

Foundation for the Preservation of the Mahayana Tradition

Puja Fund Activities



Dedicated to the Long Life of His Holiness the Dalai Lama, FPMT Dharma Activity & All Beings

The FPMT is an organization devoted to the transmission of the Mahayana Buddhist tradition and values worldwide through teaching, meditation and community service. We provide integrated education through which people's minds and hearts can be transformed into their highest potential for the benefit of others, inspired by an attitude of universal responsibility. We are committed to creating harmonious environments and helping all beings develop their full potential of infinite wisdom and compassion. Our organization is based on the Buddhist tradition of Lama Tsongkhapa of Tibet as taught to us by our founder, Lama Thubten Yeshe and our spiritual director, Lama Thubten Zopa Rinpoche.

*"The merit that is created from all these pujas is also your merit.
So you can dedicate all these merits to having realizations and to achieve enlightenment."*
-- Lama Zopa Rinpoche

Established by Lama Zopa Rinpoche in 1995, The FPMT Puja Fund provides resources for continuous pujas (prayer ceremonies) dedicated to the long life of His Holiness the Dalai Lama, and to the success of all the FPMT centers and projects, students, benefactors and those serving the organization in any way.

Each month, pujas are performed by many thousands of monks and nuns. The enormous number of Sangha engaged in these practices is an extremely powerful means to overcome obstacles and create merit for the entire organization. The following lists all puja prayers and offerings currently commissioned by the Puja Fund.

Date	Location	Prayers & Offerings
February - March <i>Losar</i> Tibetan New Year	Sera Lachi Monastery (Sera Je and Sera Mey), India	<ul style="list-style-type: none">• <i>Tukchuma puja</i> -64 Offerings to Kalarupa to eliminate obstacles for one's activities or projects that are bringing benefit to others.• <i>Namgyäl Tongchu</i> - for the removal of all obstacles for a long life. This puja consists of making 1,000 sets of the seven offerings (light, water, etc.) to Buddha Namgyälma. The puja is dedicated to His Holiness the Dalai Lama and for all beings that are benefiting others and practicing virtue.• Rs. 10 offered to approx. 6,000 monks.
February - March <i>Losar</i>	Kopan Monastery,	<ul style="list-style-type: none">• 15th day of Losar or last day of the annual Monlam Festival.

	Tibetan New Year	Nepal	<ul style="list-style-type: none"> Nrs. 100 offered to approx. 700 monks and nuns of Kopan. Lunch is offered to each Sangha person.
May-June	<i>Saka Dawa</i> Buddha Shakyamuni was born, attained enlightenment, and passed away	Drepung Lachi, India (Gomang and Loseling)	<ul style="list-style-type: none"> <i>Tukchuma puja</i> - 64 Offerings to Kalarupa to eliminate obstacles for one's activities or projects that are bringing benefit to others. <i>Namgyäl Tsechog</i> is performed to the Buddha Namgyälma to remove all obstacles for one's life and to have a long life. This puja is specifically dedicated to His Holiness the Dalai Lama and for all beings that are benefiting others and practicing virtue. Rs.10 offered to approx. 4,200 monks.
May-June	<i>Saka Dawa</i> Buddha Shakyamuni was born attained enlightenment, and passed away	Kopon Monastery, Nepal	<ul style="list-style-type: none"> <i>Tukchuma puja</i> - 64 Offerings to Kalarupa to eliminate obstacles for one's activities or projects that are bringing benefit to others. <i>Medicine Buddha puja</i> - to bring success to all one's activities, and for long life and also when anyone has passed away. Nrs. 50 offered to approx. 350 monks.
May-June	<i>Saka Dawa</i> Buddha Shakyamuni was born attained enlightenment, and passed away	Khachoe Ghakyil Ling - Kopon Nunnery, Nepal	<ul style="list-style-type: none"> 100,000 recitations of the Praises to the 21 Taras. Nrs.50 offering made to approx. 380 nuns Meal offering to all nuns.
May-June	<i>Saka Dawa</i> Buddha Shakyamuni was born attained enlightenment, and passed away	Potawa Nunnery, Tibet	<ul style="list-style-type: none"> 16 x <i>nyung nä</i> – two-day intensive practice to Compassion Buddha Offering to the nuns
May-June	<i>Saka Dawa</i> Buddha Shakyamuni was born, attained enlightenment, and passed away	Chenrezig Institute, Australia	<ul style="list-style-type: none"> Making and filling of stupas. Lunch offering to participants.

