



*fpmt*

# **FPMT ANNUAL REVIEW 2012**

**NOTHING MORE IMPORTANT THAN HELPING OTHERS**









**FPMT 2012:  
NOTHING MORE IMPORTANT THAN HELPING OTHERS**

**A MESSAGE FROM  
OUR SPIRITUAL DIRECTOR  
LAMA ZOPA RINPOCHE**

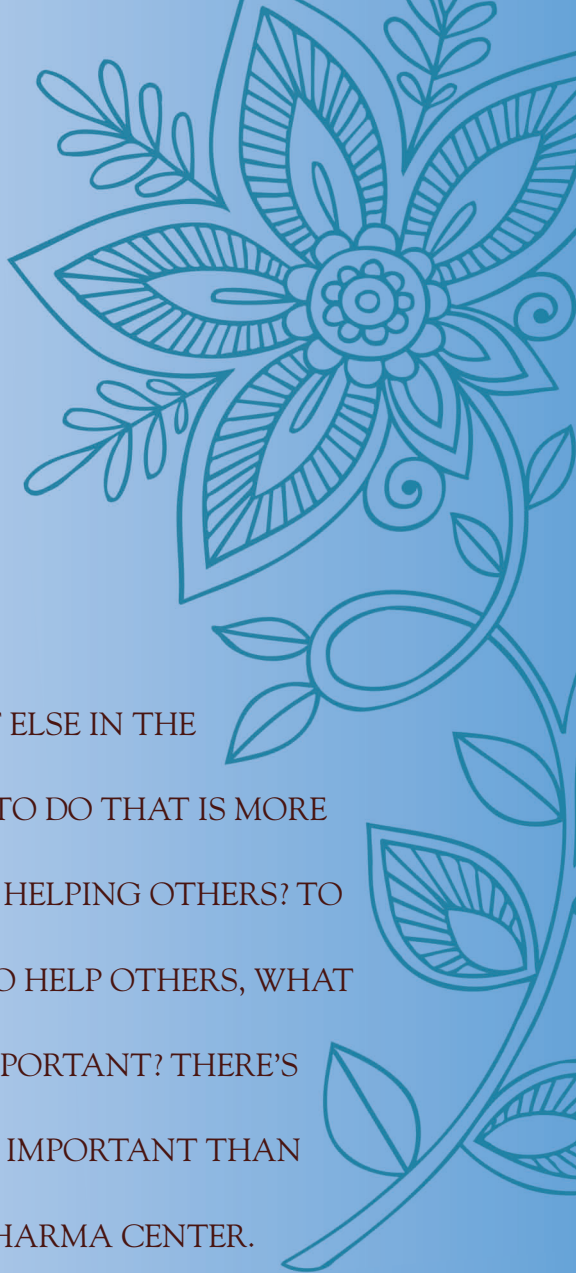
**MY VERY DEAR PRECIOUS AND KIND BROTHERS,  
SISTERS, BENEFACTORS AND STUDENTS,**

**H**ow the FPMT has been able to benefit the six realm beings and the people of this world, the many different ways it benefits others – I am so happy with this. I really am so happy about the benefits that we bring to others. All this benefit is due to your kindness and prayers in the past and the present and because of that it will also be beneficial in the future. This is like a wish-fulfilling jewel removing the darkness of the world, benefiting those that need help.

From my heart, I thank all of you for what you have done in the past and present and for what you will do in the future. Please continue in the future, if possible even better, with your wisdom and compassion.

With much love and prayers,

Lama Zopa



**W**HAT ELSE IN THE  
WORLD IS THERE TO DO THAT IS MORE  
IMPORTANT THAN HELPING OTHERS? TO  
HELP OURSELVES, TO HELP OTHERS, WHAT  
ELSE IS MORE IMPORTANT? THERE'S  
NOTHING MORE IMPORTANT THAN  
SERVING A DHARMA CENTER.

-LAMA ZOPA RINPOCHE, KURUKULLA CENTER, OCTOBER, 2012

## A MESSAGE FROM TENZIN ÖSEL HITA



Ösel at Amitabha Buddhist Centre in Singapore, November 2012. Photo by Tan Seow Kheng and Stephen Ching.

### DEAR FAMILY,

Time passes and already it has been another year gone – 29 years since Lama Yeshe passed away – and we keep evolving in a very healthy and organic way. I'm very happy and full of admiration for the whole FPMT family. This year is strong and we are here to bring about a magical change to this planet and its inhabitants by making available a series of ideologies, philosophies, motivations on true living and a way of life that helps awaken that inner self we all talk about.

Please keep your focus as much as you can in your everyday life; every moment we have, every aspect of life is essential for our evolution. Keep the joy in your heart and spread the positive vibes. Point your path to awakening this child in each and every one of us. Thank you very much and take care everyone.

Big love,

Ösel



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## **A MESSAGE FROM OUR CHIEF EXECUTIVE OFFICER VEN. ROGER KUNSANG**

**DEAR FRIENDS,**

**N**ine months after Rinpoche's stroke in April 2011, the year started with a January 2012 long life puja in Bodhgaya offered by Sera Je Monastery, Kopan Monastery and FPMT. More than 4,000 monks and nuns attended as well as many people from all over the world. At the end, Rinpoche requested that I read out the list of pujas, prayers, practices and other virtuous activities that were done for him while in hospital. The list is long, vast and inspiring, and Rinpoche wanted people to have the chance to rejoice and to take the opportunity to thank everyone for what they had offered.

Throughout 2012 Rinpoche approached everything as though nothing had changed, as though the stroke never had happened; it was unsettling at times. Rinpoche has a very different way of thinking. He's not at all interested in the conventional therapy and approach to recovering from a stroke. He's not at all worried about his own situation or seeking advice to solve it. Rinpoche repeated again and again that it's karma, that it will take time, that the best thing is to create merit, do korwa (circumambulate) at Boudhanath and Swayambunath stupas, do self-initiations, etc. I was surprised because throughout the year I could see the slow but steady improvement in Rinpoche's right arm and leg. And the interesting thing is Rinpoche never coughs any more in teachings, is more conscious of the time and is more straight forward in his communications with others; he now never wears glasses, nor does he need sunglasses for bright light.

After the long life puja, Rinpoche attended the Kalachakra initiation given by His Holiness. After the Kalachakra finished January 10, Rinpoche organized and received the Ngartang Gyatsa initiation with other lamas from Dhakpa Rinpoche at Root Institute. This was followed by Serkong Tsenshab Rinpoche offering the *lung* of *Sherab Nyingpo* at Root Institute to Lama Zopa Rinpoche, Dagri Rinpoche and others, including Richard Gere.





In February, Rinpoche drove overland through Lumbini, stopping briefly in Pokhara for a few days where Rinpoche conceived of a 110-foot [34-meter] Padmasambhava statue to be built on the edge of the lake there. After Pokhara, Rinpoche spent time in Kopan giving many teachings and initiations to the monks and nuns, going to either Boudhanath or Swayambunath stupas to circumambulate every second or third day. Rinpoche would circumambulate Boudhanath Stupa seven times slowly. With each circumambulation, Rinpoche said to visualize all of the six realm sentient beings being liberated. At Swayambunath one circumambulation of the mountain would take an hour and half, with a short stop for tea and then another to do prayers in front of the Padmasambhava statue.

Often while driving in Kathmandu, Rinpoche would come across goats tied up about to be killed. Immediately we would stop and negotiate their price, often buying four goats at time. The goats would go into quarantine at Kopan Nunnery before going to the Animal Liberation Sanctuary of Kopan Monastery.

Rinpoche then traveled to Dehradun, India, for one month, for the continuation of the *Wangya Norbu Tangwa* initiations by His Holiness the Sakya Trizin which is to be continued in 2013 and maybe 2014. Then Rinpoche went back to Kopan to teach more and then flew to the United States to meet Khadro-la.

