



fpmt FPMT ANNUAL REVIEW 2010

EXPANDING SERVICE, STRENGTHENING THE FOUNDATION

MESSAGE FROM OUR SPIRITUAL DIRECTOR

LAMA ZOPA RINPOCHE



My very dear brothers and sisters,



The centers of FPMT have been the cause of happiness for sentient beings for so many years. Many high lamas, including His Holiness the Dalai Lama, have been to our centers and planted the seeds of liberation and enlightenment amongst people young and old, bringing so many sentient beings closer

to enlightenment so they can be free from the oceans of suffering. And the Dharma programs that have been developed are extremely beneficial, so important, and will become more and more important.

Of course, there are problems like personality clashes and conflicts, which are like earthquakes, wars of egos. But this is also normal because we are sentient beings and have mistaken minds. Therefore, we have mistaken view and therefore, we have mistaken actions. But still, overall the centers give unbelievable, unbelievable benefit. Of course, people may only think of the problems, only get caught up in the problems, only concentrate on the problems. Then they don't recognize the benefits. Problems are a sign of samsara. Even tenth level bodhisattvas make mistakes because they haven't completed the accumulation of merit, so of course our minds have delusions like the earth filled with rocks. Please

understand this. We need to remember that we can get rid of the delusions, but doing so can take many lifetimes. It is good to think like this. But of course, if we apply ourselves well and follow correctly the path to enlightenment, then we can achieve enlightenment in this lifetime.

Of course, if there are mistakes, we should try to remove or prevent them, and to do that requires that everyone have a sincere good heart, have bodhichitta in the heart, to resolve all the difficulties. We shouldn't have the mind of "us and them," a big separation like that. We are the same family; we are vajra family that is closer than blood family. We have the same Guru. We have tantric vows so we shouldn't criticize each other. Without anger and jealousy, with a sincere heart, we should help each other. Please try to do this as much as possible. It is everyone's responsibility to resolve the issues.

The most important thing is to reduce our emotional problems and remember the basic qualities, like having **KINDNESS** day and night, **REJOICING** all the time, practicing **PATIENCE**, having **TOLERANCE**, trying always immediately to **FORGIVE** others and take responsibility to **APOLOGIZE** immediately. Then we need to have **COURAGE**: courage to learn Dharma and practice and benefit sentient beings, to free them from

suffering. We need to remember how our minds are basically pure, unstained by inherent existence, and have the potential for enlightenment. We need to always think about the purpose of our perfect human rebirth.

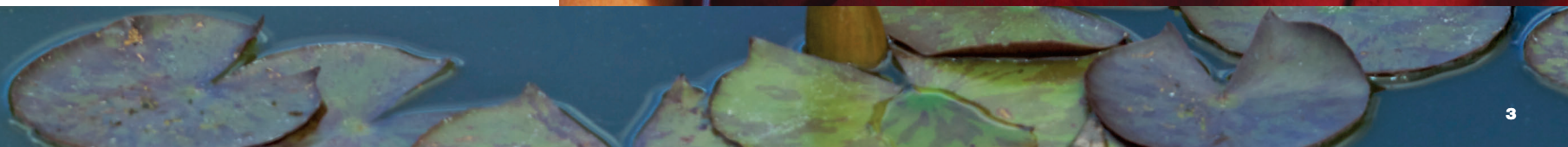
All our happiness now and in all the future lives depends on others. This is very important to remember. Then how in each second of our perfect human rebirth we can create incredible merit, keeping bodhichitta in our minds, thinking how precious each sentient being is, how each sentient being is like a wish-fulfilling gem. Please try to think like this.

I want to thank all of you, every single one of you, from my heart. I thank you all and I hope to see you all soon.

With much love and prayers,

A handwritten signature in black ink, appearing to read 'Zopa' with a stylized flourish at the end.

Lama Zopa Rinpoche



VEN. ROGER KUNSANG



Dear friends,

About forty years ago, Lama Yeshe and Lama Zopa Rinpoche arrived in Nepal with absolutely nothing. They connected strongly with young people from around the world who were traveling in search of some meaning in life. Lama Zopa Rinpoche strongly wished to teach and asked Lama Yeshe for permission to teach these newcomers the lam-rim. Lama gave the vajra instruction and so started the Kopan one month meditation courses.



These experiential courses changed people's lives. People went home to their own countries inspired, changed, and with the wish to share what they had found. Small groups of friends evolved into study groups and eventually into centers. Later, Lama said: "I didn't have a plan. It just started with everyone helping."

Around 1974, the lamas began receiving requests to teach from students in different places and began to travel extensively, spending six months of each year on the road. In 1984, Lama Yeshe passed away and Lama Zopa Rinpoche had the huge task of continuing to teach while also managing a blossoming network of international Dharma activities. Now Rinpoche was on the road continuously – 365 days a year, no breaks, non-stop, day and night.

Now, forty years after it all began, we have 159 centers in thirty-nine countries. We have thirty-seven highly qualified resident Tibetan geshees and well over 100 qualified non-Tibetan teachers. When we think about what has been achieved by so many under the guidance of Lama and Rinpoche, it is well worth rejoicing!

On a few recent occasions, Rinpoche explained what he would like to see happen within FPMT – over many lifetimes to come! This list of projects and social services is known as Rinpoche's Vast Visions. They include a great range of Dharma activities to benefit Buddhists and non-Buddhists alike.

We need a strong foundation to achieve success in these vast visions. Therefore, the FPMT Board and International Office have been putting together a five-year plan that we hope will strengthen and consolidate what we have achieved so far.

In 2010, Rinpoche lead and taught at the one-month Most Secret Hayagriva group retreat in Tushita Meditation Centre, above McLeod Ganj in India. Over 100 students attended the retreat and at the end met with His Holiness the Dalai Lama. Rinpoche said this deity is so important to FPMT and we should try to have the Most Secret Hayagriva retreat every two years.

After this, Rinpoche taught the commentary on Nyung Nay in Malaysia, continued the commentary on Lama Tsongkhapa Guru Yoga in Singapore and the commentary on Lama Chopal in Indonesia. Next, Rinpoche went

to Nepal for the Guru Rinpoche Bum Tsog (100,000 tsogs for the cause of Tibet and the long life of His Holiness the Dalai Lama), then back to the USA to attend Geshe Sopa Rinpoche's teachings, then on to North Carolina where Rinpoche continued giving the commentary on Lama Atisha's Light of the Path. Rinpoche has committed to completing all the above teachings over the next several years. These commentaries complement the philosophical teachings the geshees give in our centers and will be very important teachings to study and practice. These teachings are being videoed and recorded and are available at our Online Learning Center.

In October, Rinpoche went to Mongolia to attend an important conference on the future of Mongolian Buddhism and the Nalanda tradition. Rinpoche stayed on after the conference for a month and traveled around the country teaching. In that time we were able to meet with government officials in three different areas of Mongolia and receive commitments from them for three large pieces of land for three large statues: in Ulaan Bataar a thirteen-story statue of Maitreya, in Darkhan (the second largest city in the north) a seven-story Lama Tsongkhapa statue and in Erdenzuu a twelve-story statue of Padmasambhava.

Then to everyone's delight Osel attended both of our FPMT Inc. board meetings in 2010 in Portland, taking a lot of interest in FPMT.

International Office is doing well. More and more we are becoming the communications hub for the organization. Over the last year, we have nearly completed going off-site with our servers so that we will be better able to facilitate communications in many ways. We have a small but very motivated team in International Office who have been able to accomplish so much in 2010, serving Rinpoche and the organization.

