nine countries. Most scheduled teaching events could be watched worldwide via live webstream, part of Rinpoche Available Now, a new initiative to make Rinpoche and his teachings available as they happen. Rinpoche led the Light of the Path retreat in the United States, then briefly attended and taught at the 100 million mani retreat in Mongolia, and then led the month-long retreat in Australia.

Lama Zopa Rinpoche at
Jamyang
Buddhist Centre,
London, UK,
June 2014. Photo
by Ven. Thubten
Kunsang.





LAMA ZOPA RINPOCHE'S 2014 CONTINUED...

Rinpoche met His Holiness the Dalai Lama three times in 2014, in South India in January and December where he was able to offer a silver Dharmachakra to His Holiness, and in Italy at Istituto Lama Tzong Khapa. Rinpoche welcomed His Holiness the 17th Karmapa at Root Institute and Maitreya School in Bodhgaya in February. His Eminence the 12th Tai Situ Rinpoche visited the Maitreya Project land in Bodhgaya with Lama Zopa Rinpoche to make prayers for the success of the project in March.



Rinpoche offered a number of oral transmissions, including the most precious *Sutra of Golden Light*, which Rinpoche has made a vow to offer and spread around the world as much as possible. Throughout his travels Rinpoche blessed many animals in the ocean and on land.

In addition to the advice, teachings, benefit and care Rinpoche showed to all he encountered



Top row from left: Lama Zopa Rinpoche offering Khyongla Rato Rinpoche a body, speech and mind mandala, Sera Je Monastery, India, January 2014; Lama Zopa Rinpoche with Tenzin Phuntsok Rinpoche, Sera Je Monastery, January 2014. Photos by Ven. Roger Kunsang; Lama Zopa Rinpoche offering the Dharmachakra to His Holiness the Dalai Lama during the Jangchup Lamrim teachings, Gaden Jangtse Monastery, India, December 2014. Photo by Bill Kane.

Second row from left: Lama Zopa Rinpoche consecrating the new Amitabha Buddha statue at Buddha Amitabha Pure Land, Washington, USA, August 2014; Lama Zopa Rinpoche making prayers with Geshe Sopa Rinpoche at Deer Park Buddhist Center, Oregon, Wisconsin, USA, July 2014. Geshe Sopa, who is one of Rinpoche's teachers, passed away on August 28, 2014. Photos by Ven. Roger Kunsang; Rinpoche teaching at the Light of the Path retreat, Black Mountain, North Carolina, USA, May 2014. Photo by Ven. Thubten Kunsang

Third row from left: Lama Zopa Rinpoche with Richard Gere, Gaden Jangtse Monastery, India, December 2014; Lama Zopa Rinpoche with children from Maitreya School, Bodhgaya, India, January 2014. Photos by Ven. Roger Kunsang.



LAMA ZOPA RINPOCHE'S 2014 CONTINUED...

in 2014, Rinpoche also received approximately 1,500 emails and letters. Rinpoche offered life practices to over 50 people and replied and gave essential advice to many, ranging in topic from health, to thought transformation, to purification and ways to create merit, to study and how to use all situations on the path to enlightenment. Many times Rinpoche stayed up most of the night in order to reply to students. This is also an important aspect of the work of Rinpoche's office – FPMT International Office – which is responsible for helping facilitate this correspondence.



“Besides providing teachings, a way that FPMT benefits individuals and also becomes a very important benefit to the world and to solve problems is by giving life practice advice to students who ask.” – Lama Zopa Rinpoche



Below from left: His Holiness the Dalai Lama with Lama Zopa Rinpoche, Istituto Lama Tzong Khapa, Pomaia, Italy, June 2014. Photo courtesy of FilmPRO Italy; Lama Zopa Rinpoche teaching during the month-long lam-rim course at Kopan Monastery, Nepal, November 2014. Photo by Ven. Thubten Kunsang.





His Holiness the
Karmapa with Lama
Zopa Rinpoche,
Root Institute,
Bodhgaya, India,
February 2014.
Photo by Ven.
Roger Kunsang.



FPMT 2014: PRESERVING, DEVELOPING, AND SPREADING THE MAHAYANA TRADITION

EDUCATION SERVICES

In accordance with the wishes, guidance, and advice of Lama Zopa Rinpoche, we create high quality study programs suitable for all levels, which are available in FPMT centers, as homestudy materials, or via our Online Learning Center; we publish various practice materials in hard copy and digital formats; and we work with a global network of educators, trainers, translators, and publishers to develop valuable training programs and translations.

2014 HIGHLIGHTS

Published Practice Materials and Updates

- 26 new or updated prayers, practices, and materials were made available, including *Guru Devotion – Lama Zopa Rinpoche's Advice*, *Nolsang Incense Ritual*, and White Umbrella Deity prayers
- Four sutras were made available in .epub and .mobi e-reader formats
- Updates to *FPMT Retreat Prayer Book* were made and are available for free download on FPMT.org

PROGRAMS

- We welcomed Ven. Joan Nicell to a new position as Education Services Foundational Program Coordinator
- We helped four centers – Vajrayana Institute, Sydney; Jamyang Buddhist Centre, London; Centro Tara Cittamani, Padova, Italy; and Shantideva Meditation Center, New York – start offering the *Basic Program*
- The *Basic Program* Final Exam and "Guidelines and Support Materials for One-month Lam-rim Retreat" were made available at the Online Learning Center
- The *Basic Program* Final Exam became available online in three languages

TRANSLATIONS

- Translations Coordinator Joona Repo translated White Umbrella Deity prayers, which the Sera Je Translation Committee reviewed and endorsed
- *Preferred Term Glossary, Volume 1* was made available to translators

TRAINING

- Amy Cayton was welcomed as Education Services Seminar Coordinator
- A Foundation Service Seminar was hosted at Institut Vajra Yogini in France
- Seven Foundation Service Seminar facilitators were registered
- Inner Job Description facilitator training was hosted online

OTHER ACCOMPLISHMENTS

- First National FPMT Education Coordinator appointed in Australia
- Coordinated with Wisdom Publications to help to reprint Geshe Rabten's *The Essential Nectar*, an important lam-rim text recommended by Lama Zopa Rinpoche
- Created a policy to allow FPMT study groups free access to certain courses on the Online Learning Center to assist growth


ONLINE LEARNING CENTER

At year end, the Online Learning Center (OLC) had 19,039 registered users from 246 countries (an increase of 1,789 since 2013) and over 1,442 new discussion forum posts.

Four new modules of our programs were made available in English, one in French and two in Spanish, taking the total number of courses to 60.

"I can't put into words my deep appreciation for FPMT and the opportunity to study the Dharma. 'Life changing,' would be a start."
– Carol, USA, May 2014

You can learn more about what FPMT Education Services has to offer you, your studies and your practice at fpmt.org/education/.