Rinpoche and Khadro-la visited Land of Calm Abiding and our centers in the San Francisco Bay Area in mid-May. A key reason for coming to the country was for Khadro-la to identify the site for a special stupa that would help minimize the effects of a potential earthquake on the West Coast. Khadro-la identified a place in San Francisco. We then traveled to International Office in Portland, Oregon, where Rinpoche and Khadro-la filled and blessed a special Tara wealth mandala for the success of all the Dharma activities in FPMT. Later, in Aptos, California, Tenzin Ösel Hita visited Rinpoche many times and attended the Vajrasattva initiation Rinpoche gave at Vajrapani Institute. Rinpoche and Tenzin Ösel then attended the FPMT board meeting in Aptos.

In October, Rinpoche attended His Holiness the Dalai Lama's event at Kurukulla Center in Boston, Massachusetts, and also stopped off in Madison, Wisconsin, to spend a few days with Geshe Sopa Rinpoche, before making his way to India.

Rinpoche arrived in India in November to give the oral transmissions of the Most Secret Hayagriva lineages to the monks at Sera Je Monastery and then went on to Mundgod for His Holiness' Jangchup Lamrim teachings. FPMT was a major sponsor of this event that continues in Sera Monastery during 2013. Rinpoche then traveled to Nepal and gave a Vajrasattva initiation to the November Course attendees and a Great Chenrezig initiation to approximately 5,000 Tamang people. During this time, Tenzin Ösel with Mai, his girlfriend, and her family visited with Rinpoche. Tenzin Ösel also gave several talks at the Kopan November Course, which people enjoyed. Rinpoche continued giving teachings and initiations to the Kopan monks and nuns.

So you can see nothing has really changed: Rinpoche continues to put a great deal of effort into teaching, giving initiations, guiding the FPMT and students, and now in India and Nepal, Rinpoche has started to pass on the lineages, initiations and teachings he has received from his teachers in the past.

Recently Rinpoche advised that we need to focus on helping students to actualize the lam-rim, especially to attain shiné (calm abiding) – so Education Services is working on ways to support students to do this. Meanwhile, a key priority for the organization continues to be developing our regionalization strategy in order to sustain current FPMT centers, projects and services; and in order to ensure we can help to fulfill Rinpoche's vision for the FPMT in the very long term.

We have a great team of people in Rinpoche's office in Portland – FPMT International Office – and they are very committed, working hard to serve students, centers, projects and services in FPMT worldwide. As you read through the 2012 Annual Review and see what has been done in the different departments, please rejoice.

Thank you to everyone for all your support. We are one international family making a difference in this world, helping to make the world a more compassionate place.

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## **A MESSAGE FROM OUR BOARD OF DIRECTORS**



The FPMT Board of Directors, Aptos, California, USA, September 2012.





## WHO WE ARE AND WHAT WE DO

The Foundation for the Preservation of the Mahayana Tradition (FPMT) is an international, non-profit Buddhist organization, founded in 1975 by Lama Yeshe (1935-1984) and his heart disciple, Lama Zopa Rinpoche. FPMT is devoted to transmitting and preserving Mahayana Buddhist teachings and values worldwide and is spiritually directed by Lama Zopa Rinpoche.

FPMT is an organization encompassing 160+ centers, projects and social service initiatives around the world. FPMT programs offer a comprehensive, experiential approach to study, practice and service in the great educational tradition of Lama Tsongkhapa of Tibet as taught by Lama Yeshe and Lama Zopa Rinpoche.

Lama Zopa Rinpoche's Office, or "FPMT International Office," provides the necessary framework for all FPMT activity, develops and delivers high quality education programs and materials, maintains several primary channels for communication, manages charitable projects key to FPMT's mission, coordinates communication between Lama Zopa Rinpoche and the larger organization and provides support to FPMT centers, projects and services.

Due to Lama Zopa Rinpoche's stroke in 2011 and the subsequent and ongoing care of his health, the FPMT board of directors was not able to meet in person for 18 months, and instead conducted meetings over frequent conference calls.

Finally, in September 2012, we all met in Aptos, California, USA and discussed several critical issues. Through constructive dialogue, and with precious advice and involvement from Rinpoche, we mapped out where we are heading both in the short and long term.

The first important – and difficult – issue was the question of succession, which Lama Zopa Rinpoche requested that we discuss. While perhaps uncomfortable and delicate to consider, because this is an organization that we envision benefitting others for a thousand years to come, we, as a board and as students of an awakened leader, would be remiss if we did not embrace this mandate to help guide the organization forward.

The second area of dialogue focused on the emerging role of Tenzin Ösel Hita, the incarnation of our founder Lama Yeshe. Ösel and Rinpoche have spent a good deal of time together in the past 18 months and they have spoken openly and passionately on this subject. Rinpoche's primary consideration for Ösel, in his position as a possible steward of the organization, is that he continues and deepens his Dharma studies. Rinpoche suggested, as a beginning step, for Ösel to return to Sera Je Monastery once a year for a few months to study formally with Ösel's teacher, Geshe Gendun Choephel.

Additionally, Rinpoche and Ösel felt there could be great value if Ösel toured FPMT centers, projects and services and offered advice and support wherever he felt he could be of benefit. Ösel has taken this advice to heart, touring a number of centers, offering advice, inspiration and support wherever he goes. Additionally, Ösel is an active and dynamic member of the FPMT board of directors, bringing fresh energy and insights to our discussions and planning.

We are enthusiastic about the future of the organization, and would like to thank all of you who help in big and small ways to support the vision of Lama Yeshe and Lama Zopa Rinpoche.

Best,  
Karuna Cayton  
Chair of the Board of Directors  
FPMT, Inc.



## INTRODUCTION

Identifying this year's theme for our Annual Review was fairly straightforward. All we had to do was look at Lama Zopa Rinpoche's activities and advice from 2012 and it became clear that nothing is more important to Rinpoche, and thus the entire FPMT organization, than helping others. Rinpoche proved, as he does time and again, that nothing can stop him when the goal of helping others is concerned: not his health, not external obstacles, nothing. With Rinpoche, everything is possible and the actions of his life document what unstoppable bodhichitta looks like. Rinpoche said the following at Kurukulla Center in Boston in October, "What else in the world is there to do that is more important than helping others? To help ourselves, to help others, what else is more important?"

As you read in Ven. Roger's letter on page 6, Rinpoche spent the year doing just this: helping others in a myriad of ways. Rinpoche connected with every

center he was near, talking with directors and students, enjoying picnics and attending pujas and giving advice and teachings at every turn. He gave initiations and talks at six locations, he offered robes to all FPMT Sangha and ordained resident and touring teachers, he met with His Holiness the Dalai Lama and Sikyong Lobsang Sangay, the Prime Minister of the Tibetan Government in Exile, he offered more than \$US1.1 million to worthy Dharma and social service projects, and touched the lives of all he interacted with along the way.

It is in Rinpoche's shadow that we offer, "FPMT 2012: Nothing More Important than Helping Others" as the title and organizing theme for this year's Annual Review. All of us here at Lama Zopa Rinpoche's International Office present you with this collection of accomplishments and highlights, with our strong wish that it becomes the cause for all of us to take to heart Rinpoche's advice and learn that nothing is more important than helping others.



From left: His Eminence Ling Rinpoche visited Rinpoche in May. FPMT was one of the main sponsors for His Holiness the Dalai Lama's Jangchup Lamrim teachings that were organized by Ling Rinpoche; Right: In September, Rinpoche took private teachings from Denma Locho Rinpoche and invited him to lunch at Kachoe Dechen Ling, giving very specific menu instructions to the cooks. Both Rinpoches are pictured here with the relics in Lama Zopa Rinpoche's room.





Top row left: In 2012, Rinpoche offered 27 life-size statues of Maitreya Buddha to FPMT centers, projects and services. Pictured here is Rinpoche with Lama Yeshe Wisdom Archive director Nick Ribush in front of one of the Maitreya Buddha statues Rinpoche offered; Right: In May, Rinpoche met with His Holiness the Dalai Lama in Dharamsala, India.

