## Practicing Dharma in DAILY LIFE

## **REJOICE!**

## P513 AND THE GOLDEN LIGHT SUTRA

A Liberation Prison Project student in Australia, the anonymous P513, has been reading the 21-chapter version of the *Golden Light Sutra* about twice each week, thoroughly washing himself and cleaning his cell before the practice. P513 also abstains from smoking, a habit he'd like to stop. All this preparation and practice is done for Lama Zopa Rinpoche, and P513 mentions he cannot thank Rinpoche enough for suggesting this practice because the practice has been nothing but transformative. The practice has so changed him that others ask, "What has happened? Why are you different?"

LPP chaplain Anna Carmody shared this news with Lama Zopa Rinpoche and this was Rinpoche's joyful response:

Thank you very, very, very much for your news about the prisoner (P513). I am very, very happy to hear what he is doing when reading the Golden Light Sutra and how it has changed him – that is exactly the purpose of reading it. Please give my thanks to him [a] billion, zillion, trillion times not only for reading the Golden Light Sutra, but that he has changed and become a better human being – that is exactly the purpose of reading the Golden Light Sutra. I am very happy.

Thank you very, very much.  $\blacklozenge$ 



"Buddha in Golden Light." Photo by Edward Dalmulder. Creative Commons (Flickr: Edward Dalmulder)

Lama Zopa Rinpoche comments that in addition to many other benefits, "(The *Golden Light Sutra*) is very precious; it brings peace and happiness and is very powerful to stop violence. It gives incredible protection to the country from violence, etc. By hearing this text, one's karma gets purified."

You can learn more about the *Golden Light Sutra* and its benefits, download a copy for yourself, or even find a version suitably small enough to wear on the body for protection by visiting: www.fpmt.org/teachers/teachings/sutras/ golden-light-sutra.html

## VAJRA CUTTER SUTRA FOR PROTECTION WHILE TRAVELING

Early morning on February 5, 2012, the 14645 Jammubound Shalimar Express derailed near the Kala Bakra railway station in India. Miraculously, none of the train carriages fell over and no one was killed. Drolkar Maree, former spiritual program coordinator of Chenrezig Institute and long-time student, was on the train heading back to her home in McLeod Ganj when the accident took place.

"I was doing my prayers [the night before] and when I was reciting a few pages from the *Vajra Cutter Sutra*, I was thinking how Rinpoche had said the *Vajra Cutter Sutra* can protect you when flying," Drolkar recalled. "I happened to think that the text would protect us on the train and I remembered that Rinpoche said we really need to have faith in this, so I did. When I woke up at 3:00 A.M., the train had stopped as apparently one of the front carriages had derailed. But a disaster had been averted as the driver stopped the train in time so that none of the carriages actually toppled over."

When Lama Zopa Rinpoche heard this story, he asked that it be shared widely.

The Vajra Cutter Sutra can be found freely on fpmt.org in 10 different languages. Also, fpmt.org makes the Tibetan available in a format suitable for being cut out, assembled and worn on the body.

www.fpmt.org/teachers/teachings/sutras/vajra-cuttersutra.html