Online Learning Center

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English (en)


English
Français
Español

Welcome to the FPMT Online Learning Center

Getting Started


The Site User Guide contains instructions on how to create a user account and access courses on the site. The guide includes a list of the enrollment keys for all the free courses available. The enrollment keys for other courses are available as a benefit of Friends of FPMT at the Dharma Supporter level or higher or individual courses are available through the Foundation Store (P).

Light of the Path Videos




Streaming video teachings by Lama Zopa Rinpoche

Introductory Programs




FPMT's Introductory Programs are short introductory courses on basic Buddhist concepts and techniques for complete beginners. Meditation 101 teaches basic Buddhist meditation techniques. Buddhism in a Nutshell presents basic Buddhist philosophy and principles within the Tibetan Mahayana context. Heart Advice for Death and Dying provide practical instructions for the time of death ...more

Discovering Buddhism




Discovering Buddhism is a 14 module program that will provide a solid foundation in the teachings and practice of Tibetan Mahayana Buddhism. Each module consists of teachings, meditations, readings, assessments and quiz questions and a short retreat. We are pleased to offer Discovering Buddhism Module 2 'How to Meditate' for free ...more

Living in the Path




Living in the Path is FPMT's newest program, drawn from Lama Zopa Rinpoche's teachings at the Light of the Path retreats in 2009 and 2010. Complete videos of these retreats are available with Spanish, French, German and Chinese translations. The Living in the Path modules are organized around edited transcripts, meditations, mindfulness and service exercises and short video clips of Lama Zopa Rinpoche's teachings ...more

Basic Program Online



The Basic Program, designed by Lama Zopa Rinpoche for committed students ready to go beyond the introductory level, is taught by geshe and non-Tibetan teachers. Its comprehensive curriculum greatly enhances Dharma understanding, establishing a basis for ongoing study, practice, retreat and service ...more

Special Commentaries and Other Teachings



Special Commentaries are ongoing teachings and commentaries by Lama Zopa Rinpoche and other teachers on specific texts and practices such as Lama Tsongkhapa Guru Yoga, Lama Chöpa, Bodhicaryavatara and Calm Abiding meditation. These courses are all offered free of charge ...more

Please contact the Site Administrator with any questions or comments.

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About FPMT

FPMT is an organization devoted to the transmission of the Mahayana Buddhist tradition and values worldwide through teaching, meditation and community service. [more...](#)

About Buddhism

If you're new to Buddhism, please read our [Buddhism FAQ](#). A place to learn about Buddhism in general, FPMT, and our Discovering Buddhism at Home series.

THE FOUNDATION STORE

The Foundation Store is FPMT International Office's online shop, providing students the world over with FPMT's education programs, prayers and practices, and meditation supplies such as malas, incense, ritual items, thangkas, statues, and much more. The Foundation Store seeks to support practitioners as economically as possible, wherever they reside in the world. Highlights of our accomplishments during 2014 include:

- **Free Materials:** More than 150 practices and prayers are now offered in PDF format on a donation-based system, many available in Spanish.
- **Product Variety:** We diversified and expanded our product line with new products such as silver pendants; high quality ritual items; new malas and brocade designs; fresh incense; and new Buddhist literature.
- **Vendors:** In an effort to support Tibetan culture, we began carrying various products from Tibetan organizations such as Men Tsee Khang; Tibetan refugee communities such as Lingsang Tibetan Settlement in Dehradun, India; a Tibetan settlement in Delhi; and monasteries such as the Drikung Charitable Society and the Charitable Society Friends of Nub Gon Monastery. We also began supporting Bhutanese Tibetan communities by carrying their products.
- **Shipping Costs:** To mitigate high shipping costs and customs issues, we continued to make available more downloadable materials. Additionally, new regional shops are being supported so they can attend to customers residing in those areas. We continued the tradition of passing mail carrier discounts onto our customers and have developed a new system to identify and offer the most economical shipping methods to all customers.

Proceeds from sales through the Foundation Store are carefully categorized and calculated to ensure that income from Dharma items is used to make more Dharma available and to further the charitable mission and projects of FPMT Inc. We carefully follow Buddhist principles for the use of Dharma income and any payments for salaries or food expenses are excluded when calculating the net Dharma proceeds from the Foundation Store.

shop.fpmt.org

"I am so grateful FPMT makes PDF files available, especially for people like me who get caught without our texts for upcoming important commitments."

– Foundation Store Customer, 2014



The Foundation Store offers all the material, implements and holy objects you need for your daily meditation practice and studies.

CENTER SERVICES



Together with regional and national coordinators, Center Services helps FPMT centers, projects, services and study groups establish and sustain a good, robust governance structure to support their provision and preservation of the Mahayana tradition now and into the future. We facilitate communications between Lama Zopa Rinpoche and FPMT centers, projects and services, coordinate Rinpoche's teaching schedule, and facilitate the placement of FPMT resident teachers.

2014 HIGHLIGHTS

- We coordinated the 2014 **Council for the Preservation of the Mahayana Tradition (CPMT) meeting**, which brought together Lama Zopa Rinpoche and key students working in centers, projects and services. The 25th meeting of its kind, the theme was "Preserving the Dharma Now and Into the Future" and was attended by 110 participants representing 60 centers, projects and services from around the world. Key talks were web streamed and recorded from the venue – the Great Stupa of Universal Compassion near Bendigo, Australia. Atisha Centre and Thubten Shedrup Ling Monastery were co-hosts. Some comments from attendees included:

"I learned a lot from others' experiences and success."

"Most valuable were the teachings from Rinpoche and meeting people who have been involved for so long and have so much expertise."

"It was a great meeting, the best so far."

- The official **long life puja** on behalf of the entire FPMT organization was offered to **Lama Zopa Rinpoche** after CPMT 2014.
- The **Five Pillars of Service**, which arose from Lama Zopa Rinpoche's Vast Visions, were introduced during CPMT 2014, and we are now assisting centers to engage with each pillar and thus benefit their communities most broadly.
- **FPMT's regionalization strategy** is developing well and now each FPMT

From top: Lama Zopa Rinpoche with the participants of CPMT 2014, Great Stupa of Universal Compassion, Bendigo, Australia, September 2014. Photo by Steve Alberts; Lama Zopa Rinpoche with the participants of the 2014 European regional meeting, Istituto Lama Tzong Khapa, Pomaia, Italy, June 2014. Photo by Ven. Roger Kunsang.



center, project and service is served by a national or regional coordinator. In tandem with the appropriate regional or national coordinator, Center Services continued to give support to directors, spiritual program coordinators and local board members around the world, with particular emphasis on good governance.