Bottom row left: In May, the Prime Minister of the Tibetan Government in Exile, Sikyong Lobsang Sangay, toured Tushita Meditation Centre in Dharamsala, India, to meet Rinpoche and they discussed many things, including the Maitreya Project and ways that FPMT can support the Tibetan cause; Right: Rangjung Neljorma Khadro Namsel Drolma (Khadro-la) and Rinpoche paid a visit to the United States in June, primarily to locate land for the stupa she recommends is needed to minimize harm from potential earthquakes and the elements on the country's western coast. While visiting Vajrapani Institute, Khadro-la gave some advice and Rinpoche took her all over the land, showing her Lama Yeshe's stupa, the cremation stupa and beautiful views.





Lama Zopa Rinpoche was offered Bodhichitta, an elephant, during Rinpoche's January stay at Root Institute in Bodhgaya, India. Rinpoche spent a long time reciting mantras to the elephant.





Top row left: Tara Redwood School children offering cards to Rinpoche, California, June 2012; Right: In August, Rinpoche, Khadro-la, Jhado Rinpoche and Geshe Ngawang Dakpa, along with many Bay Area students, went on a boat to bless sentient beings in the ocean with giant mantra boards. Bottom row left: Lama Zopa Rinpoche in Nepal making light offerings, February, 2012; right: Lama Zopa Rinpoche shopping for flower offerings in California, 2012.



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## EDUCATION

In accordance with the wishes, guidance, and advice of Lama Zopa Rinpoche, we create high quality study programs suitable for all levels, which are available in FPMT centers, as homestudy materials, or via our Online Learning Center; we publish various practice materials in hard copy and digital formats; and we work with a global network of educators, trainers, translators, and publishers to develop valuable training programs and translations.

## 2012 HIGHLIGHTS

### EDITING AND WEB PAGES

- Following up on the 2011 Translation Conference, FPMT Education Services took tremendous strides toward improving our process for editing and checking texts, including better sourcing and using Wylie transliteration in our colophons.
- We added several new helpful resources to fpmt.org including the popular new Sutras, Holy Objects, Mantras and Prayers and Practices pages.

### PUBLISHED PRACTICE MATERIALS

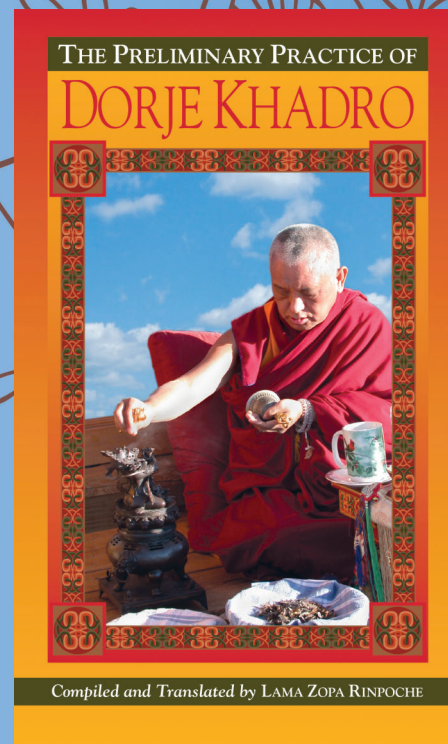
- **Ten new practice materials** including *Preliminary Practice of Dorje Khadro*, Gyalwa Gyatso commentaries by Choden Rinpoche and Lungrig Gyatso, *Long Retreat Medicine Buddha Sadhana*, *Verses to Inspire Offerings* card by Lama Zopa Rinpoche and an MP3 download of *Lama Chöpa Tunes and Audio Guide*.
- **Four revised practice materials** including *The Initial Practices of Vajrayogini*.
- **160 practice materials available in eBook format**, an increase of 23 from last year.

### PROGRAMS

- The first French *Basic Program* Final Exam was a success for all 15 candidates: eight from Centre Kalachakra and seven from Institut Vajra Yogini passed.
- The second FPMT *Masters Program* at Istituto Lama Tzong Khapa, Italy, completed its fifth year. Chenrezig Institute, Australia, completed its first half year of “Middle Way.”
- We appointed an FPMT registered teacher as our first *Discovering Buddhism* assessor for French-speaking students.

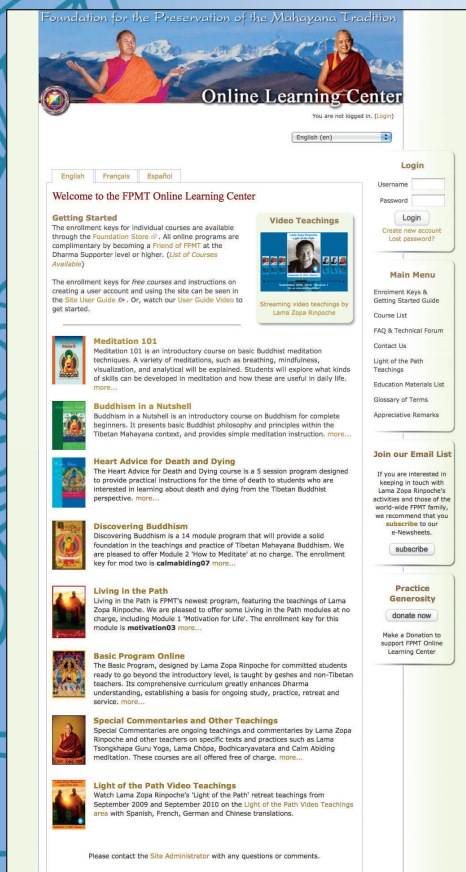
### TRANSLATION AND TRAINING

- In 2012 we welcomed **Joona Repo** as our new FPMT Translation Coordinator.
- On the advice of Lama Zopa Rinpoche, FPMT Education Services has been managing the translation of many pilgrimage texts and guides.
- Many **translations of sutras and important** texts were made available on the FPMT website including *Lam-rim Chenmo* in Vietnamese; *Prayer for the Flourishing of Je Tsongkhapa's Teachings* in French; *Amitayus Long Life Sutra* in eight languages, including the recently added Chinese; and Lama Zopa Rinpoche's *Compassion is of the Utmost Need* quotes in Mongolian.



FPMT Education Services' *Preliminary Practice of Dorje Khadro* is the fifth of the preliminary practice series.





The homepage of the FPMT Online Learning Center.



Some of the Foundation Store's offerings.

## FPMT ONLINE LEARNING CENTER

The FPMT Online Learning Center (OLC) currently offers easy, affordable access to FPMT Education Services' philosophy- and practice-oriented courses and other educational media ranging in level from beginner to advanced.

- We launched **six new course modules**, bringing the total available to 51, including *Discovering Buddhism's* fourth module in French; three new *Living in the Path* modules in Spanish, and *The Heart Sutra* and *Wheel of Sharp Weapons* modules for the *Basic Program*.
- The **Online Learning Center had 9,107 registered users** from 148 countries, an increase of 3,065 from last year.
- We facilitated over **1,000 discussion forum posts**.
- **The site received 105,868 visits from 62,695 visitors users in 166 countries.**
- Formerly known as the FPMT Media Center, we renamed and revamped the Light of the Path Video Teachings area.

## THE FOUNDATION STORE

The Foundation Store is FPMT's online shop, providing students the world over with FPMT's education programs, prayers and practices, materials for students, materials for children, and meditation supplies such as malas, incense, ritual items, thangkas, statues, and much more. The Foundation Store seeks to support practitioners as economically as possible, wherever they reside in the world.

