

Guru Shakyamuni Prayer and Mantra

La ma tön pa chom dän dä

De zhin sheg pa dra chom pa

Yang dag par dzog päi sang gyä

Päl gyäl wa shakya thub pa la

Chhag tshäl lo chhö do kyab su chhi wo

Jin gyi lab tu söl

To the guru, founder, bhagavan, tathagata, arhat, perfectly completed
buddha, glorious conqueror Shakyamuni Buddha, I prostrate, make offerings,
and go for refuge. Please grant me your blessings.