I think all of us in this organization have a truly unique and unbelievably priceless opportunity – the opportunity to serve and help fulfill the holy wishes of Lama Yeshe and Lama Zopa Rinpoche, two holy beings totally dedicated to benefiting all living beings and not wasting a single second in this noble pursuit. This is who we serve. This is who we strive to be like; what more can we do to contribute to a more compassionate world? I cannot believe how fortunate we are to have this opportunity – it has to be rarer than the perfect human rebirth!

THANK YOU TO ALL WHO SUPPORT FPMT IN SO MANY WAYS – THE WISDOM AND COMPASSION THAT ELIMINATES SUFFERING AND BRINGS HAPPINESS!

FROM LAMA ZOPA RINPOCHE:

“Cultivate the thought that everyone you meet – in all circumstances – is fulfilling all your wishes. This is the door to true happiness.”

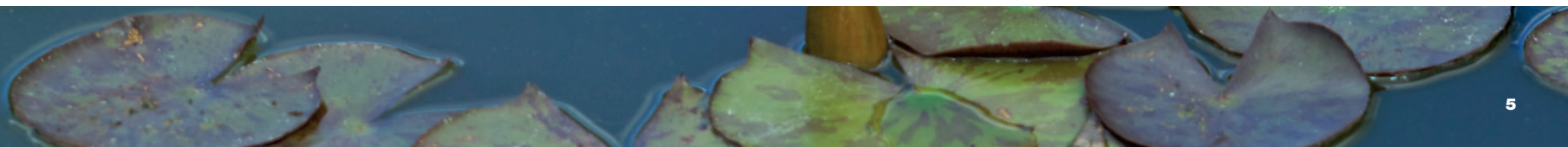
AND ALSO FROM LAMA ZOPA RINPOCHE:

“The sun of real happiness shines in your life only when you start to cherish others.”

FROM LAMA YESHE:

“Our problem is that inside us there's a mind going: ‘Impossible, impossible, impossible. I can't, I can't, I can't.’ We have to banish that mind from this solar system. Anything is possible; everything is possible. Sometimes you feel that your dreams are impossible, but they're not. Human beings have great potential; they can do anything. The power of the mind is incredible, limitless.”

Thank you
Roger



BOARD OF DIRECTORS



Dear friends,

This was another year of extraordinary developments throughout FPMT. This Annual Review is a chance for all of us to rejoice with a kind of humble pride and appreciate the myriad inspiring accomplishments of the Foundation. Even so, as Lama Zopa Rinpoche continuously demonstrates through his unflagging efforts and vast encompassing vision, there is always more to do, infinitely more to do, for the Foundation, the Board, and for each of us.

The Board had several meetings this year, including coming together from around the world twice to meet at the FPMT International Office

in Portland. Several different parts of the Foundation, both long established and newly birthed, seem to have been reflecting on their roles and how best to fulfill them, including all of us on the Board and at International Office. Our meetings provided an opportune moment for us to step back and think purposefully about our responsibilities to fulfill our shared aspirations for the FPMT community, and what strategic changes might enable us to more effectively support them. We on the Board take great inspiration from being part of this FPMT community, whose members across the planet have been so dedicated, willing and eager to offer service.

An important theme of the Board's meetings was developing a long range plan focused on our governance structure, as well as practices suited to the FPMT's distinctive environment – all aimed at building a robust organization that will survive long into the future. Accordingly, we considered how to more effectively distribute responsibility for the management and support of our activities by creating more localized coordination. To support this enhanced regionalization, we also began contemplating the creation of a larger Council that would be more broadly representative of the Foundation – culturally, geographically and in terms of diversity of focus – whose insights and perspectives would help guide the Foundation's executive leadership in its strategic decisions.

We envisioned a Council that would meet annually as a whole, and have a number of subcommittees to undertake substantive work between those



The FPMT Board of Directors. Back row (l to r): Ven. Pemba Sherpa, Ven. Roger Kunsang, Tim McNeil, Lama Zopa Rinpoche, Andrew Haynes, Peter Kedge. Front row (l to r): Paula de Wijs-Koolkin, Alison Murdoch, Osel Hita-Torres (invited guest), Tara Melwani, Karuna Cayton.

meetings. Our foremost challenge in this regard is to ensure that the relationship between the governing boards and the executive office is harmonious and complementary. If we can do that, this new regionalization will allow us to focus more effectively on matters of long-term strategic significance for the Foundation as a whole – and especially on the cultivation and enhancement of productive interplay among the FPMT’s distinctive parts.

In pursuing these changes, we aim to better serve the needs of the Foundation in all its constituent diversity. We also aim to keep the FPMT community better informed about the essence of our work, as well as learn from members about their experiences and hear their ideas and aspirations for the Foundation whose advancement and vitality is our common concern.

Amid all this, even as we look toward building and strengthening an enduring Foundation, we ourselves face the inescapable fact of impermanence in every arena of our own lives. Yet this only serves to underscore the urgency of the Dharma and the Foundation’s mission.

It is an awe-inspiring privilege to hold responsibility for the stewardship of an organization so extraordinary in its reach and its aspirations to help all sentient beings and to serve a spiritual leader so ceaseless in his ambition to be of ever-greater beneficial impact in the world.

We look forward to working with all of you to actualize our highest aspirations.

Tim McNeil
Chair of the Board of Directors
FPMT Inc.



WHO WE ARE AND WHAT WE DO

The Foundation for the Preservation of the Mahayana Tradition (FPMT) is an international, non-profit Buddhist organization, founded in 1975 by Lama Thubten Yeshe (1935-1984) and his heart disciple, Lama Zopa Rinpoche. FPMT is devoted to the transmission of the Mahayana Buddhist tradition and values worldwide through teaching, meditation and community service, under the spiritual direction of Lama Zopa Rinpoche.

FPMT is an organization encompassing 159 centers, social service initiatives and projects. Our work reaches across Asia Pacific, North and South America, Europe and Australasia. FPMT programs offer a comprehensive, experiential approach to study, practice and service in the great educational tradition of Lama Tsongkhapa of Tibet as taught by Lama Yeshe and Lama Zopa Rinpoche. We provide integrated education through which people’s minds and hearts can be transformed into their highest potential for the benefit of others, inspired by an attitude of universal responsibility. We are committed to creating harmonious environments and helping all beings develop their full potential of infinite wisdom and compassion.

Lama Zopa Rinpoche’s Office, or “FPMT International Office,” provides the necessary framework for all FPMT activity, coordinates communication between Lama Zopa Rinpoche and the larger organization and provides support and services to our centers, projects and services.



FPMT 2010:

EXPANDING SERVICE, STRENGTHENING THE FOUNDATION

Introduction

As we embark on a new year at FPMT International Office, we take time to rejoice in the past year's accomplishments and to reflect on our future direction. 2010 was a year of expansion. As you will see in the coming pages, we have been fortunate to serve an ever growing group of sentient beings with an ever growing array of publications, study programs, support networks, websites and social media outlets. 2010 was also a year of strengthening our foundation, of creating meaningful ways to move our organization into the future with even greater structural clarity and depth. As a tree grows tall and wide, its roots extend further into the ground. Likewise, as FPMT International Office and the worldwide organization work to help fulfill the vast vision of our founder Lama Thubten Yeshe and our spiritual director Lama Zopa Rinpoche, we find the need to create a deeper, more stable base from which our service can reach even further. Thus, it is with great joy that all of us here at Lama Zopa Rinpoche's International Office offer this review of the year 2010, with the single hope that we may continue to offer benefit throughout the world.