- We increased our reach to students with more than 2,000 orders from students in Australia, Europe, Russia, Latin America and Africa!
- To mitigate higher shipping costs and to better serve our community, we offered many of our prayers and practice books in digital format.
- More than 30 FPMT centers, 20 independent wholesalers and more than 3,000 students, Sangha and prisoners benefited from convenient promotional packages which feature free shipping and special code discounts.
- Through upkeep of our Facebook page, utilizing the new built-in connect feature which allows customers to sign into their accounts using Facebook, and by offering unique discount promotions and raffles to our fans, we increased our fan base from 450 to 2,800.
- In an effort to improve our services, we conducted a customer survey and with 450 customers responding, the results were very positive and highly encouraging. 93% of the respondents stated that their experience visiting the website was pleasant and 97% said that customer service was satisfactory.
- We welcomed 2,714 new subscribers to the Foundation Store Newsletter.
- Visits to the Foundation Store website were up 21.62% from last year, from 137,491 to 167,217.

## OUR DHARMA INCOME

The Foundation Store does not make profit from the sale of the Dharma or holy objects.

*"I'm an Australian customer and am very happy with your store. It is difficult to find things locally and I particularly appreciate that the store supports so many important charitable projects."* – FOUNDATION STORE CUSTOMER



# CENTERS, PROJECTS AND SERVICES

We facilitate communication between Lama Zopa Rinpoche and FPMT centers, projects, services and study groups (which are probationary centers, projects or services), coordinate Rinpoche's teaching schedule, administer FPMT teacher policy and registration, and support FPMT centers, projects, services and study groups implement the policies and guidelines which underpin their work.

## 2012 HIGHLIGHTS

- Regionalization is an FPMT strategic priority that is gradually and collaboratively empowering national and regional offices to better support local centers, projects and services, in alignment with International Office. **Developing these regional and national support systems** helps fulfill Lama Zopa Rinpoche's vision for the FPMT now and in many future lifetimes. In 2012, **regional and national meetings** were organized by each office.
- There were 163 FPMT **centers, projects, services and study groups** in **37 countries**.
- **Seven new study groups** started.
- **Governance guidelines and support** provided by Lama Zopa Rinpoche's International Office continued being valued resources for students.
- **58 highly qualified resident teachers** were offering service in FPMT centers.
- FPMT benefited from **139 registered teachers**, individuals who have completed the study, practice and service required to teach in FPMT centers. Of these registered teachers, **94 are students who have been teaching within FPMT for many years**, and whose extensive study, practice and service was honored by being awarded with honorary certificates for *Discovering Buddhism*, *Basic Program* and/or *Masters Program*.

Top: Lama Zopa Rinpoche with the students of Choe Khor Sum Ling Study Group in Bangalore, India, November 2012.

Bottom: Representatives of Malaysia's FPMT centers (Ven. Sonam, Adam Martin, Selina Foong, Goh Pik Pin and Lim Kim Choon) with His Holiness the Dalai Lama, Dharamsala, India, August 2012





THANK YOU SO MUCH  
FOR THESE GUIDELINES! I  
THINK THEY ARE ESPECIALLY  
IMPORTANT IN A CENTER  
LIKE OURS WHICH HAS SO  
MANY NEW STUDENTS ON  
A REGULAR BASIS AND  
WHERE TEACHER ROLES CAN  
BE EASILY CONFUSED. WE  
HAVE HAD QUITE A FEW  
DISCUSSIONS ABOUT  
TEACHER-STUDENT  
DYNAMICS RECENTLY, SO  
THESE GUIDELINES ARE VERY  
HELPFUL AND I WILL MAKE  
EVERYBODY CONCERNED  
AWARE OF THEM

— FPMT CENTER STAFF

- **A new guideline regarding behavior** was circulated to help teachers and centers hosting teachers.
- Center Services helped **keep all FPMT centers, projects and services connected with their spiritual director**, Lama Zopa Rinpoche, by updating Rinpoche's Advice online, and informing of new general and specific advice.
- Three new regional/national coordinators, 18 new directors and 26 new spiritual program coordinators in 2012 were helped in their role of service with **substantial orientation material, verbal introductions, and email, Skype and phone support**.
- Center Services **answered thousands of emails** seeking guidance on a wide range of issues.
- The essential ethical underpinning of the FPMT continued to be recognized as we ensured that those in a management position or registered as an FPMT teacher signed the acknowledgement of **FPMT Ethical Policy**.
- In order to support alignment with FPMT's vision and governance principles, we ensured that those in management positions also signed their acknowledgement of the **FPMT Handbook**.

### HIGHLIGHTS FROM AROUND THE WORLD: CENTERS, PROJECTS AND SERVICES

- **Long life pujas were offered to His Holiness the Dalai Lama and Lama Zopa Rinpoche** on behalf of all FPMT centers, projects, services and students.
- **FPMT hosted a talk by His Holiness the Dalai Lama** at Kurukulla Center, USA.
- Centers, projects and services and the Sangha of International Mahayana Institute celebrated **FPMT's 10th International Sangha Day**.
- We increased the amount of resources available to **FPMT hospice services around the world**.
- **FPMT's sixth Lotsawa Rinchen Zangpo Translator Programme began**, with 14 students committed to train as qualified interpreters for FPMT centers.
- Root Institute, Bodhgaya, India, opened a new school using **Universal Education for Compassion and Wisdom** and Buddhist principles.
- Liberation Prison Project is now supporting 10 FPMT centers to provide their **outreach program supporting prisoners**.
- **Maitreya Heart Shrine Relic Tour** displayed the precious collection of sacred relics in 69 locations in 2012, **spreading the message of peace, compassion and loving-kindness**.
- It was confirmed that the **Maitreya Project** statue will now be built in Bodhgaya and that Maitreya Project's directorship was changing. Rinpoche mentioned in his letter announcing the changes, "I want to thank from my heart all the people who have dedicated so much of their life trying to help us build the Maitreya statue – those who have made offerings and given their time and energy."



## CHARITABLE PROJECTS

This year we created visibility for the incredible array of charitable projects inspired by Lama Zopa Rinpoche and managed by FPMT International Office. We revamped every FPMT charitable project's webpage with clear mission statements, updated charters, photo albums and, when available, videos. We created a news blog for every charitable project to highlight the project's news and progress. This work is critical for demonstrating governance and accountability for our projects.

Each FPMT charitable project was initiated due to the wishes of Lama Zopa Rinpoche and intended to contribute to his vast visions for FPMT's short-, long-, and very long-term future. As such, we began tracking the history of holy objects and other projects that Lama Zopa Rinpoche has supported and inspired for archival purposes and for collective rejoicing!

## 2012 HIGHLIGHTS

- **Lama Zopa Rinpoche** continues to make extensive offerings for the entire FPMT organization; provide ongoing support of housing, food and other expenses to reincarnated lamas and Sangha around the world; make donations to various holy object projects; and fund critically important Dharma teachings and events, among many other initiatives. Through the **Lama Zopa Rinpoche Bodhichitta Fund, Rinpoche personally offered over US\$1.1 million to various social service and Dharma activities** including the sponsorship of students to do 108 nyung näs at Institut Vajra Yogini, France; US\$14,000 for two 100 Million Mani Retreats at Bigu Nunnery in Nepal; over US\$90,000 to Gyume Tantric College for retreat facilities so that the monks can engage in retreat as part of their tantric practices; and resources for Sangha to offer thousands of light and water offerings daily at Rinpoche's residences, with extensive prayers for the entire organization.



**Monks at Sera Je Monastery enjoying their food. In December, Lama Zopa Rinpoche checked on Sera Je Monastery's kitchen and spent time with the Sera Je manager to review how the Sera Je Food Fund was going. Photo by Losan Piatti.**

- For over 21 continuous years, the **Sera Je Food Fund** has offered 33,872,000 meals to the 2,600 monks studying at Sera Je Monastery. We currently offer 2,847,000 meals per year – that's 7,800 meals per day. The monks make daily prayers for the FPMT organization and to all of the kind sponsors who contribute the US\$280,000 needed every year to continue this incredible offering. Lama Zopa Rinpoche visited the Food Fund kitchen in December 2012 and enjoyed the food there very much.