- Regional and national coordinators report that **key successes** in 2014 were being able to **enhance communication** with and between local centers, projects and services; and **supporting and guiding** those experiencing challenging issues.
- **Regional and national meetings** were hosted by each regional and national office, and included the FPMT's largest ever regional meeting – the European regional meeting, with over 100 participants, hosted by Istituto Lama Tzong Khapa in Italy. Lama Zopa Rinpoche's advice to participants was recorded on video and shared with all centers, projects and services.
- We ended 2014 by rejoicing in our **162 FPMT registered teachers!** The Registered Teacher Committee inducted 13 new teachers in 2014. In addition, students benefited from **42 geshe** resident in FPMT centers.
- At the end of 2014, FPMT was composed of **119 FPMT centers, projects and services** and **38 study groups** in 37 countries.

Lama Zopa Rinpoche with FPMT Sangha at CPMT 2014, Great Stupa of Universal Compassion, Bendigo, Australia, September 2014. Photo by Steve Alberts.

HIGHLIGHTS FROM AROUND THE WORLD: CENTERS, PROJECTS AND SERVICES

- International Mahayana Institute Sangha and various centers, projects and services celebrated FPMT's **12th International Sangha Day**, a special day to remember the importance of nuns and monks in our communities and rejoice in their service.
- The two-year classroom portion of Lotsawa Rinchen Zangpo Translator Programme 6, FPMT's interpreter training program, ended successfully with **six classroom-graduates** continuing on to FPMT centers to work as trainee interpreters.

Learn more about the FPMT centers, projects and services around the world and what they could offer your Dharma study and practice:
fpmt.org/centers



FPMT CHARITABLE PROJECTS

FPMT International Office manages an array of charitable projects, which support Lama Zopa Rinpoche's Vast Visions for FPMT and benefit all beings.

Each charitable project has a regularly updated individual news blog, photo gallery and webpage on FPMT.org that chronicle the project's ongoing work and achievements.

2014 HIGHLIGHTS

The **Lama Zopa Rinpoche Bodhichitta Fund** enables Rinpoche's compassionate service to others to flourish. In 2014, grants were made to various beneficial projects including:

- US\$27,927 for daily meals offered to school children in Ladakh and Bylakuppe and renovation of a school kitchen in Bylakuppe, India
- US\$34,000 for Tashi Chime Gatsal Nunnery in Nepal for construction and to sponsor two separate 100 million mani retreats, part of Rinpoche's Vast Visions
- US\$27,805 to over 40,000 Sangha who were attending the Jangchup Lamrim teachings
- US\$139,887 towards various khangtsens (regional colleges) in Sera Je Monastery
- US\$50,000 towards building a residence for His Holiness the Dalai Lama in Bylakuppe, India
- US\$96,503 towards various large statues, including a statue of Lama Yeshe, Amitabha Buddha, the Five Dhyani Buddhas and a Padmasambhava statue
- US\$49,042 to various FPMT centers, projects and services, as well as the FPMT's Puja Fund for ongoing pujas and practices for the success and benefit of the entire organization
- US\$16,000 for mosquito nets for the poor in Kushinagar, India, offered through the Maitreya Project Kushinagar
- US\$50,000 for monks' accommodation in a new monastery in East Asia
- US\$8,773 sponsorship of 10 people participating in 100 nyung nä retreats
- US\$44,298 toward the Dharma education and medical expenses of Sangha and students in great need

The **Sera Je Food Fund**, now in its 23rd year, has been able to continuously offer three vegetarian meals daily to all of the monks studying at Sera Je Monastery. Currently there are 2,500 monks benefiting from the food fund. Over 3,029,500 meals are offered annually. This is 8,300 meals every day. This is an incredible offering and Rinpoche has said one of the reasons FPMT has been able to do so much is because of the merit that is created every day by offering food to the Sangha.

The **Puja Fund**, now in its 19th year, sponsors pujas and offerings specifically chosen by Lama Zopa Rinpoche. In 2014, the fund spent US\$65,588. Lama Zopa Rinpoche often makes offerings towards the pujas due to the importance of these practices continuing.

In 2014, some of the many pujas and offerings included:

- Pujas for the health, long life and safe travels of Lama Zopa Rinpoche
- Pujas for the health and long life of Choden Rinpoche
- Four recitations of the entire *Prajñāparamita* and one of the *Kangyur*
- Monthly Medicine Buddha and extensive Most Secret Hayagriva pujas
- 100,000 praises to the 21 Taras
- Offerings made monthly to stupas in Nepal and statues in India, Tibet and Mongolia
- Pujas were sponsored to help stop the spread of the Ebola virus and towards peace in Israel and Palestine
- 49 sets of robes were offered to all of the geshe and resident teachers of FPMT centers

All the practices are dedicated to the health and long life of our kind teachers including His Holiness the Dalai Lama, for the success of the entire FPMT organization, as well as for all who offer service and volunteer, all benefactors and their families, and those who are sick or have passed away.

The **Lama Tsongkhapa Teachers Fund**, which helps FPMT further its mission of preserving and spreading the Mahayana teachings, is now in its 17th year and continues to:

- Make monthly offerings to 100 of the most senior teachers in Sera, Gaden, Drepung, Gyurme, Gyuto and Rato Monasteries

- Sponsor the annual Winter Debate (Jang Debate) in India and Nepal and the Winter Debate for nuns in Nepal
- Sponsor monks from Sera Je Monastery to attend the annual Gelug Exam

In addition, US\$6,187 was offered to the Nepal Buddhist Federation, an event where Sangha from the Nyingma, Kagyü, Sakya and Gelug schools practiced together.

