FPMT’s Give a Gift That Helps Others

You will be mailed a printed card with blank name fields for you to fill out.

The Sera Je Food Fund card will include the number of meals to be offered by your donation. Other cards will have the US$ amount of the donation listed.

Your gift will be used to create holy objects for peace in the world. Holy objects purify negativities and create merit for all who come into contact with them. By contributing toward the building of statues, stupas, prayer wheels and large thangkas the Holy Objects Fund contributes to world peace and harmony in a very unique way.

"Building stupas helps develop so much peace and happiness for numberless sentient beings. As a result, wars, disease, and desire will all be pacified. Instead of feeling hopeless, people will gain courage. This is about peace – for the beings who see it, for the whole country, for the entire world, for all sentient beings." - Lama Zopa Rinpoche

Learn more about the Holy Objects Fund at: http://fpmt.org/projects/fpmt/holy-objects-fund

The Sera Je Food Fund provides three nutritious meals daily for all 2,500 monks living at Sera Je Monastery in southern India. This service provides one of the most fundamental needs for life – food – and allows the monks to focus on their studies without the burden of sourcing and preparing their own meals.

The Great Yogi Milarepa said: “The practitioner and benefactor offering food create the cause to achieve enlightenment together.”

The Sera Je Food Fund has offered over 37,379,600 meals since 1991. We currently offer 3,029,500 meals every year, that is 8,300 every day!

Learn more about the Sera Je Food Fund at: http://fpmt.org/projects/fpmt/seraje