- Formerly known as the Amdo Eye Hospital, the **Tibetan Health Services Project** now comprises a number of different humanitarian projects in Tibet and India, specifically supporting the Tibetan community. This includes the extremely successful Amdo Eye Hospital which performed over 578 surgeries in 2012, in addition to the small remote eye camps where up to 35 surgeries are performed every three or four months. A new initiative of this project is building a hospital in a remote and poor area of Tibet which currently has no medical facilities. US\$80,000 has already been offered for the land needed for this project. Building plans are underway for the 35-bed hospital which will be managed and overseen by a local doctor.

- 2012 was the 16th year that the **Lama Tsongkhapa Teachers Fund** has offered a small monthly stipend to 136 of the most senior teachers and secretaries of Sera, Ganden, Drepung, Gyume, Gyuto, Tashi Lhunpo and Rato monasteries. In addition, the fund sponsors the travel of the top students from Sera, Gaden and Drepung monasteries to the annual Gelug exam and provides the food and tea to the 600+ foremost scholars in attendance. US\$25,400 was offered for the exam and stipends in 2012.

- The **Big Love Fund** continued with its mission of supporting the creative and educational endeavors of Tenzin Ösel Hita. In 2012 Ösel attended the FPMT board of directors meeting in California and gave talks in Singapore, Malaysia and Nepal. Ösel also sent advice to the whole FPMT family in a heartfelt and encouraging letter.

*“As I learn more about FPMT from these perspectives, my respect and profound appreciation for Lama Zopa Rinpoche and the whole community grows exponentially.”*

- TENZIN ÖSEL HITA, NOVEMBER, 2012

**Left: His Holiness the Sakya Trizin with Lama Zopa Rinpoche during Wangya Norbu Tangwa initiations, Dheradun, India, 2012. Photo by Sakya Drolma Phodrang.**



**Tenzin Ösel Hita at Amitabha Buddhist Centre in Singapore, November 2012. Photo by Tan Seow Kheng and Stephen Ching.**



**Caring for a patient at Amdo Eye Hospital.**





- The **Stupa Fund's** main focus and priority this year was to begin the process to build a stupa in San Francisco to minimize harm caused by possible earthquakes on the West Coast of the USA according to the advice of Rangjung Neljorma Khadro Namsel Drolma (Khadro-la). In June 2012 Khadro-la visited the country to locate the exact site for the stupa and to offer other details needed to begin this project. The Stupa Fund also sponsored the making of 1,000 small Kadampa stupas (filled with the Four Dharmakaya Relic Mantras as advised by Lama Zopa Rinpoche). Each stupa is dedicated with prayers for those who have recently passed away and made by Sangha at Lama Zopa Rinpoche's house.

- The **Preserving the Lineage Fund** provided extensive support for the 18 Lam-Rim teachings with His Holiness the Dalai Lama at Gaden Monastery and Drepung Monastery in South India in November-December. This included offering vegetarian food to all of the 12,000-15,000 monks in attendance, funding of a sound system for the event, and printing 50,000 lam-rim texts for the participants of the event. The fund also sponsored initiations given by His Holiness the Sakya Trizin to many high lamas including Lama Zopa Rinpoche, Dhakpa Rinpoche, Dagri Rinpoche and lamas from the Sakya tradition, as well as many of the Sangha of the Sakya Monastery and Nunnery. Breakfast, lunch and dinner was offered to more than 800 Sangha attending these initiations. In addition, the fund sponsored His Holiness the Sakya Trizin's family and attendants and offered an elaborate long life puja.

- The Sangha at Lama Zopa Rinpoche's house continued doing extensive animal liberations four times a month dedicated to the long life of His Holiness the Dalai Lama, Lama Zopa Rinpoche, and all of Lama Zopa Rinpoche's gurus, as well as for all sentient beings who are sick or face untimely death. In 2012 the **Animal Liberation Fund** liberated over 33,000 lives.

- For the 10th consecutive year, Ven. Tsering, a Kopan monk, has been writing the **Prajnaparamita in pure gold** and he is now working on the fourth of twelve volumes. Jane Seidlitz has also been writing the Prajnaparamita since 2004 and now she has completed 320 of the 1,400 pages of the third volume. According to Lama Zopa Rinpoche, one of the main causes to create the merit needed to build the Maitreya Statue is writing the *Prajnaparamita Sutra* in pure gold.

- The **Padmasambhava Project for Peace** is tasked with supporting the construction of large statues of Padmasambhava around the world. US\$14,000 was offered to build one 11-foot (3-meter) and two life-sized statues of Padmasambhava in Lawudo, Nepal. US\$60,000 was donated to build a large Padmasambhava statue for a monastery in Asia. And to date over US\$1.6 million has been offered towards a large Padmasambhava statue and twenty-one other statues in Asia.

- For over 17 years the **FPMT Puja Fund** has been sponsoring continuous pujas dedicated to the long life of His Holiness the Dalai Lama, and to the success of all the FPMT centers, projects, services, students and those serving the organization in any way. Each month, pujas are performed by as many as 9,000 Sangha. The enormous number of Sangha engaged in these practices is an extremely powerful means to overcome obstacles and create merit for the entire organization.

This is just a small fraction of the work and service offered by FPMT Charitable Projects in 2012. Tremendous and heartfelt thanks to all the kind benefactors and especially the FPMT centers who support these amazing projects. Without all of you, these incredible offerings would not be possible.

*For a complete report of FPMT's Charitable Projects and Fiscal Sponsorship Projects, please see page 26.*



# COMMUNICATIONS

**F**PMPT International Office maintains extensive methods for communicating with the wider organization: the **FPMT website** provides Lama Zopa Rinpoche's schedule and advice, shares information for those offering service in the organization, serves as a gateway to the offerings and opportunities of the entire FPMT organization, plus much more. **Mandala Publications** (website and print magazine) reports on larger events within the organization and offers an array of features that provide inspiration and perspective for students. **FPMT International Office e-News** brings monthly updates on key news and advice from Lama Zopa Rinpoche, International Office and the organization as a whole. The **FPMT and CPMT e-groups** give the community an easy way to communicate and release updates and news. Our **Facebook, Twitter and YouTube** accounts provide snippets of news, advice, teachings and video clips of Lama Zopa Rinpoche and the greater organization. **Prayers for the Dead** offers a support service for those who have died and who are grieving.

## 2012 HIGHLIGHTS:

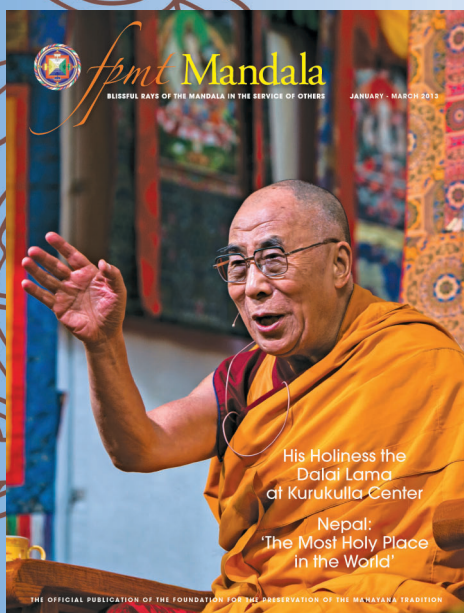
### WEBSITE AND YOUTUBE

- **fpmt.org** received **1,239,948 page views** this year, an 13.77% decrease from last year. However, visits from social networking sites were up 218.07% and new visits and unique visits increased this year by 13% and 4% respectively, illustrating a shift in the ways in which people are accessing information about our services.
- We continued to **support centers, projects and services** with opportunities to advertise their retreats and volunteer or job openings globally on fpmt.org.
- **The FPMT YouTube channel** had 2,129 subscribers and 696,381 video views with 230 uploaded videos, including the very popular *Discovering Buddhism* modules. We are regularly adding videos and many of these feed to the fpmt.org website and our Facebook pages.
- We created a new system internally for **posting emergency announcements** so that we can quickly and accurately update the FPMT family in the event of any emergency.
- We set up a Webcast Archives section on fpmt.org and featured Lama Zopa Rinpoche's June teaching event in Portland, Oregon, where nearly 400 people around the world were able to tune in.
- Significant work upgrading our websites, branding our social media pages, and other ongoing upkeep was completed.