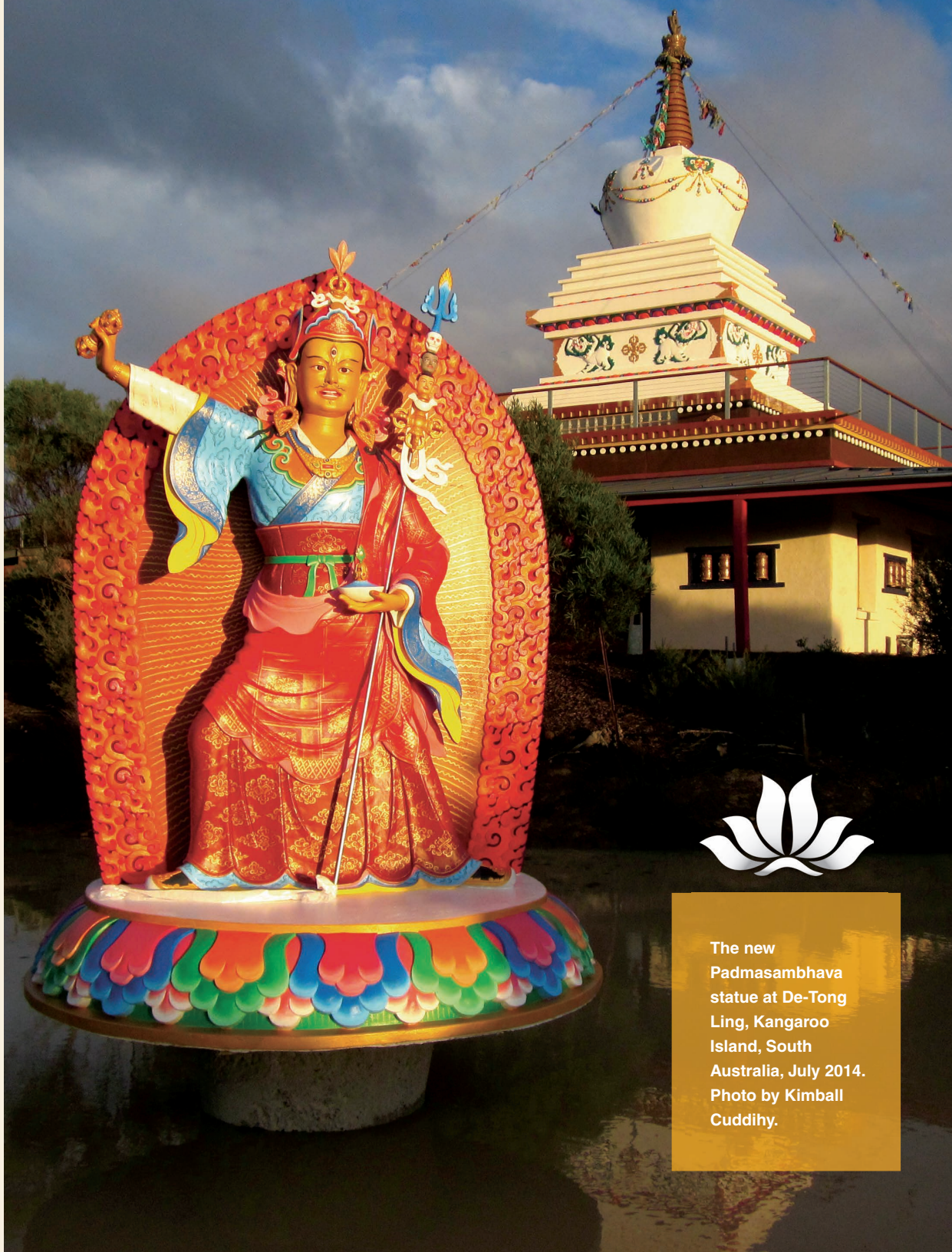
Benefiting animals any way possible is a high priority for FPMT and one of Lama Zopa Rinpoche's Vast Visions for the organization. The **Animal Liberation Fund** helps carry forth this work:

- In 2014, approximately 77,100 animals were liberated in the United States and US\$2,000 was offered toward a large animal liberation in Hong Kong, where over 14,500 animals were liberated
- Sentient beings in the Pacific Ocean receive blessings from the mantras on large Namgyälma mantra boards that are weekly submerged in the ocean.
- Charity is offered to at least 17 ant nests in Washington State, United States
- US\$3,000 was offered to MAITRI Charitable Trust in Gaya, India, to help feed 45 goats and 25 chickens that had been saved from death

By supporting the education of Tenzin Ösel Hita, the **Big Love Fund** is one way to repay the kindness of his predecessor, Lama Yeshe. In 2014, the fund helped with Ösel's university studies in Hawaii and enabled Ösel to attend His Holiness the Dalai Lama's teachings in Italy and meet Lama Zopa Rinpoche in California.

The **Long Life Puja Fund** offers annual long life pujas to our immeasurably precious teachers:

- Six long life pujas were offered to Lama Zopa Rinpoche in India, Australia, Singapore and



The new Padmasambhava statue at De-Tong Ling, Kangaroo Island, South Australia, July 2014. Photo by Kimball Cuddihy.

FPMT CHARITABLE PROJECTS CONTINUED...

Nepal. All of the long life pujas included the five dakini offerings, as mentioned by Khadro-la (Rangjung Neljorma Khadro Namsel Drolma) as being important for Rinpoche's health and long life

- The fund contributed to the long life puja for His Holiness the Dalai Lama during the Jangchup Lamrim teachings in South India

The **Padmasambhava Project for Peace** is dedicated to building large statues of Padmasambhava around the world in order to create the causes for peace, another of Rinpoche's Vast Visions. In 2014, two new statues of Padmasambhava were completed, a 7-foot [2-meter] statue at Chandrakirti Center in New Zealand and a 9-foot [3-meter] statue at Detong Ling in Australia. In addition, a 4-foot [1-meter] high statue has begun to be built in Nepal that will later go inside a large stupa in India.

For 12 years the **Prajnaparamita Project** has continued to provide the material resources for Ven. Tsering and Jane Seidlitz to write out the *Prajñaparamita Sutra* in pure gold. Together they have completed four out of 12 volumes. This is an incredible practice to create the causes needed to build the Maitreya Buddha statues in India, according to Lama Zopa Rinpoche.

The **Stupa Fund** provides the resources needed for building 100,000 stupas around the world in order to create the causes for world peace, one of Rinpoche's Vast Visions. In 2014, the fund was able to offer:

- More than US\$62,000 for two stupas in California: one is a [10-meters] Mahabodhi Stupa being built at Land of Medicine Buddha and the other is the Stupa to Minimize Harm from the Elements, which is being built in San Francisco to reduce any harm caused by possible earthquakes
- A US\$2,000 grant for stupas being built at IMI House in Sera Je Monastery, South India
- US\$5,000 to a stupa being built in Washington State by Pamtingpa Center
- 1,000 Kadampa stupas dedicated for those who passed away in 2014

The above are just a sampling of the many contributions made this year from FPMT Charitable Projects to an array of beneficial activities and causes that support Lama Zopa Rinpoche's Vast Vision for FPMT. Many more accomplishments can be seen at fpmt.org/projects/fpmt/.

For a full financial report on all of the donations made on behalf of FPMT Charitable Projects for 2014, please see page 26.





Top row from left: Lama Zopa Rinpoche with the children from Ladakh. Rinpoche sponsors their food. The children are orphans or have been taken from families where they have been abused. Photo by Ven. Roger Kunsang, January 2014; Holy objects and extensive offerings at Kachoe Dechen Ling, California. Photo by Chris Majors; Lama Zopa Rinpoche visiting the new stupa at Pamtingpa Center in Washington State. One of Lama Zopa Rinpoche's Vast Visions is for the creation of 100,000 stupas around the world.

Bottom row from left: Lama Zopa Rinpoche and one of the beautiful Namgyälma boards being used to bless sentient beings in the Pacific Ocean and all who come into contact with it; All the monks of Sera Je Monastery to whom the Sera Je Food Fund offers meals.