LAMA ZOPA RINPOCHE

Whether supporting young tulkus in the East or inspiring students from the West, whether making extensive offerings to ants in Washington or 100,000 tsog offerings to Guru Rinpoche in Nepal, whether contributing to the revival of Buddhism in an ancient land or nourishing its arrival in a new one, Lama Zopa Rinpoche continually finds new ways to benefit others with mindblowing compassion, increased service and deep wisdom. Here are just a few highlights of this year in the life of Lama Zopa Rinpoche.

Lama Zopa Rinpoche in Mongolia, chanting prayers to animals.



LAMA ZOPA RINPOCHE

2010 HIGHLIGHTS

- **Rinpoche received nearly 4000 letters** and answered as many as possible, giving advice to centers, projects, services, staff, and students all around the world.
- Lama Zopa Rinpoche started off the year in Bodh Gaya, India, with some personal retreat followed by a **candlelight vigil organized by Tibetans for Compassion and Vegetarian Society**. The vigil began at the Mahabodhi Temple and proceeded to the Great Stupa, where Rinpoche and Richard Gere both gave speeches.
- While in Bodh Gaya, Rinpoche met **the four-year-old incarnation of his teacher Ribur Rinpoche** and held an enthronement for the young tulku at Root Institute. Rinpoche also gave a magical teaching on emptiness at Rajagriha, the holy site at which the Buddha taught the Prajnaparamita Sutra.
- In February, Rinpoche continued with a second year of **commentary on the Lama Tsongkhapa Guru Yoga** at Amitabha Buddhist Centre in Singapore, and the second year of **Lama Chöpa commentary** at Potowa Center in Indonesia.
- March saw Rinpoche back in India to lead the **Most Secret Hayagriva Retreat** at Tushita Meditation Centre in Dharamsala. The retreat was followed by an audience for Rinpoche and the retreatants with His Holiness the Dalai Lama.

Top: Lama Zopa Rinpoche, Dagri Rinpoche, Khadro-la and students doing puja at Rajagriha, India.

Bottom: Lama Zopa Rinpoche with the four-year-old reincarnation of Ribur Rinpoche.

Next page top: Lama Zopa Rinpoche, Dagri Rinpoche and Khadro-la in Dharamsala, India.

Next page bottom: Zenobia talks with Lama Zopa Rinpoche at Maitripa College, USA.





OSEL HIGHLIGHTS



Osel Hita-Torres is the recognized reincarnation of FPMT's founder, Lama Thubten Yeshe. In 2010, Osel attended both FPMT Inc. board meetings at International Office. When Lama Zopa Rinpoche arrived at the first board meeting Osel attended, Rinpoche commented:

“Lama being here is a great sign of the organization being more fruitful.”



During the May board meeting, Osel stressed the importance of gratitude and recommended: “It is really important for each center to make a display about its history that can be seen by everyone who visits the center. The display should include the names of the key people who have contributed to the development of the center at the beginning, and by being on the board.”

In May, Osel also attended and spoke at Big Love Day, a festival celebrating Lama Yeshe and the consecration of the new Lama Yeshe cremation stupa, at Vajrapani Institute in California, USA.



- In May and November, Rinpoche attended the **FPMT Board of Directors meetings** at FPMT International Office.
- Rinpoche then traveled to Malaysia and led a **Chenrezig Retreat** with 2000 people in attendance!
- Rinpoche continued from there to Nepal, where he spent five days leading the **100,000 Offerings to Guru Rinpoche puja** with Dagri Rinpoche, Khadro-la and many Kopan monks and nuns at Bouddha Stupa.
- In September, Rinpoche returned to North Carolina and Kadampa Center, USA to lead the third annual **Light of the Path Retreat**.
- Then Rinpoche went to Mongolia to attend and give a speech at the **First International Conference of Mongolian Buddhism**. While in Mongolia, Rinpoche received the highest honor the Mongolian government can bestow upon a foreigner, the **Polar Star**, “in recognition of his contribution to preserving the great cultural heritage of Buddhism in Mongolia.” Rinpoche also taught in several monasteries and was given several parcels of land in different parts of Mongolia, on which Rinpoche plans to build large statues of Tsongkhapa, Guru Rinpoche and Maitreya.
- In November, Rinpoche returned to the annual **November Course** at Kopan Monastery, now in its fortieth year! Rinpoche finished the course a little early in classic Rinpoche style, with an all night Vajrasattva initiation, followed by a Red Tara initiation the next morning.

Top: Lama Zopa Rinpoche receiving the Polar Star from the President of Mongolia.
Bottom: Lama Zopa Rinpoche teaching at Maitripa College, USA.

FPMT 2010:

EXPANDING SERVICE, STRENGTHENING THE FOUNDATION



EDUCATION

Education and practice are at the core of our foundation at FPMT. We create high quality educational programs, translate texts and practices from the Tibetan and make them available in many languages, and offer essential training to staff and volunteers to strengthen their service to others.

2010 HIGHLIGHTS

ONLINE LEARNING CENTER

- We launched our newest program, **Living in the Path**, based on Lama Zopa Rinpoche's Light of the Path teachings. We added five modules and all retreat material from 2009/2010, and included guidelines for participating centers. Don Handrick said, **"In terms of producing a program of Rinpoche's practice advice for people to use, I think that we've hit the nail on the head!"**

- **Seventeen modules of** Meditation 101, Buddhism in a Nutshell, Heart Advice for Death and Dying, Discovering Buddhism and Basic Program were also added, including two in French.

- We provided the entire **Light of the Path Retreat in five languages** on the **FPMT Media Center**. Ven. Lindy Mailhot in Tasmania said this was **"such an extraordinary opportunity - really so, so special. Endless heartfelt thanks to all that made it possible for those of us so far away to be so close."**

- At year end, the **Online Learning Center had 4275 registered users** and over 1000 discussion forum posts. During the 2010 Light of the Path Retreat, we received 12,170 hits from 4951 users in eighty-nine countries!



NEW PROGRAM MATERIAL

- We made **Buddhism in a Nutshell and the Basic Program subject Engaging in the Bodhisattva Deeds, Part 2** available in homestudy format.
- We uploaded extensive **Basic Program material web-updates** in three languages.
- The **first university-accredited Basic Program** was established at Istituto Lama Tsong Khapa in Italy.

TRANSLATION

- We launched **FPMT Translation Services** to establish a glossary of standard terminology and precise guidelines for translation from Tibetan to English and collaborate with other language translation offices to achieve the same in the other languages of the FPMT community.

TRAINING

- We offered two successful and well-attended **Foundation Trainings** in Mexico and California. Maria Estela Eguia del Rio said: **"I wish to invite all FPMT members to take this training at least once in their lives. It inspires us to contribute to the realization of the holy wishes of Lama Zopa Rinpoche and Lama Yeshe, thus promoting a great sense of family in our centers."**

PRACTICE MATERIALS

- We published many **new practice books and materials**, including the Liberation Box, Tools for a Fortunate Rebirth, *Taking the Essence*, *The Wish-Granting Sovereign*, Samantabhadra Protection Card, the 2010 *FPMT Retreat Prayer Book*, and 2010 edition of the Vajrayogini practice series, Volumes 1 and 3.
- We made twenty-six practice materials available in **languages other than English**.