**Webcast Archives screen shot**





From top: The cover of the October-December 2012 issue of *Mandala*; The cover of the January-March 2013 issue of *Mandala*.

## MANDALA PUBLICATIONS

- *Mandala* published four print issues in 2012, which were available as a benefit of the Friends of FPMT program. Average readership per print issue in 2012 was 12,000.
- *Mandala* added 290 new pages to our free website mandalamagazine.org, which included new interviews and articles as well as stories drawn from *Mandala*'s extensive archive, and published 80 new posts on our "FPMT News Around the World" blog.
- We saw impressive growth in our online visits. We had 143,000 visits, an increase of 22% over the previous year. We had 95,000 unique visitors, who viewed 251,000 pages, a 9% increase from 2011.
- We initiated the *Mandala* Magazine for Prisoners Fund to help raise funds for the more than 2,000 copies of *Mandala* that are mailed to prisoners each year.
- We continued with our foreign language translations, working with FPMT's professional translation offices to provide higher quality translations in Spanish and French.

## FPMT INTERNATIONAL OFFICE E-NEWS, BLOGS, E-GROUPS, SOCIAL NETWORKING, PRAYERS FOR THE DEAD

- At the end of 2012 we had 19,757 monthly subscribers to our **FPMT International Office e-News**, a net increase of 1,740 from 2011.
- Changes and updates to Lama Zopa Rinpoche's health continued to be posted on the "**Rinpoche's Health - Official Updates and Practices**" blog on fpmt.org. The updates are now less frequent as Rinpoche's health continues to stabilize.
- News blogs were created for all 13 FPMT Charitable Projects enabling donors and students to follow the progress of this varied and beneficial activity.
- Ven. Roger Kunsang's hugely enjoyable and awe-inspiring blog "**Life on the Road with Lama Zopa Rinpoche**," offered a rare glimpse into Rinpoche's tireless activity.
- The **FPMT and CPMT e-groups** continued to provide an essential communication tool for students and for those offering service in FPMT.
- **FPMT's, Lama Zopa Rinpoche's and Mandala's Facebook and Twitter accounts** kept the international FPMT community informed and inspired through daily updates, videos, news and topical articles. All pages saw increases in fans and followers.
- **Tenzin Ösel Hita's Facebook page** has 3,368 followers from 20 countries, an increase of more than 2,000 from last year. Ösel posts regularly on this page with messages and photos, and it is moderated by himself as well as FPMT International Office.
- **Prayers for the Dead** facilitated prayers for 363 individuals who had passed away.



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## DONOR SERVICE AND DEVELOPMENT



### 2012 HIGHLIGHTS:

- The **Friends of FPMT** program connects the FPMT community of supporters with enhanced opportunities for Dharma education through courses on the Online Learning Center and advice from Lama Zopa Rinpoche in the monthly FPMT International Office e-News. Financial supporters at the Basic Friendship level and higher also receive a subscription to our quarterly publication, *Mandala*.
- During 2012 we welcomed or continued to support 1,204 Friends worldwide and over 2,000 Free Friends of FPMT. Friends of FPMT raised US\$237,786, a 2% increase from last year. This revenue is critical for supporting FPMT International Office's work to coordinate communication between Lama Zopa Rinpoche and the organization, and provide ongoing support and service to the entire Foundation.
- Donations made to **Work a Day for Rinpoche** go to FPMT International Office, which works to support Rinpoche's vast vision. This year the Work a Day for Rinpoche campaign raised US\$87,124, a 47% increase from last year. Over 600 individual donors from 52 countries participated this year.
- **The International Merit Box Project** is an incredibly meritorious way to develop generosity and help contribute to eligible FPMT centers, projects and services. In 2012, the International Merit Box Project distributed US\$60,000 to 18 FPMT centers, projects and services.

WORK A DAY  
  
for RINPOCHE

  
THE INTERNATIONAL  
MERIT BOX PROJECT

### 2012 INTERNATIONAL MERIT BOX GRANT RECIPIENTS

<b>FPMT Education Services</b>	Course and Materials Development	\$8,000
<b>Ganden Tendar Ling</b>	Russian FPMT Library	\$4,000
<b>Gendun Drubpa Buddhist Centre</b>	Shakyamuni Buddha Statue	\$1,000
<b>Guhyasamaja Center</b>	Building Fund	\$3,000
<b>Institut Vajra Yogini</b>	Mani Wheel Project	\$4,000
<b>Land of Calm Abiding</b>	Propane for Heaters	\$3,000
<b>Langri Tangpa Centre</b>	White Dzambala and 4 Dakini Statues	\$1,000
<b>Lama Yeshe Wisdom Archive</b>	Publication of <i>Big Love</i>	\$5,000
<b>Loving Kindness Peaceful Youth</b>	Positive Habits Connect Project	\$4,000
<b>Maitripa College</b>	Library Project	\$4,000
<b>Mandala Publications</b>	Free <i>Mandala</i> for Prisoners	\$4,100
<b>Milarepa Center</b>	Tiny House 2	\$5,000
<b>Ösel Labrang</b>	Office Support	\$5,000
<b>Big Love Fund</b>	Support for Tenzin Ösel Hita	\$4,400
<b>Tong-nyi Nying-je Ling</b>	Meditation for Children Book in Danish	\$2,000
<b>Vajrapani Institute</b>	Create a Home for Kangyur	\$1,000
<b>Vajrapani Institute</b>	Lama Yeshe Statue	\$1,000
<b>Vajrapani Institute</b>	Winter Retreat for Staff	\$ 500
	Total Disbursements	\$60,000