COMMUNICATIONS

The communications work of FPMT International Office is multifaceted and seeks to develop and strengthen an international community of Dharma students, studying and practicing within the tradition of Lama Tsongkhapa as taught by FPMT founders Lama Yeshe and Lama Zopa Rinpoche. We maintain many methods for connecting FPMT students, centers, projects and services with the greater organization as well as with each other.

FPMT.ORG

FPMT International Office's website, FPMT.org, serves the worldwide FPMT community in a variety of ways. Through it, we offer new advice from Lama Zopa Rinpoche and updates on his teaching schedule and beneficial activities. Our website shares detailed information and guidance for those offering service in the organization. And FPMT.org acts as a gateway to all the educational opportunities and events available through the FPMT organization. As the internet and digital media have become increasingly accessible throughout the world, International Office continues to improve and expand our website, ensuring its relevance now and into the future. Here are a few highlights for 2014:

- FPMT.org had 336,713 unique visitors – a 9% increase from 2013 – who viewed 1,209,315 pages. Visits from mobile devices and tablets noticeably increased this year by 70% and 44% respectively.
- We saw a total of 526 new posts added to our many blogs, which include “Lama Zopa Rinpoche News,” “FPMT Charitable Projects News,” “Education News” and “FPMT News Around the World.” Through our blogs we are able to share timely advice, information and updates that help students with their daily motivation, foster a sense of community and offer many opportunities to rejoice.
- We merged *Mandala*'s website with our main FPMT.org site, creating more unified and coordinated communications, while maintain a place for *Mandala*'s original reporting and an archive of past issues (FPMT.org/mandala).
- We updated and revised the online video resources page (FPMT.org/media/streaming/).
- We continued to support centers, projects and services by providing the opportunity to publicize their retreats and volunteer or job openings globally on FPMT.org.

Online Video Resources
page on FPMT.org

Teachings of Lama Zopa Rinpoche

Rinpoche Available Now – Latest Teachings of Lama Zopa Rinpoche



Teachings from the Kopan November Course

Venue: Kopan Monastery, Kathmandu, Nepal
Date: November 29th 2014 to December 7th 2014

Rinpoche gives teachings at the end of the annual Kopan November one month course and these resources are available as streaming audio files, with videos and transcripts coming soon.



Teachings from Australia

Venue: Chenrezig Institute, Atisha Centre, Thubten Shedrup Ling Monastery and the Great Stupa of Universal Compassion.
Date: September 06th 2014 to October 24th 2014

Rinpoche gave teachings in Chenrezig Institute from September 6th to 9th followed by teachings from the Bodhicaryavatara and Rinjung Gyatsa Retreat in the Great Stupa of Universal Compassion.



Teachings from Light of the Path 2014

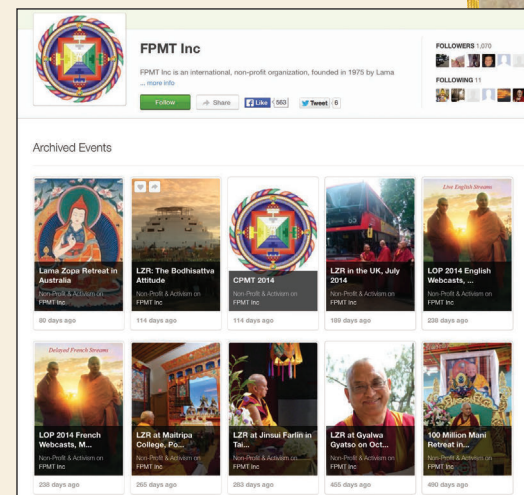
Venue: Hosted by Kadampa Center, North Carolina, United States
Date: May 4th 2014 to May 17th 2014

Video and audio recordings of the 2014 LOP retreat teachings in English, Spanish and French are available. A PDF teaching transcript in English of Lama Zopa Rinpoche's teachings is also available.

ADDITIONAL ONLINE COMMUNICATIONS MEDIA

In addition to FPMT.org, International Office uses video websites, email and social media to connect with students and those offering services to the organization. 2014 highlights include:

- Live webcasts of major teaching events in Taiwan, the United States, the United Kingdom, Australia and Nepal were made available on the FPMT Livestream page (<https://new.livestream.com/FPMT>).
- The FPMT YouTube channel had 13,608 subscribers with 387 uploaded videos, including the very popular *Discovering Buddhism* modules. We are regularly adding videos and many of these feed to the FPMT.org website and our Facebook pages.
- At the end of 2014, we had 25,798 monthly subscribers to our digital FPMT International Office newsletter and 25,233 monthly subscribers to the Foundation Store Newsletter.
- More than 1,600 students signed up to receive our blog posts via email.
- The FPMT and CPMT e-groups continued to provide an essential communication tool for students and for those offering service in FPMT.
- Our “Prayers for the Dead” service facilitated prayers for 476 individuals who had passed away.
- Lama Zopa Rinpoche’s Facebook page following more than doubled this year. Rinpoche now has over 280,500 followers, an increase of over 172,000 from last year.
- Our daily posts to social media like Facebook, Google+, Twitter and Instagram share news of FPMT and Rinpoche with an ever expanding audience.
- Tenzin Ösel Hita’s Facebook page has 7,497 followers. Ösel posts regularly on this page and it is moderated by himself as well as FPMT International Office.



FPMT Livestream page

MANDALA PUBLICATIONS

Mandala magazine reports on events – both large and small – within the organization and offers features and advice that provide inspiration and instruction to FPMT students. In 2014:

- *Mandala* published four print issues, which were available as a benefit of the Friends of FPMT program and through center subscription programs. Average readership per print issue in 2014 was 11,000.



- Working with the generous supporters of the Friends of FPMT program, *Mandala* helped sponsor 848 copies of the 1,944 print copies of the magazine mailed to prisoners in 2014.

“Reading *Mandala* gave me ideas to try with the center here while I was director. It also helps connect us with other centers and me with other people I met years ago. Your work is valuable in *many* ways!”