FOUNDATION STORE

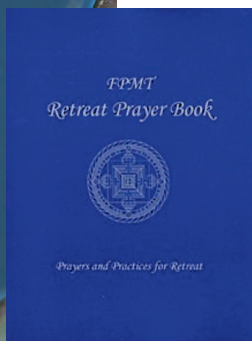
The Foundation Store is FPMT's online shop, providing students the world over with FPMT's education programs, prayers and practices, materials made for students and centers on the advice of Lama Zopa Rinpoche, materials for children and meditation supplies such as malas, incense, ritual items, thangkas, statues and much more. The Foundation Store seeks to support practitioners in their study and practice as economically as possible, wherever they reside in the world.

2010 HIGHLIGHTS

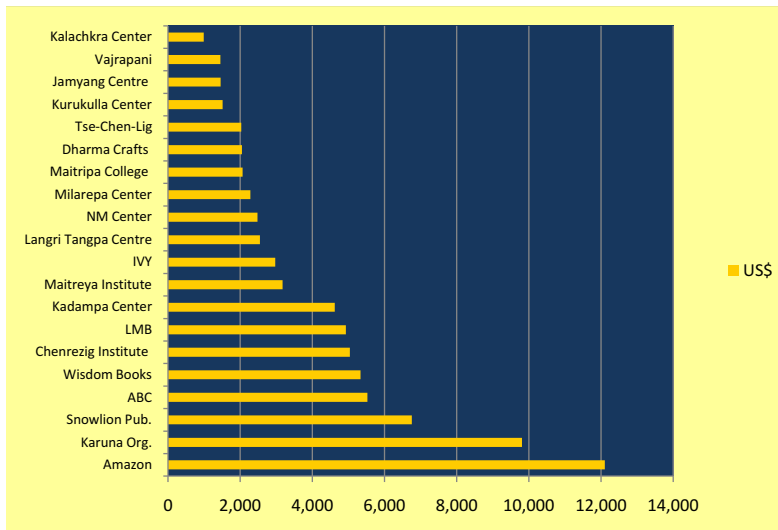
- We **converted our website and e-commerce software** in order to offer better, more efficient service to our community.
- **Orders from outside the United States increased**, as we now serve more of our friends in Australia, Canada, Great Britain, Malaysia, Singapore and Taiwan.
- We now offer **more material in languages other than English!** In 2010, we uploaded items in French, Spanish, Tibetan, Vietnamese, Chinese and German. We also modified our website to make these items easy to find.
- To overcome higher shipping costs and to better serve the new ecommunity, we started offering many of our **prayers and practice books in eReader format**. We offer a large selection of our audio products **as MP3 downloads** as well.

OUR DHARMA INCOME

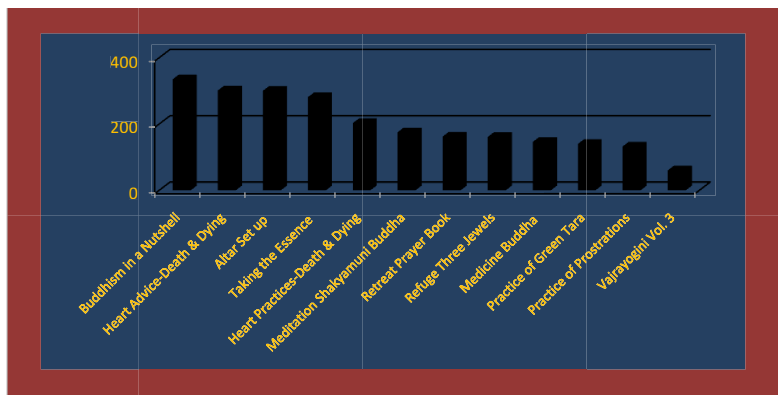
The sole mission of the Foundation Store is to support the Buddhist practice of FPMT students and our friends around the world, not to make a profit. Proceeds from sales are carefully categorized and calculated to ensure that income from Dharma items is used only to make more Dharma available, as well as to further the charitable mission and projects of FPMT. We carefully follow the Buddhist principles for the use of Dharma income: any payments for salaries or personnel expenses are excluded when calculating the net Dharma proceeds from the Foundation Store.



2010 TOP WHOLESALERS



2010 BESTSELLING BOOKLETS



Participants at the FPMT
Foundation Training in Mexico.



EXPANDING SERVICE, STRENGTHENING THE FOUNDATION



CENTERS, PROJECTS AND SERVICES

FPMT centers, projects and services are precious jewels in the world, places where people receive Dharma teachings and meet qualified teachers, where children receive healthcare, animals find sanctuary and the dying find support, where Lama Zopa Rinpoche's compassionate wishes are made reality. Center Services facilitates communication and teaching events with Lama Zopa Rinpoche, administers FPMT registered teacher policy and process and helps our centers, projects and services establish the structures that allow them to be of the most benefit.

2010 HIGHLIGHTS

SERVICE

- With the help of three regional and seven national offices, we supported **159 FPMT centers, projects and services** in thirty-nine countries! Our regional and national offices provided an essential liaison between International Office and their local FPMT entities.
- **Long Life Pujas** were offered to His Holiness the Dalai Lama and Lama Zopa Rinpoche on behalf of all FPMT centers, projects, services and students.
- **Lama Zopa Rinpoche taught in thirteen locations**, including two major retreats and two continuing commentaries.
- We helped **place the graduates of the 5th Lotsawa Rinchen Zangpo Translator Program** into their new home centers.
- We provided **new directors and spiritual program coordinators** with substantial orientation material, and email, skype and phone support.

From left: Geshe Tashi Tsering (resident teacher at Jamyang Buddhist Centre, UK) during a naming ceremony at Panchen Losang Chogyen Centre, Austria. Students at new FPMT study group, Dharmarakshita, which opened in Mauritius in 2010. The FPMT Handbook being read at Tong-nyi Nying-Je Ling, Denmark. Students at Amitabha Buddhist Center, Singapore line up to greet Lama Zopa Rinpoche.



- **Prayers for the Dead** served even more people with a new high of 319 requests in 2010.

STRUCTURE THAT BENEFITS

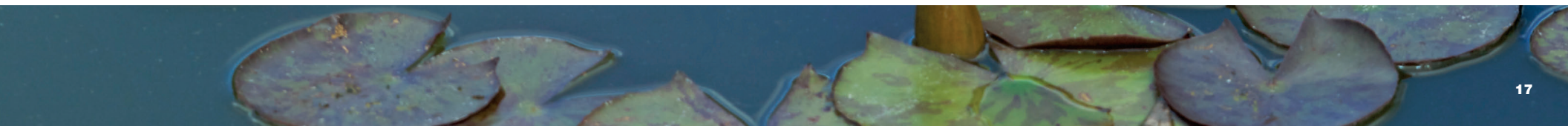
- We began developing **stronger regional management** within the Foundation.
- We helped the FPMT Inc. Board begin **its review of the affiliation policy and of study group and other policy.**
- We began the process of reviewing and updating **FPMT teacher policy and process.**

COMMUNICATION

- **Rinpoche's schedule** was kept up-to-date online for easy reference.
- We kept the centers, projects and services **connected with their Spiritual Director** by updating Rinpoche's Advice online and communicating new advice via the FPMT International Office e-News.

- The **FPMT and CPMT e-groups** provided an essential communication tool for the Foundation.

- **We answered thousands of emails** seeking guidance on a wide range of issues related to Rinpoche, teachers, human resources, policy, etc.
- Many chapters of the **FPMT Handbook** were translated into **Spanish and French.**
- We kept the **FPMT directories** online and in *Mandala* up to date.
- Many centers, services and projects filled volunteer or job openings via advertising on the **Jobs and Volunteer Opportunities webpage.**
- We created the **Connect with FPMT card** to help those attending courses with Rinpoche easily understand how to maintain their connection with the Foundation.