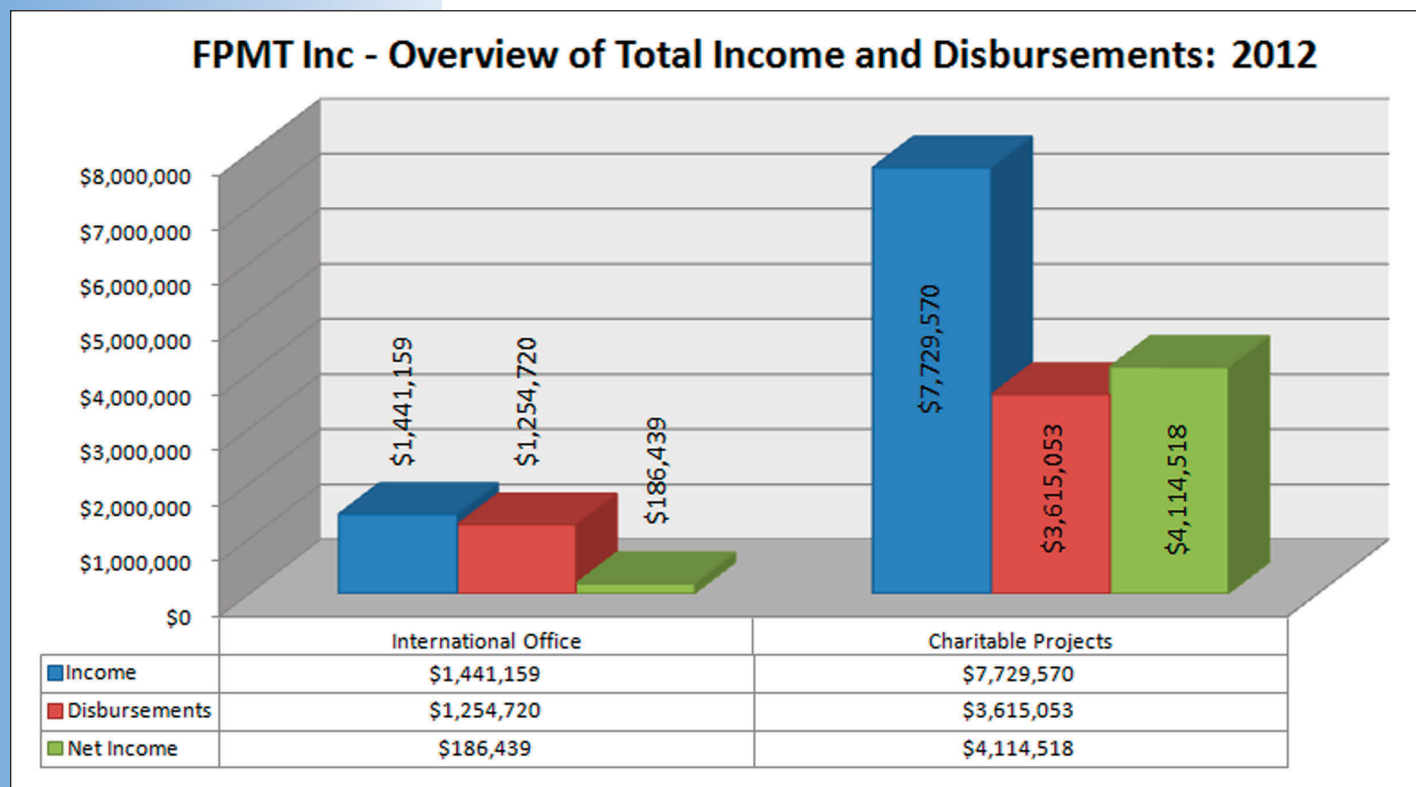
## FINANCES - FISCAL YEAR 2012

The CFO and Financial Controller of FPMT International Office are responsible for managing and supervising the finances of FPMT, Inc. as directed by its Board of Directors.<sup>1</sup> Finances are divided between general funds (unrestricted), and funds designated for specific charitable projects (restricted funds).

The chart gives an overview of the total overall income and disbursements for 2012 for the FPMT International Office (unrestricted funds) and for the Charitable Projects (restricted funds).<sup>2</sup>

In 2012, the total income for International Office was US\$1,441,159 and total expenses were US\$1,254,720, resulting in a surplus of US\$186,439. This surplus helped meet some key financial strategic goals for repaying outstanding debts and for starting to build up some unrestricted reserves.

In 2012, the total income for the Charitable Projects was US\$7,729,570 and the total disbursements and expenses were US\$3,615,053 which also helped to increase the available balances in some restricted funds for which we have ongoing annual commitments.



<sup>1</sup> FPMT, Inc. is the legal entity of FPMT International Office. The terms FPMT, Inc. and International Office are interchangeable. In practical terms, this is Lama Zopa Rinpoche's office, therefore the guidance of our spiritual director is implicit.

<sup>2</sup> Restricted funds include all the charitable projects of FPMT, Inc. as outlined on our website at [www.fpmt.org/projects/fpmt.html](http://www.fpmt.org/projects/fpmt.html) and [www.fpmt.org/projects/other.html](http://www.fpmt.org/projects/other.html) in addition to certain other charitable projects as directed by Lama Zopa Rinpoche and the Board of Directors.

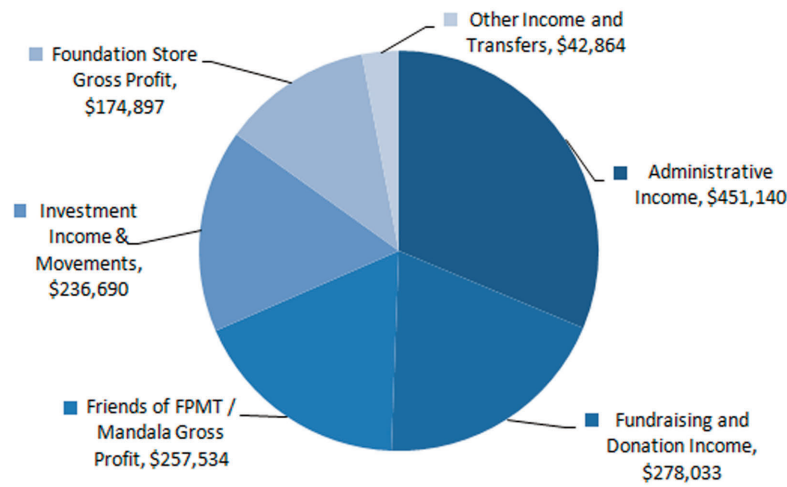


# UNRESTRICTED FUNDS INCOME AND EXPENSES

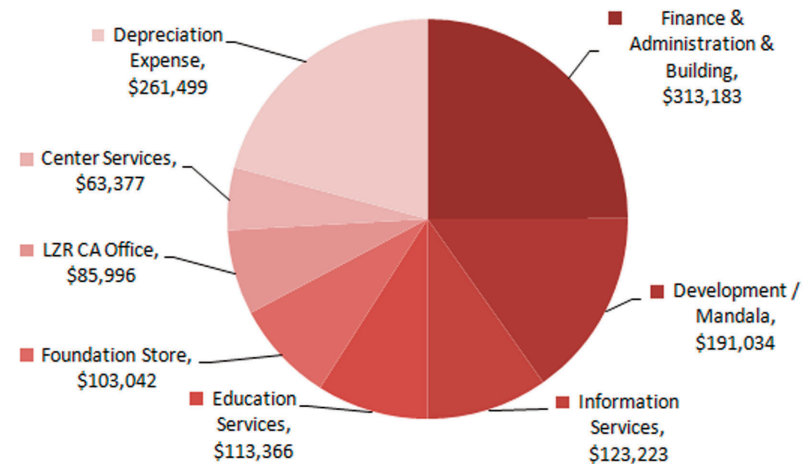
## - FISCAL YEAR 2012

Unrestricted funds have no donor-imposed restrictions, and therefore can be used to fulfill the varying needs of the organization. The following charts give a summary of FPMT, Inc.'s unrestricted income and expenses in 2012. The primary sources of income were fundraising income, general donations, Friends of FPMT donations, *Mandala* magazine revenue and profit from the Foundation Store. The primary expenses were the management costs of the International Office, where each department is responsible for helping carry out the charitable mission of FPMT, Inc. These departments include Education Services, Center Services, Development, The Foundation Store, *Mandala*, Information Services, CA Office and Finance & Administration.

**FPMT Inc - 2012 Unrestricted Income**



**FPMT Inc - 2012 Unrestricted Expenses**



### Unrestricted Funds Income

FY 2012 (USD)	Income
Administrative Income	\$451,140
Fundraising and Donation Income	\$278,033
Friends of FPMT / Mandala Gross Profit	\$257,534
Investment Income & Movements	\$236,690
Foundation Store Gross Profit	\$174,897
Other Income and Transfers	\$42,864
<b>Total Income</b>	<b>\$1,441,159</b>

### Unrestricted Funds Expenses

FY 2011 (USD)	Expenses
Finance & Administration & Building	\$313,183
Development / Mandala	\$191,034
Information Services	\$123,223
Education Services	\$113,366
Foundation Store	\$103,042
LZR CA Office	\$85,996
Center Services	\$63,377
Depreciation Expense	\$261,499
<b>Total Expenses</b>	<b>\$1,254,720</b>