- Doc O'Connor, former center director, Do Ngak Sung Juk Centre, Tokyo, Japan

INFORMATION TECHNOLOGY

Our website and online communications work – in addition to our charitable and educational work – would not be possible without the support and diligence of our Information Technology department. In 2014, our IT department carried out work to ensure the smooth functioning and security of all our information, computing and online systems. Highlights include:

- Upgrades to the Online Learning Center
- Implementation of an IT Asset and Expenses Management System
- Completion of performance improvements to the server that hosts FPMT.org, due to a significant increase of traffic during the last quarter of the year

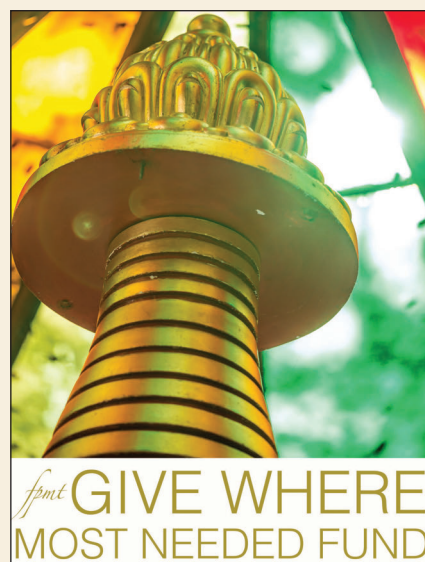
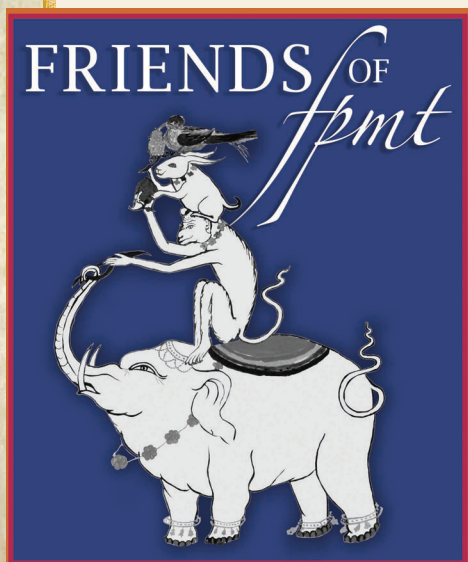
Explore the vast online offerings from FPMT International Office at FPMT.org

DONOR SERVICES AND DEVELOPMENT

The FPMT Development department works to ensure that the projects, funds and activities served by International Office have the resources to thrive and come to fruition. This work includes stewarding our donors, implementing fundraising drives, and creating opportunities for our global FPMT community to practice generosity.

2014 HIGHLIGHTS

- The Friends of FPMT program remained a major funding source for FPMT International Office activities. Total contributions for the year from our Friends of FPMT donors reached US\$217,724.
- The Friends program also offers participants a connection to the FPMT international community and FPMT education resources through e-News, *Mandala* magazine, gifts from FPMT Education Services and access to interactive Dharma courses on the Online Learning Center. At the close of 2014, we had 1,041 active Friends of FPMT donors and 2,682 Free Friends subscribers.
- The **Give Where Most Needed Fund** finished its first year, receiving more support than was expected, with contributions reaching US\$79,237.
- **Work a Day for Rinpoche**, an annual campaign held during Saka Dawa, drew 736 “workers” in 51 countries, donating a portion of their income towards fulfilling Lama Zopa Rinpoche’s wishes through the activities of FPMT International Office. Giving totaled US\$192,317 for the year.



WORK A DAY

for RINPOCHE



- The **International Merit Box Project**, a method to enhance the generosity practice of students, reached its 13th year. Fifteen grants were awarded in 2014 using the donations collected from students around the world. See the chart below for a list of all the virtuous activities that Merit Box supported.



2014 INTERNATIONAL MERIT BOX PROJECT GRANT DISTRIBUTION

Center/Project/Service	Project	Grant (US \$)
Gendun Drupa Centre, Switzerland	Hayagriva Statue	\$1,555
Int'l Mahayana Institute	Retreat Support for IMI Sangha	\$4,000
Jamyang Centre/Community Courthouse, UK	Repaying the Kindness	\$2,000
Kadampa Center, USA	Gompa Prayer Book Expansion Project	\$1,000
Karuna Hospice Services, AUS	Development of Spiritual Carer Training Program	\$5,000
Lamp of the Path, Mongolia	Soup Kitchen (Feeding the Homeless)	\$4,000
Liberation Prison Project, USA	<i>Mandala Magazine Subscriptions for Prisoners</i>	\$1,000
Lama Yeshe Wisdom Archive, USA	<i>Big Love, Lama Yeshe: The Official Biography of Lama Yeshe</i>	\$5,000
Lama Zopa Rinpoche Bodhichitta Fund	Grant for Ongoing Operations for Ösel Labrang Postage for Prayer Flags for Rinpoche's Long Life	\$8,000 \$8,311
Maitripa College, USA	Research Library Tibetan Language Program	\$1,000 \$1,000
Milarepa Center, USA	Paving the Way to Enlightenment	\$7,500
Online Learning Fund	Live Webcasts of Lama Zopa Rinpoche's Teachings	\$2,877
Vajrapani Institute, USA	Lama Yeshe Statue Shrine	\$2,500
Total Awarded		\$54,743