EXPANDING SERVICE, STRENGTHENING THE FOUNDATION



FPMT'S CHARITABLE PROJECTS

Benefiting others is FPMT's prime objective, the very reason for our existence. Our Charitable Projects strengthen our tradition at the very core by offering food, housing and resources to many of the great teachers, reincarnate lamas and scholars of our day. We're helping build thousands of holy objects around the world, bringing much-needed eye surgery to underserved populations in Tibet, liberating animals, translating texts and supporting students in their studies. Here is just a taste of our charitable work in 2010:

2010 HIGHLIGHTS

- **The Sera Je Food Fund provides three meals daily for all 2,600 monks** living at Sera Je Monastery. The total cost to provide meals to all the monks is about US\$280,000 per year. **To date, the Sera Je Food Fund has provided over 15,000,000 meals. That's 2,500,000 meals per year, 7,800 meals every day!**

- After many years of planning and building, **Amdo Eye Center** opened in Xining (Eastern Tibet) and started providing high-quality cataract surgery and general eye care for the local people, as well as outreach eye care to the surrounding rural areas.

- In 2011, the **Lama Tsongkhapa Teachers Fund** offered over US\$19,000 for the monthly stipends of main teachers of the Lama Tsongkhapa tradition, including the 136 most senior teachers of Sera, Ganden, Drepung, Gyume, Gyuto, Tashi Lhunpo and Rato monasteries. We also offered US\$7,789 for the annual Gelug examination, which was attended by over 567 of the foremost scholars in the tradition.

- This year, the **Stupa Fund** offered donations towards three stupas at FPMT centers in the USA: \$11,000 to the magnificent Kalachakra stupa at Kurukulla Center; Vajrapani Institute received \$3000 to build the Lama

Yeshe cremation stupa; and Land of Medicine Buddha received \$26,000 to help their 100,000 Stupa Project!

- **The Padmasambhava Project for Peace** continues with the construction of a 70 foot (21 meter) statue of Padmasambhava in Asia, set to be completed in 2011. The statue will be housed within the pure land temple of Padmasambhava.

- According to Lama Zopa Rinpoche, one of the main causes to create the merit needed to build the 500-foot Maitreya Statue is **writing the Prajnaparamita Sutra** in pure gold. The Tibetan monk Ven. Tsering is now in his eighth year of full-time work on this precious project!

- **Lama Zopa Rinpoche's Other Projects** continues to offer ongoing support of housing, food and other expenses to young tulkus, such as the reincarnation of Sengye Rinpoche, Ningre Tulku and Domo Rinpoche, as well as Khadro-la and many individual monks and nuns throughout the Himalayan region, Mongolia and the West. Rinpoche made offerings to Serkong Tsenshab Rinpoche for the building of his Labrang and to Zong Rinpoche to complete his geshe degree. Rinpoche also donated \$100,000 to the International Mahayana Institute for the care of elderly Sangha.

Monks at Sera Je enjoy a lunch offering
from the Sera Je Food Fund.

Bottom row from left:
The Kadampa stupa at Lama Zopa
Rinpoche's home in California, USA.

Eye surgeons at Amdo Eye Clinic.

Lama Zopa Rinpoche with the
reincarnation of Domo Geshe Rinpoche.

Ven. Tsering writing the Prajnaparamita
Sutra in gold.



FPMT 2010:

EXPANDING SERVICE, STRENGTHENING THE FOUNDATION



COMMUNICATIONS

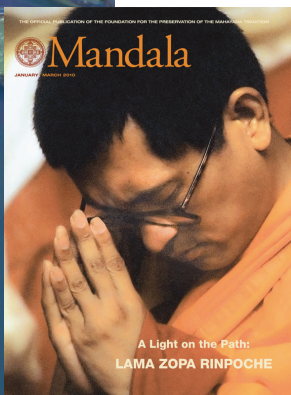
FPMT International Office is dedicated to bringing people the information they need to stay connected with Lama Zopa Rinpoche and the global FPMT community. The FPMT website provides Rinpoche's schedule and advice, directs people to study programs and centers and much much more. *Mandala* Publications (print, eZine and www.mandalamagazine.org) reports on larger events with Rinpoche and gives an array of features that provide perspective and inspiration on living the path in daily life. The FPMT International Office e-News brings monthly updates on key news from Rinpoche, International Office and the organization as a whole, while the FPMT and CPMT e-groups give the community an easy way to communicate across the entire organization. Our Twitter, Facebook and YouTube accounts provide video clips of Lama Zopa Rinpoche's daily life and keep students involved in all our activities.

2010 HIGHLIGHTS

FPMT WEBSITE

- We began upgrading the FPMT website to allow for **increased security features** and the ability to dynamically **translate pages into eighteen different languages!**

- *Mandala* closed off 2010 by **finishing a seven-issue series devoted to the story of FPMT**. These issues not only brought Dharma education to FPMT students, but also educated readers about the FPMT organization and its rich history and culture.



MANDALA PUBLICATIONS

For twenty-three years, *Mandala* has served as FPMT's official publication, bringing topical articles, features and news to FPMT students and novice Buddhists around the world. 2010 brought plenty to rejoice about. Here are a few points in particular:

- **Over 1,000 pages of content** were offered through print, eZine and online formats. The digital eZine and website allowed *Mandala* to publish audio and video features not possible through the print publication alone.
- **Average readership per print issue in 2010 was 13,000.**
- **We launched a new website** for *Mandala* which allowed us to create five new blogs, including Ven. Roger Kunsang's very popular ***Life on the Road with Lama Zopa Rinpoche***. The new website

also allows readers to leave comments and subscribe via RSS feed to all the site has to offer.

- **Visits to *Mandala's* website increased** by 14.66% this year to 82,500 visits, and the average time readers spent on each page increased by 41.16%.

- An incredibly kind volunteer transcribed **our major features and articles from over twenty of the earliest issues of *Mandala***. These are freely available on *Mandala's* website and through Facebook.

“I realized today one of the reasons why *Mandala* is so great. Unlike some magazines, *Mandala* is for reading from cover to cover and even the ads have beautiful pictures of holy items, faces of Buddha – you want to read every page.” SUSAN MACAULEY, TASMANIA, AUSTRALIA

“This is the first time I have received the eZine and I am blown away at both the quality and the software used. It's beautiful and, call me a nerd, but I love the sound of the pages turning. Way cool. I am very impressed!” TRENTON RAY, TEXAS, USA

FPMT INTERNATIONAL OFFICE e-NEWS

- By the end of 2010, we had **16,422 subscribers** per month, an increase of 3,269 from 2009! These subscribers received Lama Zopa Rinpoche's schedule and advice, together with information about new education programs and materials and updates from FPMT centers, projects and services around the world, as well as news of recent developments and opportunities within the organization. All issues of the FPMT International Office e-News are archived on the FPMT website and are fully searchable.



SOCIAL NETWORKING

- **FPMT Facebook** has 3742 friends from twenty countries!
- **Lama Zopa Rinpoche Facebook** page has 7311 friends from nineteen countries. These friends are very active and we receive many comments on every post we make.
- ***Mandala's* Facebook page** provides regular links to past and current articles from the *Mandala* archive and now has 1,900 fans.
- **FPMT Twitter** has 272 followers and **Lama Zopa Rinpoche Twitter** has 771 followers.
- The **FPMT YouTube channel** has 423 subscribers. We have 91 uploaded videos and add to that regularly. Our most watched video is of Rinpoche leading a meditation on emptiness (while wearing a cowboy hat) in Washington State. That video now has over 11,000 views.