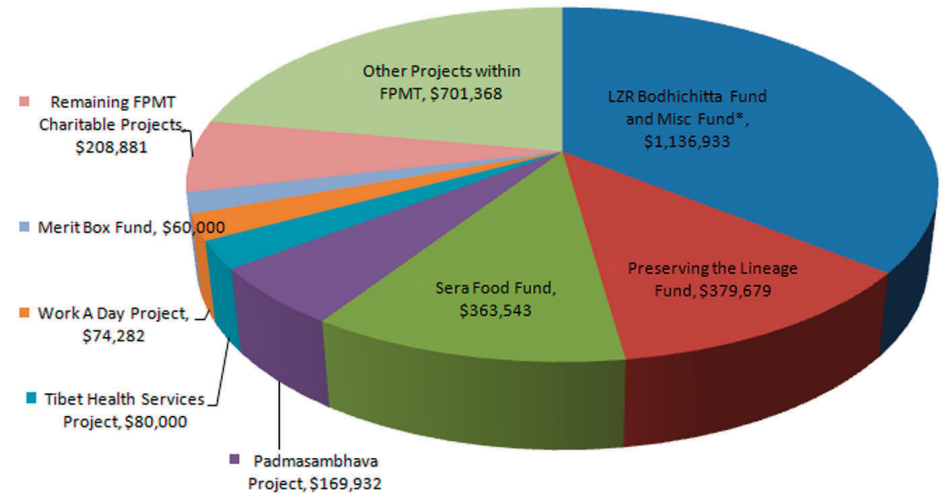
# CHARITABLE PROJECTS DISBURSEMENTS - 2012

## Direct Disbursements from Charitable Projects during 2012

In US Dollars	FY 2012
LZR Bodhichitta Fund and Misc Fund*	\$1,136,933
Preserving the Lineage Fund	\$379,679
Sera Food Fund	\$363,543
Padmasambhava Project	\$169,932
Tibet Health Services Project	\$80,000
Work A Day Project	\$74,282
Merit Box Fund	\$60,000
Remaining FPMT Charitable Projects	\$208,881
Lama Tsongkhapa Teachers Fund	\$50,716
FPMT Puja Fund	\$37,053
HHDL and LZR Long Life Puja Funds	\$37,044
Education Scholarship Fund	\$25,000
Big Love Fund	\$23,553
Prajnaparamita Project	\$14,491
Prayers for Dead Fund	\$14,440
Buddha Amitabha Pure Land	\$2,510
Stupa Fund	\$2,171
Animal Liberation Fund	\$1,458
Nagarjuna Statue in Bodhgaya	\$445
<b>Other Projects within FPMT</b>	<b>\$701,368</b>
FPMT Mongolia	\$343,166
Maitreya Statue Projects	\$268,170
Tsum	\$56,000
Tara Puja Fund	\$18,966
Lama Yeshe Sangha Fund	\$10,264
Land of Calm Abiding	\$4,492
Animal Liberation Sanctuary	\$310
<b>TOTAL DISBURSED FROM CHARITABLE PROJECTS</b>	<b>\$3,174,619</b>

The table and chart outlines the direct disbursements during 2012 to FPMT Charitable Projects. The total direct disbursements came to a total of US\$3,174, 619.

**Disbursements to FPMT Charitable Projects - 2012**  
Total: \$3,174,619



\* LZR Bodhichitta Fund and Misc Fund disbursements include donations to FPMT Charitable Projects of US\$403,547 (for Sera Food Fund, Lama Tsongkhapa Teacher Fund, Stupa Fund, Prajnaparamita Fund, Animal Liberation Sanctuary, FPMT Mongolia and Maitreya Project), grants and donations to FPMT centers, projects and services of US\$216,926, sponsorship of statues, thangkas and other holy objects and Dharma activities of US\$199,415, donations and puja sponsorship to various monasteries in India of US\$161,834, miscellaneous offerings and sponsorship to Tibetan and Western Sangha, expenses towards offering practices for the organization as well as support and care for our spiritual director of US\$155,211.

<sup>3</sup> The disbursement figures are inclusive of interfund disbursements which will be subject to audit adjustments during our annual financial audit, which is conducted by our auditors, Gary McGee & Co. LLP. The disbursement figures do not include expenses for administration fees and credit card merchant fees.



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## **FPMT INTERNATIONAL OFFICE STAFF**

### **EXECUTIVE OFFICE**

Ven. Roger Kunsang,  
President and Chief Executive Officer  
Ven. Holly Ansett,  
Assistant to the CEO,  
Charitable Projects Coordinator  
Eamon Walsh, Chief Financial Officer  
George Williams, Director of Operations

### **FINANCE AND ADMINISTRATION**

Aruna Prakash, Finance Controller  
Chuck Latimer, Human Resources,  
Administration, and Development  
Carl Jensen, Administrator,  
Office Manager

### **CENTER SERVICES**

Claire Isitt, Director

### **EDUCATION SERVICES**

Tom Truty, Director  
Merry Colony,  
Education Consultant  
Sarah Shifferd, Editor  
Kendall Magnussen, Editor  
Olga Planken, *Masters*  
and *Basic Program* Consultant

### **EDUCATION AND CHARITABLE PROJECTS SUPPORT**

Carina Rumrill, Editor

### **FOUNDATION STORE**

Diana Ospina, Manager  
Samten Gorab, Order Fulfillment  
and Customer Service

### **MANDALA PUBLICATIONS**

Laura Miller,  
Managing Editor and Publisher  
Michael Jolliffe, Assistant Editor,  
Advertising and Sales

### **DONOR SERVICES**

Trevor Fenwick, Coordinator

### **TECHNOLOGY**

Brad Ackroyd,  
Information Technology Manager  
Adam Payne, Web Developer

### **ENVIRONMENTAL COORDINATOR**

Denis Davis

In 2012 we said goodbye to Sarah Pool as Director of Finance, Ugyen Shola as Administration and Office Manager, Heather Drollinger as Donor Services Coordinator and Carina Rumrill as Managing Editor of *Mandala* Publications. We welcomed Aruna Prakash as Finance Controller, Carl Jensen as Administration and Office Manager, Trevor Fenwick as Donor Services Coordinator, Laura Miller as Managing Editor of *Mandala* Publications, Carina Rumrill as International Office Editorial Support, and George Williams as Director of Operations.



From top: The staff of FPMT International Office, Portland, Oregon, February 2013. Photo by Marc Sakamoto. FPMT International Office is Lama Zopa Rinpoche's office; FPMT International Office staff meeting. Missing is Ven. Roger Kunsang who was behind the camera.



## THANK YOU!

FPMT International Office offers our deepest gratitude and appreciation to all FPMT centers, projects, services, teachers, students, volunteers and benefactors who supported us in 2012. Your kindness helps provide the tools and resources we need to help carry forth Lama Zopa Rinpoche's wishes. All of our accomplishments are yours as well, so please rejoice along with us!

We would like to recognize and deeply thank our very kind volunteers who gave their time and enthusiasm in 2012: Ven. Thubten Kunsang, Alexis Ben El Hadj, Grant Couch, Adrian Dec, Margaret Johnson, Gwen McEwen, Louise Miller, Marilena Molinaro, Martha Morales, Nga Nguyen, Mary Oberdorf, Sharon Overbey, Barbara Sakamoto, Matthew Scoggin, Jacob Stuart, Louise Eagle-Taylor, Harald Weichhart, Service de traduction francophone de la FPMT, our regional and national coordinators: Ven Paloma Alba, Karla Ambrosio, Isabel Arocena, Amy Cayton, Kay Cooper, Marly Ferreira, Rafael Ferrer, Lara Gatto, Annelies van der Heijden, Frances Howland, Ven Carolyn Lawler, Steven Lin and Helen Patrin; and all of the Sangha and volunteers who help at Lama Zopa Rinpoche's house.

Dedications at the pujas sponsored by Lama Zopa Rinpoche at the great monasteries throughout the year are made especially for purifying obstacles and creating merit for Dharma activity to flourish in FPMT as well as for all students, supporters and FPMT friends who are ill or have died, and for all those who have worked tirelessly and sacrificed so much to benefit the organization in different ways.

## HOW YOU CAN HELP

There are many opportunities to offer support to FPMT. From volunteering or attending teachings at your local FPMT center, to making a contribution to our charitable projects, to enrolling in our Friends of FPMT program, to participating in one of our education programs, to offering prayers and good wishes, your support and kindness allows us to continue our work.

*May 2013 usher in an era of peace and loving kindness in  
your home, your country and the world.*



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[www.fpmt.org](http://www.fpmt.org)