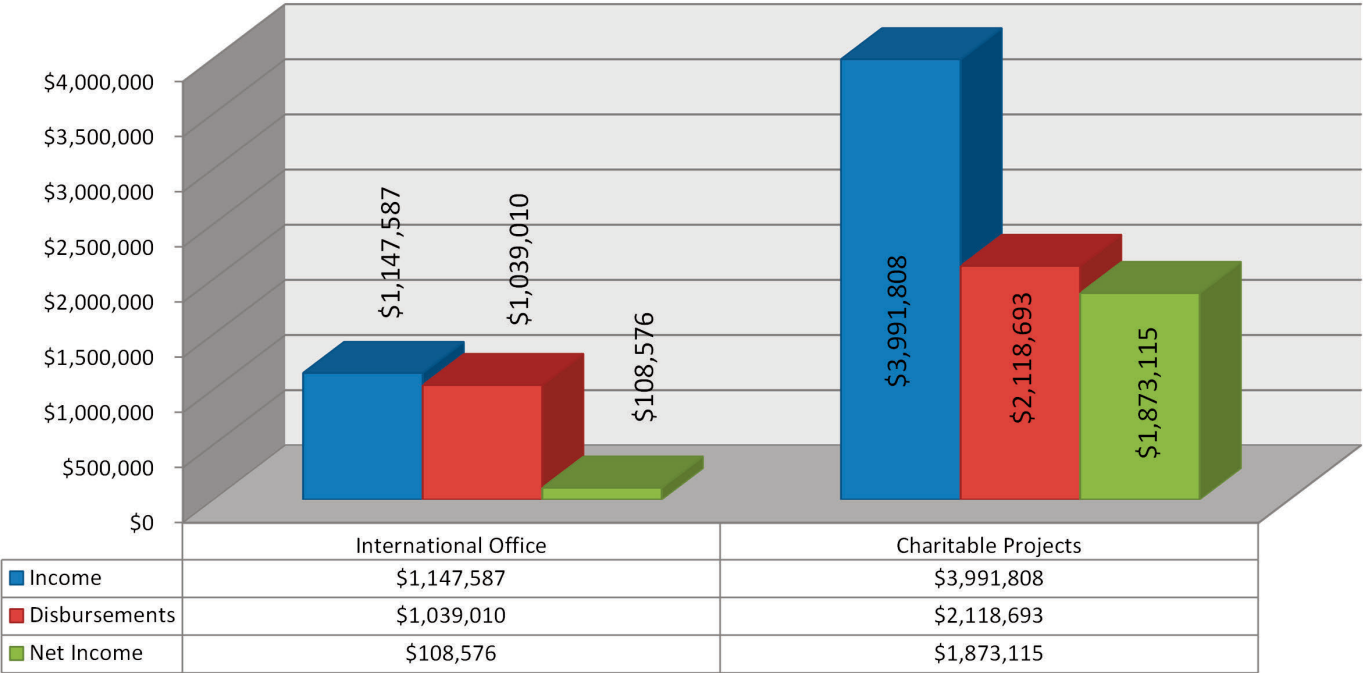
FINANCES - FISCAL YEAR 2014

The CFO and Financial Controller of FPMT International Office are responsible for managing and supervising the finances of the Foundation for the Preservation of the Mahayana Tradition, Inc. (FPMT Inc.) as directed by its Board of Directors. Finances are divided between general funds (unrestricted) and funds designated for specific charitable projects (restricted funds).

In 2014, total unrestricted income for International Office was US\$1,147,587 and total expenses were US\$1,039,010 (excluding a depreciation charge of US\$256,530), resulting in an operating surplus before depreciation of US\$108,576.

In 2014, the total restricted income for Charitable Projects was US\$3,991,808 and the total disbursements and expenses were US\$2,118,693 with the surplus primarily consisting of funds held for some projects with projected disbursements requirements in 2015 and beyond.

FPMT - Overview of Income and Disbursements 2014



¹ Foundation for the Preservation of the Mahayana Tradition, Inc. (abbreviated as FPMT Inc.) is the legal entity of FPMT International Office. The terms FPMT Inc. and International Office are interchangeable. In practical terms, the International Office functions and serves as Lama Zopa Rinpoche’s office, therefore the guidance of our Spiritual Director is implicit.

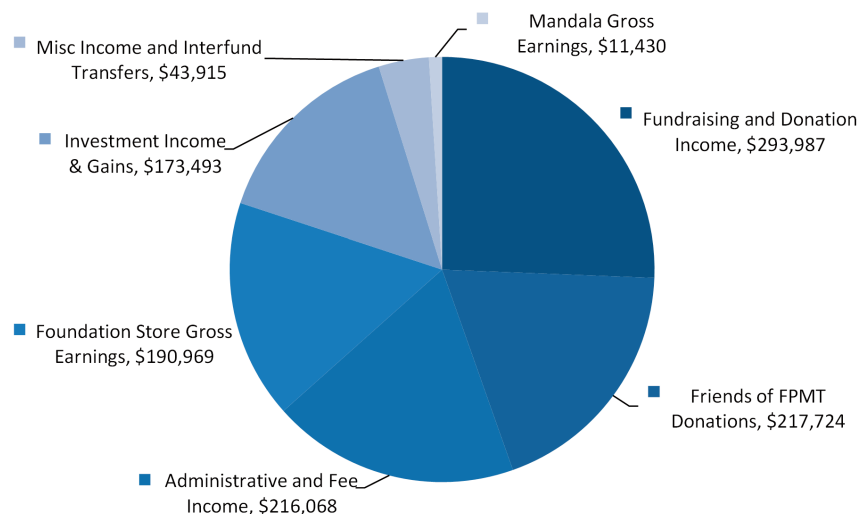
² Restricted funds include all the charitable projects of FPMT Inc. as outlined on our website in addition to certain other charitable projects as directed by Lama Zopa Rinpoche and the Board of Directors.

UNRESTRICTED FUNDS INCOME AND EXPENSES

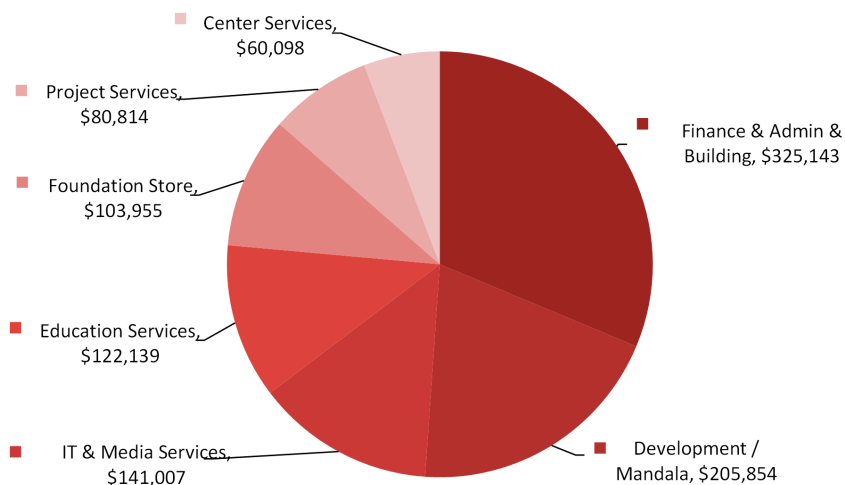
Unrestricted funds do not have any donor-imposed restrictions, and therefore can be used to fulfill the varying needs of the organization. The following charts give a summary of FPMT Inc.'s unrestricted income and expenses in 2014. The primary sources of income were fundraising and donation income, administration fees, investment income and gains, Friends of FPMT donations and earnings from *Mandala* magazine and the Foundation Store. The primary expenses were the management costs of the International Office, where each department is responsible for helping to carry out the charitable mission of FPMT Inc.



FPMT - 2014 Unrestricted Income



FPMT - 2014 Unrestricted Expenses



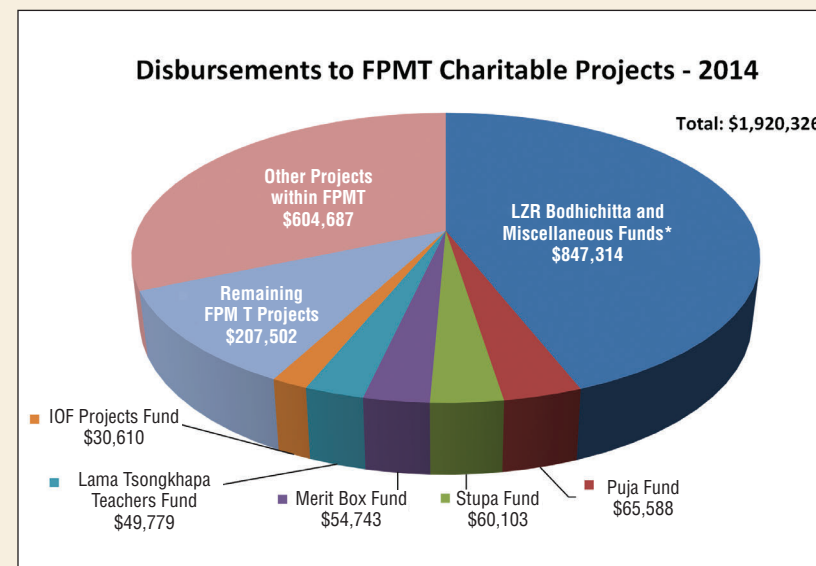
Unrestricted Income 2014	Income US\$
Fundraising and Donation Income	\$293,987
Friends of FPMT Donations	\$217,724
Administrative and Fee Income	\$216,068
Foundation Store Gross Earnings	\$190,969
Investment Income & Gains	\$173,493
Misc Income and Interfund Transfers	\$43,915
Mandala Gross Earnings	\$11,430
Total Income	\$1,147,587