EXPANDING SERVICE, STRENGTHENING THE FOUNDATION



DEVELOPMENT 2010 HIGHLIGHTS

MERIT BOX

• The International Merit Box Project brings together an international community of practitioners who wish to foster their daily practice of generosity while helping Lama Zopa Rinpoche fund beneficial projects worldwide. The international success of the Merit Box Project is reason for great rejoicing and a true testament to the collective generosity of the FPMT community. In 2010, the International Merit Box Project distributed **US\$70,000 to fifteen centers and projects.**



THE INTERNATIONAL
MERIT BOX PROJECT

2010 MERIT BOX GRANT RECIPIENTS

Chagtong Chentong Centre	Golden Buddha	\$3,000
Chenrezig Institute	Enlightenment Project and Art Workshop	\$5,850
Foundation for Developing Compassion and Wisdom	Essential Education for Places of Conflict	\$5,000
FPMT Translation Fund	Pilgrimage Translations	\$4,000
Institut Vajrayogini	Thangka Art Studio	\$10,700
International Mahayana Institute	Lama Yeshe Sangha Fund	\$4,000
Kurukulla Center	Painting the Center	\$2,000
Loving Kindness Peaceful Youth	Loving Kindness Peaceful Youth Programs	\$5,000
Liberation Prison Project	Liberation Prison Project	\$4,000
Lama Yeshe Wisdom Archive	Big Love (Lama Yeshe's biography)	\$5,000
Mahamudra Centre	Buddha Houses and <i>Mandala</i>	\$4,000
Maitripa College	Library Development	\$8,000
Milarepa Center	Guru Rinpoche Statue	\$3,000
Vajrapani Institute	Lama Yeshe's Tara Thangka	\$2,400
Vajrapani Institute	Vajrapani's Main Enlightenment Stupa Phase 3	\$4,050
	Total Disbursements	\$70,000



Statue of Guru Rinpoche in the pose of dispelling obstacles at Milarepa Center, USA.

“Liberation Prison Project is deeply grateful to Lama Zopa Rinpoche and all who contribute to the International Merit Box. The Merit Box grant to LPP couldn't have come at a better time. It made such a huge difference. It encouraged us to never give up, to maintain the vision of providing Dharma advice and resources to the men and women in prison throughout the world. Through the generosity of our FPMT family we have been able to maintain our services and to develop a model for LPP's activities to be sustainable well into the future.”

– VEN. CHOKYI, LIBERATION PRISON PROJECT

FRIENDS OF FPMT



The primary purpose of Friends of FPMT, formerly known as FPMT Foundation Membership, is to connect and inspire the global FPMT community and preserve the FPMT lineage through providing individuals with the FPMT International Office e-News, *Mandala* Publications and the FPMT Online Learning Center.

The Friends of FPMT program offers a free level and discounts to ordained Sangha as well as Friends living in countries with low to medium level currency exchange rates.

- During 2010 **we welcomed or continued to support 1755 Friends worldwide.**
- **Friends of FPMT raised \$193,945 this year.** This revenue is critical for supporting FPMT International Office's efforts to provide support and services to the entire Foundation.

WORK A DAY FOR RINPOCHE

Work a Day for Rinpoche allows all those who are inspired by Rinpoche's activities to spend one day in full support of his compassionate contributions to the world. On a merit increasing day of the Tibetan Buddhist calendar, students dedicate their work and a day's salary (or more) to this project.

- In 2010, **people from thirty-nine countries** worked a day for Rinpoche on Saka Dawa, **contributing \$53,814** to this fund.

EXPANDING SERVICE, STRENGTHENING THE FOUNDATION

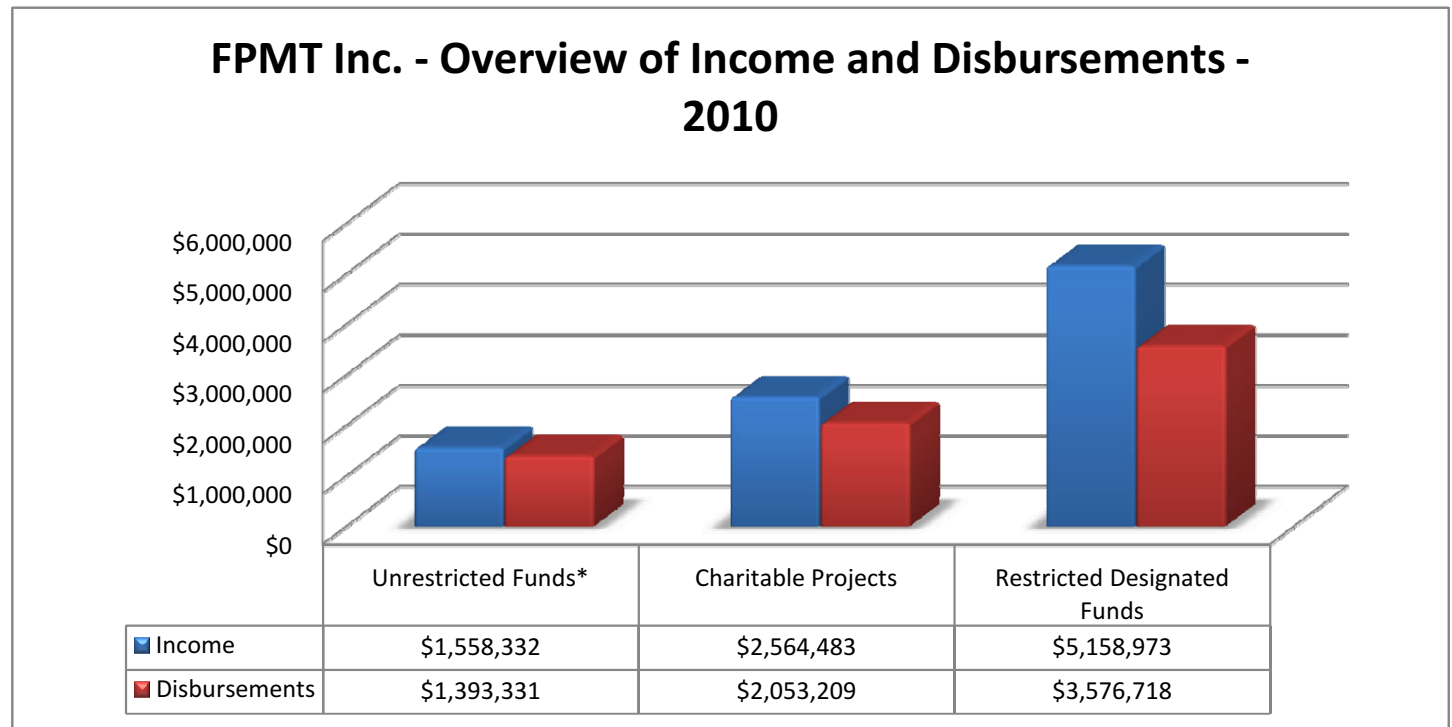


FINANCES

FISCAL YEAR 2010

The CFO and Director of Finance of FPMT International Office are responsible for managing and supervising the finances of FPMT Inc. as directed by its Board of Directors.¹ Finances are divided between general (unrestricted) funds, and funds earmarked for certain projects (restricted) funds. Restricted funds are further divided into *Charitable Projects* and *Fiscal Sponsorship*² funds and *Restricted Designated*³ funds.