May-June	<i>From Tibetan 10th to Tibetan 25th of the 5th Tibetan month</i>	Bouddhanath Stupa, Nepal	<ul style="list-style-type: none"> • 100,000 Tsog Offerings to Padmasambhava. • Personally offered by Lama Zopa Rinpoche, Dagri Rinpoche, Khadro-la, Sangha and high lamas from Geluk, Nyingma and Kagyu monasteries. • Offerings and meals for all the sangha for that week.
	One week before Saka Dawa		
July	<i>Buddha's First Teaching</i>	Sera Lachi Monastery (Sera Je and Sera Mey), India	<ul style="list-style-type: none"> • Recitation of the entire Kangyur – the translated words of Buddha Shakyamuni in 108 volumes, also includes the recitation of the entire <i>Prajñāparamita</i>. • Rs.10 offering to approx. 6000 monk.
October-November	<i>Lha Bab Duchon</i>	Ganden Lachi Monastery, (Shartse and Jangtse), India	<ul style="list-style-type: none"> • Special puja done one week before Lha Bab Duchon requesting Buddha to descend from Tushita. • Rs.10 offering to 3,400 monks.
	Buddha's Descent from Tushita		
November	<i>Annivesary of His Holiness Trijang Rinpoche's passing</i>	Ganden Monastery, India	<ul style="list-style-type: none"> • Tsog is offered on the anniversary of passing away of Trijang Rinpoche.
November	<i>Lama Tsong Khapa Day</i>	Ganden Monastery, India	<ul style="list-style-type: none"> • Indian Ruppees 10,000 offered for light offerings.
Annual	<i>Every Full Sun and Moon Eclipses</i>	Ganden Lachi Monastery, (Shartse and Jangtse), India	<ul style="list-style-type: none"> • <i>Tukchuma Puja</i> - 64 Offerings to Kalarupa to eliminate obstacles for one's activities or projects that are bringing benefit to others. • 1,000 light offerings for two days to cover the actual time of the eclipses. • Rs.10 offering to 3,400 monks.
Annual	<i>Losar</i>	Worldwide	<ul style="list-style-type: none"> • A full set of robes is offered to all FPMT geshe and resident teachers. • A complete set of robes offered to any monk able to memorize the commentary on Je Tsongkhapa's <i>Lekshe</i> at Sera Je. • New set of robes for each monk who memorizes a special teaching of Lama Tsong Khapa (<i>Lekshe Nyingpo</i> and <i>Ume Chidon</i>) at Sera Je.
	Tibetan New Year		
Annual	<i>Losar</i>	Worldwide	<ul style="list-style-type: none"> • Various pujas to remove obstacles to FPMT and Lama Zopa Rinpoche's health.
	Tibetan New Year		
Annual	<i>4 Buddha Days</i>	Worldwide	<ul style="list-style-type: none"> • Offerings made to all of Lama Zopa Rinpoche's gurus: • His Holiness the Dalai Lama • His Holiness Sakya Trizen • Khensur Denma Locho Rinpoche • His Holiness Sakya Trizin • Kyabje Choden Rinpoche
	Losar, Saka Dawa, Buddha's first teaching, Buddha's		

	descent from Tushita		<ul style="list-style-type: none"> • Ven. Dhakpa Tritul Rinpoche • Geshe Sopa Rinpoche • Khyongla Rato Rinpoche
Annual	<i>4 Buddha Days</i> Losar, Saka Dawa, Buddha's first teaching, Buddha's descent from Tushita	Worldwide	<ul style="list-style-type: none"> • Offering are made to all the Sangha at international Sangha communities: • Nalanda Monastery, France • Thubten Shedrup Ling, Australia • Istituto Lama Tzong Khapa, Italy • Chenrezig Institute, Australia • Sangha doing service at Rinpoche's house, USA
Monthly	<i>Full Moon</i>	Bouddhanath and Swayambunath Stupa, Nepal	<ul style="list-style-type: none"> • Offering of white-washing to Bouddhanath and Swayambunath stupas. • Offering new umbrellas to the stupa's pinnacle. • Light offerings and replacing burned-out light bulbs used for light offerings. • Saffron flowers offered in each of the four directions. • <i>16 Arhant puja</i> performed
Monthly	<i>Full Moon</i>	Bodhgaya, India	<ul style="list-style-type: none"> • A new set of robes of the most precious material with meditation practice is offered each month to the Buddha inside the Bodhgaya Mahabodhi temple.
Monthly	<i>Full Moon</i>	Lhasa Jokhang, Tibet	<ul style="list-style-type: none"> • A new set of robes of the most precious material is offered monthly to the Jowo Buddha in Lhasa's Jokhang. • Gold is also offered to the holy face.
Monthly	<i>Tibetan 8th</i>	Sera Me Monastery, India	<ul style="list-style-type: none"> • <i>Extensive Medicine Buddha puja</i> on the 8th day of the Tibetan month to bring success to all one's activities, and for long life and also when anyone has passed away. • Rs.10 offering to approx. 2000 monks.
Monthly	<i>Tibetan 29th</i>	Sera Je Monastery, India	<ul style="list-style-type: none"> • <i>Hayagriva Tsog Kong</i> - all-day puja to Hayagriva with extensive offerings offered by 40 senior monks at Sera Je Monastery.
Daily	<i>Daily and Tibetan 8th, 15th and 30th</i>	Sangha at Lama Zopa Rinpoche's House, USA	<ul style="list-style-type: none"> • Prayers and practices for anyone who has passed away or has health obstacles. • Sangha make and dedicate: 3 stupas, 7 Medicine Buddha, 13 Mitukpa and 3 Long Life Deity tsa-tsas. • Animal liberations are performed 3 x a month with extensive prayers and dedications.