Unrestricted Expenses 2014	Expenses US\$
Finance & Admin & Building	\$325,143
Development / Mandala	\$205,854
IT & Media Services	\$141,007
Education Services	\$122,139
Foundation Store	\$103,955
Project Services	\$80,814
Center Services	\$60,098
Total Expenses	\$1,039,010

CHARITABLE PROJECTS DISBURSEMENTS - 2014

Disbursements from Charitable Projects during 2014	
<i>In US Dollars</i>	<i>FY 2014</i>
LZR Bodhichitta and Miscellaneous Funds *	\$847,314
Puja Fund	\$65,588
Stupa Fund	\$60,103
Merit Box Fund	\$54,743
Lama Tsongkhapa Teachers Fund	\$49,779
IOF Projects Fund	\$30,610
Remaining FPMT Projects	\$207,502
Long Life Puja Funds	\$29,133
Big Love Fund	\$28,134
Prajnaparamita Project	\$27,473
Education Scholarship & Development Fund	\$25,000
Lamrim Chenmo Fund	\$25,000
Stupa to Minimize Harm from the Elements	\$19,950
Online Learning Fund	\$18,309
Prayers for the Dead Fund	\$18,116
Buddha Amitabha Pure Land	\$7,320
Translations Fund	\$5,867
Animal Liberation Fund	\$3,201
Other Projects within FPMT	\$604,687
FPMT Mongolia	\$307,108
Maitreya Projects	\$241,948
Animal Liberation Sanctuary	\$21,205
Lama Yeshe Sangha Fund	\$16,882
Tara Puja Fund	\$14,647
Land of Calm Abiding	\$2,896
TOTAL DISBURSED FROM CHARITABLE PROJECTS	\$1,920,326

This table and chart outline the direct disbursements during 2014 to FPMT's Charitable Projects. The direct disbursements came to a total of US\$1,920,326



* LZR Bodhichitta and Miscellaneous Funds disbursements includes offerings to various monasteries and projects in India of US\$280,004; sponsorship of statues of US\$71,845; sponsorship of stupas of US\$56,452; support of social projects in India of US\$142,786; grants to FPMT centers, projects, services and charitable projects of US\$146,649; and sponsorship of Tibetan and Western Sangha offering practices for the organization and care of our Spiritual Director of US\$149,578.

FPMT 2014: PRESERVING, DEVELOPING, AND SPREADING THE MAHAYANA TRADITION

FPMT INTERNATIONAL OFFICE STAFF

FPMT International Office is Lama Zopa Rinpoche's office.

Executive Office

Ven. Roger Kunsang, President and Chief Executive Officer
Eamon Walsh, Chief Financial Officer
George Williams, Director of Operations

Assistant to the CEO and FPMT Charitable Projects Coordinator

Ven. Holly Ansett

Finance and Administration

Aruna Prakash, Finance Controller
Chuck Latimer, HR, Administration and Building Manager
Carl Jensen, Administrator and Office Manager

Center Services

Claire Isitt, Director

Education Services

Tom Truty, Director
Ven. Joan Nicell, Foundational Program Coordinator
Merry Colony, Education Consultant
Sarah Shifferd, Editor
Kendall Magnussen, Editor
Olga Planken, In-Depth Program Coordinator
Joona Repo, Translation Coordinator
Amy Cayton, Seminar Coordinator

Education and Charitable Projects Support

Carina Rumrill, Editorial Support

Foundation Store

Diana Ospina, Manager
Samten Gorab, Order Fulfillment and Customer Service



Mandala Publications

Laura Miller, Managing Editor and Publisher
Michael Jolliffe, Assistant Editor, Advertising and Sales

Donor Services

Justin Jenkins, Coordinator

Web Development

Adam Payne, Manager

Information Technology

Alfredo Piñeiro, Manager

Media Resource

Harald Weichhart, Manager

We want to recognize the years of service of Brad Ackroyd, who worked as our IT manager from March 2009 to July 2014. We welcomed Alfredo Piñeiro in July 2014, who took over the IT manager position. We welcomed Harald Weichhart, who started in July 2014, as our Media Resource Manager.

FPMT International
Office staff enjoying an
afternoon with Lama
Zopa Rinpoche,
April 2014



THANK YOU!

FPMT International Office offers our deepest gratitude and appreciation to all FPMT centers, projects, services, teachers, students, volunteers and benefactors who supported us in 2014. Your kindness helps provide the tools and resources we need to help carry forth Lama Zopa Rinpoche's Vast Vision for FPMT. All of our accomplishments are yours as well, so please rejoice with us!

We would like to recognize and deeply thank our very kind volunteers who gave their time and enthusiasm in 2014: Lynn Stevenson, Jacob Stuart, Donna Lynn Brown, Margaret Janssen, each of our regional and national coordinators – Ven. Paloma Alba, Karla Ambrosio, Isabel Arocena, Marly Ferreira, Rafael Ferrer, Lara Gatto, Frances Howland, Ven. Carolyn Lawler, Steven Lin, Drolkar McCallum, Tara Melwani, Helen Patrin, Brian Rae and Jay Simpson – all those who volunteered to make CPMT 2014 such a success, and all of the Sangha and volunteers who directly help Lama Zopa Rinpoche.

Dedications at the pujas sponsored by Lama Zopa Rinpoche at the great monasteries throughout the year are made especially for purifying obstacles and creating merit for Dharma activity to flourish in FPMT as well as for all students, supporters and FPMT friends who are ill or have died, and for all those who have worked tirelessly and sacrificed so much to benefit the organization in different ways.

HOW YOU CAN HELP

There are many opportunities to offer support to FPMT. From volunteering or attending teachings at your local FPMT center, to making a contribution to our charitable projects, to enrolling in our Friends of FPMT program, to participating in one of our education programs, to offering prayers and good wishes, your support and kindness allows us to continue our work.

*May 2015 usher in an era of peace and loving kindness
in your home, your country and the world.*



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