The following charts give an overview of the income and disbursements for 2010.



* Excludes exceptional items

¹ FPMT Inc. is the legal entity of FPMT International Office. The terms FPMT Inc. and International Office are interchangeable. In practical terms, this is Lama Zopa Rinpoche's office, therefore whenever FPMT Inc. or International Office is mentioned, the guidance of our Spiritual Director is implicit.

² FPMT Charitable Projects and Fiscal Sponsorship Projects include all the Charitable Projects of the FPMT as well as Restricted Designated funds with Fiscal Sponsorship agreements in place. These are listed on our website as well as certain other charitable projects as directed by Lama Zopa Rinpoche and the Board of the Directors.

³ Restricted Designated funds are funds which are received on behalf of and held in trust for certain affiliates mainly based in India and Nepal. As such funds are under the control and direction of foreign affiliates, any donations originating in the U.S. for these funds do not attract U.S. tax relief.

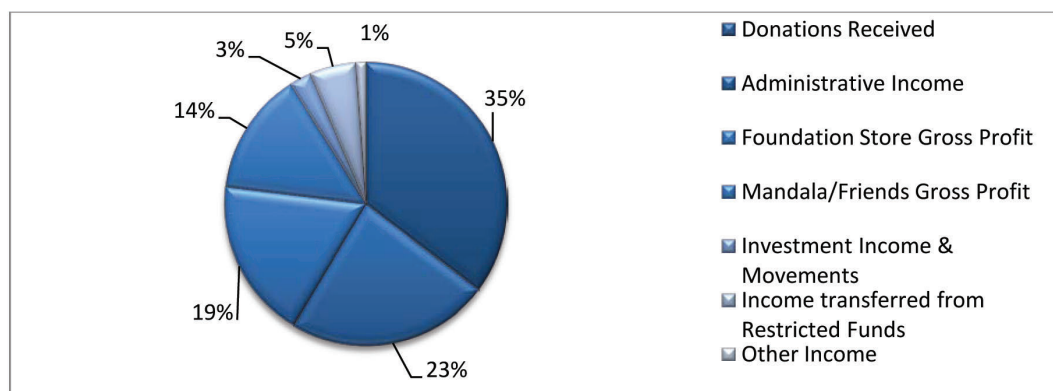
UNRESTRICTED FUNDS INCOME AND EXPENSES – 2010

Unrestricted funds have no donor-imposed restrictions, and therefore can be used to fulfill the varying needs of the organization. The following charts give a summary of FPMT's unrestricted income and expenses in 2010. The primary sources of income for FPMT were fundraising, general donations, and revenue produced from *Mandala* magazine (including 'Friends of FPMT' program) and the Foundation Store. The primary expenses were the management costs of the International Office, where each department is responsible for helping carry out the charitable mission of FPMT and its projects. These departments include Education, Center Services, Development, The Foundation Store, *Mandala*, Information Services, and Administration.⁴

FPMT INC. 2010 UNRESTRICTED FUNDS INCOME

FY 2010 (USD)

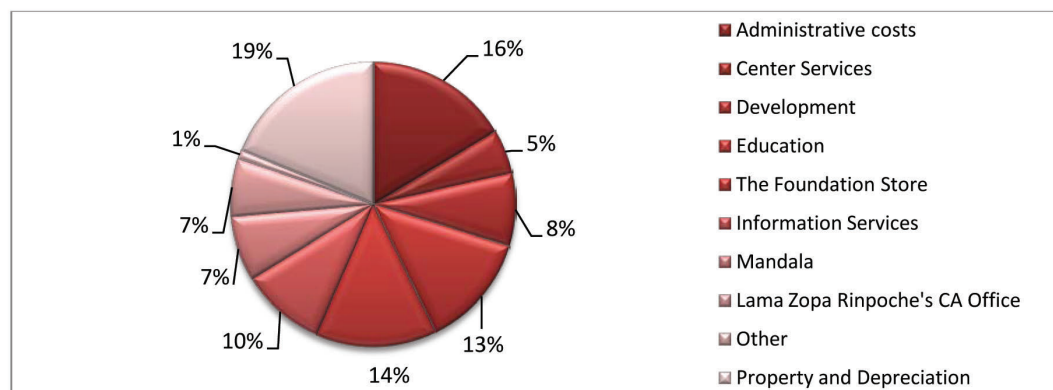
	Income
Donations Received	\$551,009
Administrative Income	\$361,863
Foundation Store Gross Profit	\$286,489
<i>Mandala</i> /Friends Gross Profit	\$219,479
Investment Income & Movements ⁵	\$39,457
Income transferred from Restricted Funds	\$81,844
Other Income	\$18,191
Total Income	\$1,558,332



FPMT INC. 2010 UNRESTRICTED FUNDS EXPENSES

FY 2010 (USD)

	Expenses ⁶
Administrative costs	\$229,240
Center Services	\$70,267
Development	\$114,900
Education	\$180,688
The Foundation Store	\$192,699
Information Services	\$134,353
<i>Mandala</i> /Friends	\$103,414
Lama Zopa Rinpoche's CA Office	\$91,279
Other	\$14,534
Property and Depreciation	\$261,957
Total	\$1,393,331



⁴ A description of these departments can be seen on the website at: <http://www.fpmt.org/organization/descriptions.asp>

⁵ Investment income includes any gains or losses in the value of investments during the year. FPMT Inc. has adopted SFAS No. 124, Accounting for Certain Investments held by Not-for-Profit Organizations. Under SFAS No. 124, investments in marketable securities with readily determinable fair values and all investments in debt securities are reported at their fair values in the statement of financial position. Unrealized gains and losses are included in the change in net assets.

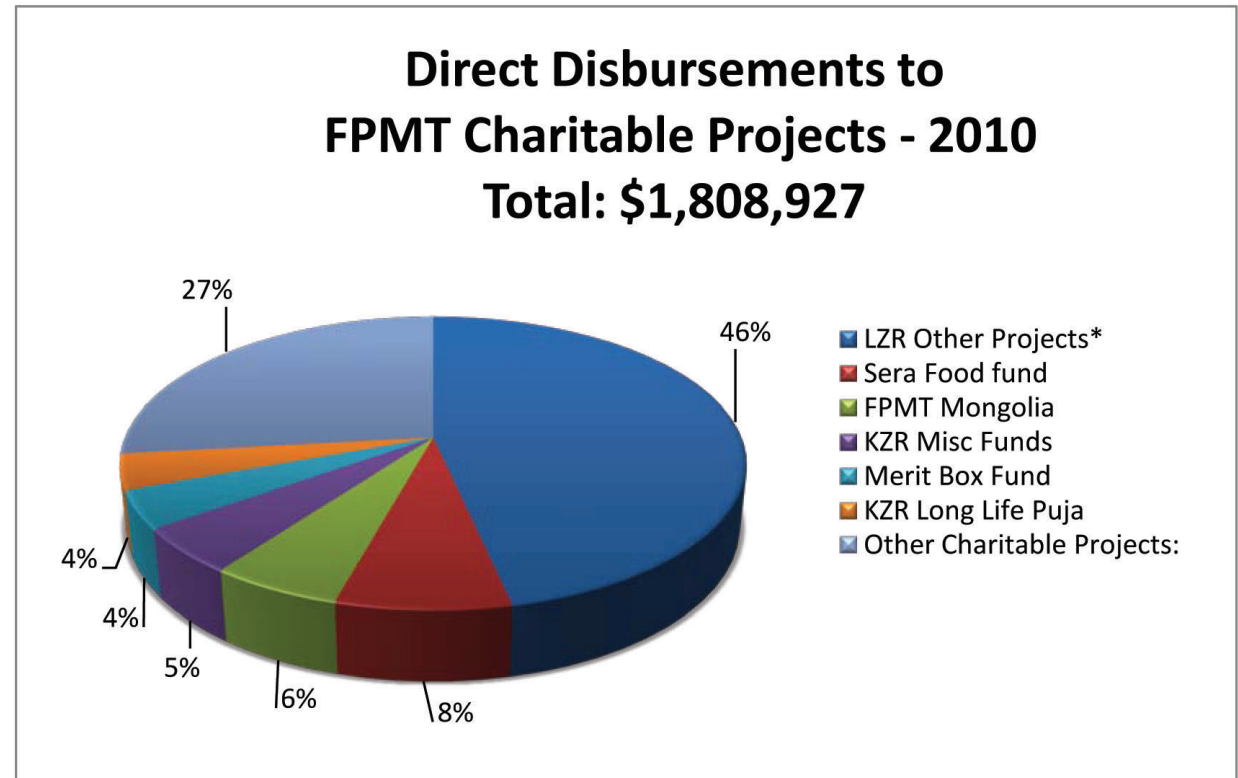
⁶ These expenses exclude exceptional items and are subject to adjustments (such as interfund offsets) during our annual audit, by Respress and Respress, PC.

