

Lama Zopa Rinpoche

Others are only objects of compassion

(video extract: [KOPAN 141130 s1400 LZR XXT Others are only objects of compassion](#))

So you can see now – your life came from your mind. In essence, your life, happiness, problems, whatever happiness, whatever problems, how much problems and how much happiness you have, the whole thing came from your mind. It came from your mind. Others who are angry with you, who kill you, who steal your possessions, who cheat you, who do the ten nonvirtuous actions, those who do those to you, those who harm you, they are purely, purely objects of compassion, your objects of compassion, because if you hadn't harmed them in the past, if you hadn't done those different harms, there would be no reason AT ALL for them to harm you in this life. There is no reason AT ALL! So it is a dependent arising; it all depends on how you treated them in the past. So it is the result... How they treat you, good or bad, it is the result of how you treated them in the past. So whatever harm they give you, they are just a condition, they are purely an object of your compassion. You treated them badly in a past life, so as a result, the karmic result is that they cheat you, that they harm you. It is just the result of your past negative karma of harming them. So it all comes from your mind, it comes from your negative mind in the past, so they are just objects of your compassion.

In other words, due to ignorance you led them to do this, you led them to give you harm. By giving harm to them, you led them to do harm to you in this life and in future lives. So whatever nonvirtuous actions they do, steal, kill, whatever they do, abuse you, all the things, whatever they do, harm you, get angry at you, criticize you, they are just purely objects of your compassion. They are purely objects of your compassion. You led them to do that. You led them to do that. Oh, that is the most important today to know that. It is most important to know the root. So they are purely objects of compassion. Okay? Then, you see, you led them to create negative karma. You harmed them in the past so in this life, as a result of that, then they harm you, so they create negative karma. They create negative karma then that makes them suffer even in the human realm, and then later in the future they also will get reborn in the lower realms and suffer. So they have to suffer so much. So you see, you led them to suffer. It is like that; that is the very essence.

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