

Disasters in Burma and China, 2008

Rinpoche is advising these practices to be done for the people suffering from the natural disasters in Burma and China:

Medicine Buddha puja

Recitation of the 8 prayers at the time of death

- Specifically also King of Prayers (this is with the 8)

Recitation of 35 Buddhas' names

All these practices are available at <http://www.fpmt.org/teachers/zopa/advice/death.asp>

May 15, 2008