FPMT'S CHARITABLE PROJECTS AND FISCAL SPONSORSHIP PROJECTS - 2010

DETAILS OF DIRECT DISBURSEMENTS TO FPMT CHARITABLE PROJECTS

In US Dollars	2010
LZR Other Projects*	\$842,690
Sera Food fund	\$139,225
FPMT Mongolia	\$105,305
LZR Misc Funds	\$91,225
Merit Box Fund	\$75,453
LZR Long Life Puja	\$70,614
Other Charitable Projects:	\$484,415
Animal Liberation Sanctuary Nepal	\$65,495
Amdo Eye Clinic	\$50,837
Work A Day Project	\$47,899
Lama Tsong Khapa Fund	\$43,427
Online Learning	\$37,501
FPMT Puja Fund	\$31,472
Lama Osel Support	\$30,674
Prayers for Dead	\$30,362
Prajnaparamita & Sanghata Sutra Writing	\$21,331
Education Scholarship & Projects Funds	\$20,000
Lama Yeshe Sangha Fund	\$19,647
Maitreya Statue Project	\$16,458
Stupa Fund	\$14,386
Sakya Initiations	\$10,864
HHDL Long Life Puja	\$10,732
Nagarjuna Statue in Bodhgaya	\$10,000
Lhasa Project	\$9,405
Animal Liberation Aptos	\$7,105
Translations Fund	\$2,899
Mani Wheel Fund	\$2,495
Land of Calm Abiding	\$1,026
Lam Rim Chen Mo	\$400
TOTAL	\$1,808,927

The following charts show the direct disbursements for 2010 to FPMT's Charitable Projects. The total amount disbursed was \$1,808,927



The figures presented in this report are the un-audited financial figures for 2010. They are subject to adjustments during our annual audit which is conducted by our auditor, Respass and Respass, PC.

*Such as donations to Padmasambhava Project, Tsangpa Khantsen, Maitripa College, Lawudo Retreat Center, Nepal Gelukpa Education Forum, Simla Monastery, His Holiness the Dalai Lama's Biography Project, Serkong Tsenshab Rinpoche, Zong Rinpoche Geshe Degree, Drati Khangtsen, Khadro la, two Guru Rinpoche Bum Tsogs in Switzerland, Medicine Buddha statues to Geshe Sopa Rinpoche, Osel Labrang, IMI for elder Sangha, Land of Medicine Buddha, various pujas, the repayment of loans, and to support up to 11 Sangha and ongoing extensive offerings at Rinpoche's house.

More details about the disbursements of Charitable Project Income can be found in the financial performance section of this report.

⁷ Direct Disbursements do not include administrative fees, project management fees, and credit card fees.

FPMT INTERNATIONAL OFFICE STAFF



FPMT International Office is Lama Zopa Rinpoche's office.

Ven. Roger Kunsang, President and Chief Executive Officer
Ven. Holly Ansett, Executive Assistant to the CEO

FINANCE AND ADMINISTRATION

Eamon Walsh, Chief Financial Officer
Sarah Pool, Director of Finance
Chuck Latimer, Human Resources, Administration,
and Development
Ugyen Shola, Administrator, Office Manager

CENTER SERVICES

Claire Isitt, Director

EDUCATION SERVICES

Merry Colony, Director
Sarah Shifferd, Editor and Materials Services
Eamon Walsh, Online Learning Center Administrator
Olga Planken, Masters and Basic Program Consultant
Kendall Magnussen, Light of the Path Online Development

FOUNDATION STORE

Diana Ospina, Manager
Samten Gorab, Order Fulfillment and Customer Service

MANDALA PUBLICATIONS

Carina Rumrill, Managing Editor and Publisher
Laura Miller, Editor
Michael Jolliffe, Assistant Editor, Advertising and Sales

DONOR SERVICES

Heather Drollinger, Donor Services Coordinator

TECHNOLOGY

Brad Ackroyd, Information Technology Manager
Adam Payne, Web Developer

THANK YOU!

International Office offers our deepest gratitude and appreciation to all FPMT centers, projects, services, teachers, students, volunteers and benefactors who supported us in 2010. Your kindness helps provide the tools and resources we need to preserve and transmit the unique and precious FPMT lineage for generations to come. The accomplishments listed in this year's review are yours.

International Office would like to recognize and deeply thank our very kind volunteers who gave their time and enthusiasm in 2010: All of the Sangha at Rinpoche's house, Ven. Paula Chichester, Ven. Losang Chonjor, Ven. Tenzin Namsel, Leah Chevalier, Jason Eng, Mark Evans, Ed Gibson, Dorje Greenberg, Noah Gunnell, Iona Iuga, Losang Dorje, Elaine Jackson, Denice Macy, Gwen McEwen, Moya Mendez, Mary Oberdorf, Sharon Overbey, Tiffany Patrella, Nadia Perssinotti, Victoria Rainone, Barbara Sakamoto, Marc Sakamoto, Guido Schwarze, Louise Sidnam, Valerie Thomas, Sherry Tillery, Tom Truty, Graham Ulmer, Kirsten van Gelder, Ven Joan Nicell and all the media team translators, transcript checkers, editors, and work retreat teachers at Light of the Path.

We'd like to also acknowledge staff members who left us in 2010. Thank you so much for your service and contribution: Doris Low, Dion Stepanski, and Sherri Rita.

Dedications at the pujas sponsored by Lama Zopa Rinpoche at the great monasteries throughout the year are made especially for purifying obstacles and creating merit for Dharma activity to flourish in FPMT as well as for all students, supporters, FPMT friends who are ill or have died, and for all those who have worked tirelessly and sacrificed so much to benefit the organization in different ways.

HOW YOU CAN HELP

There are limitless opportunities to offer support to FPMT. From volunteering or taking teachings at your local FPMT center, to making a contribution to our charitable projects, to enrolling in our Friends of FPMT program, to participating in one of our education programs, to offering prayers and good wishes, your support and good heart allows us to continue our work. Please get in touch today. We would love to hear from you.

*May 2011 usher in an era of peace and loving kindness in
your home, your country and the world.*



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